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What You Need to Know About Guys, Friends, and Your Future

APRIL FOOLS' PRANKS! P. 53

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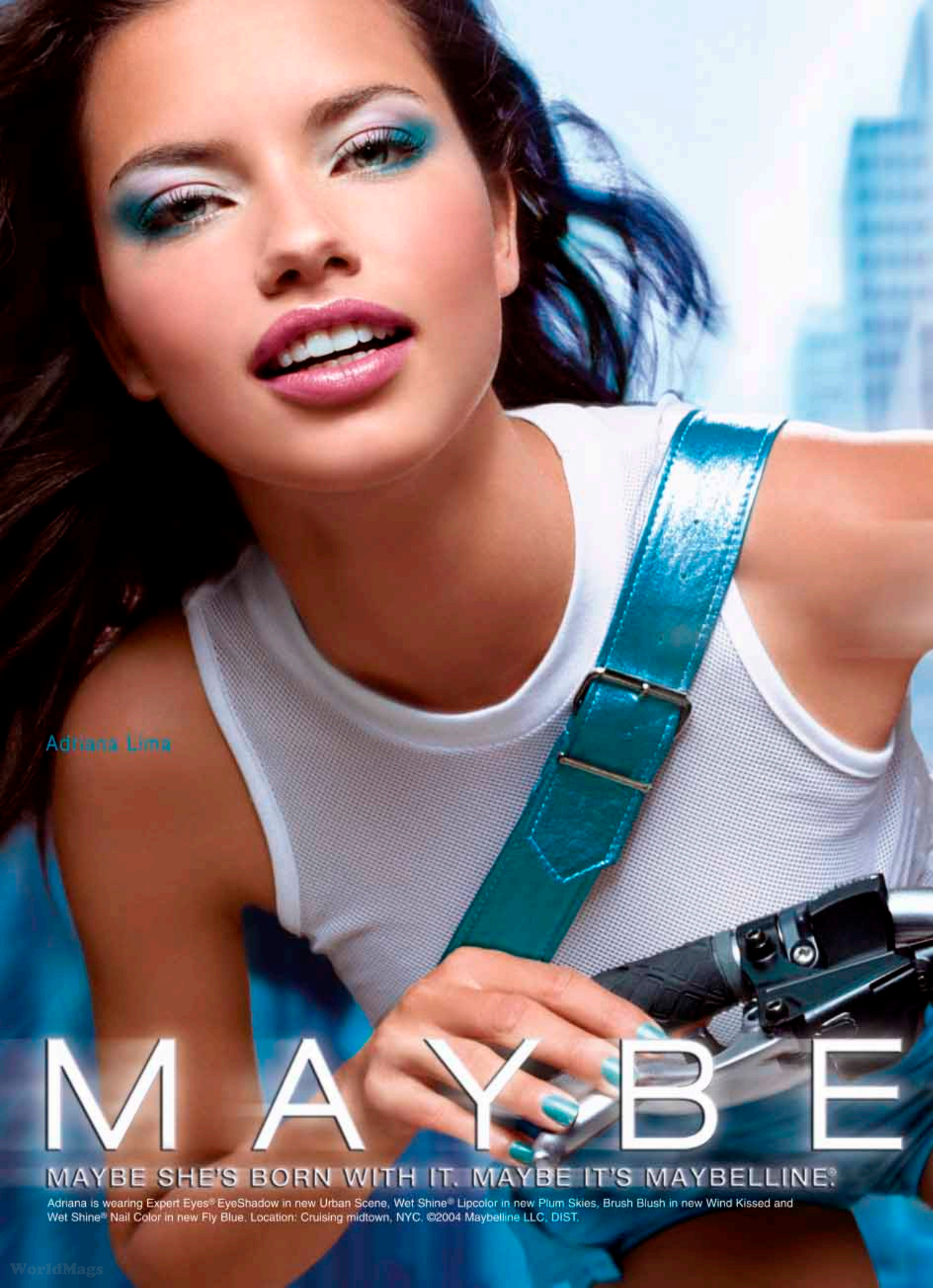
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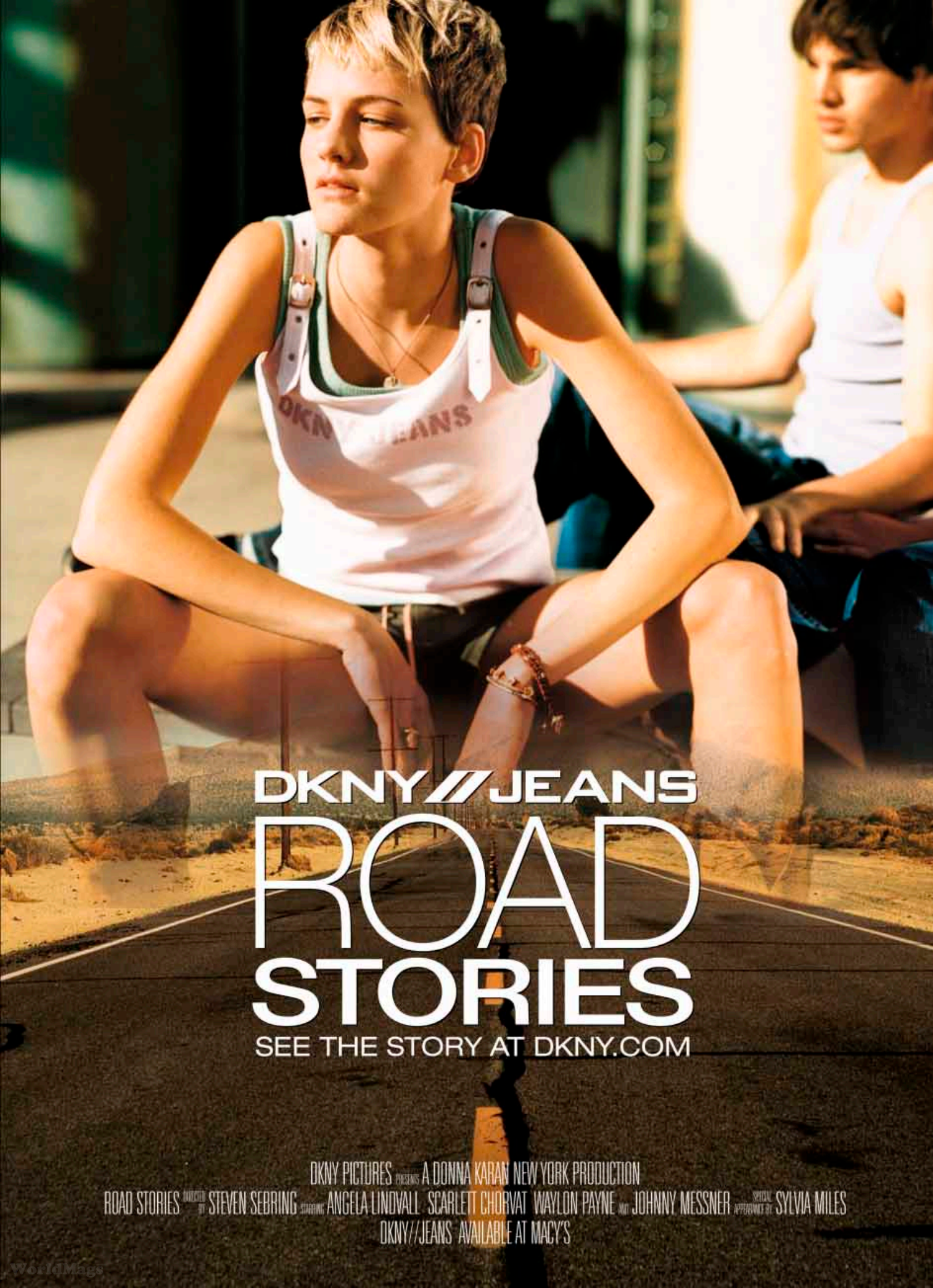
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COSMOGIRL.COM/SHOUTOUT "To Melly (April 6), Auris (April 26), and all my homies who have b-days this month and never got up to tell me!" —Eliza, 17, Brooklyn, NY

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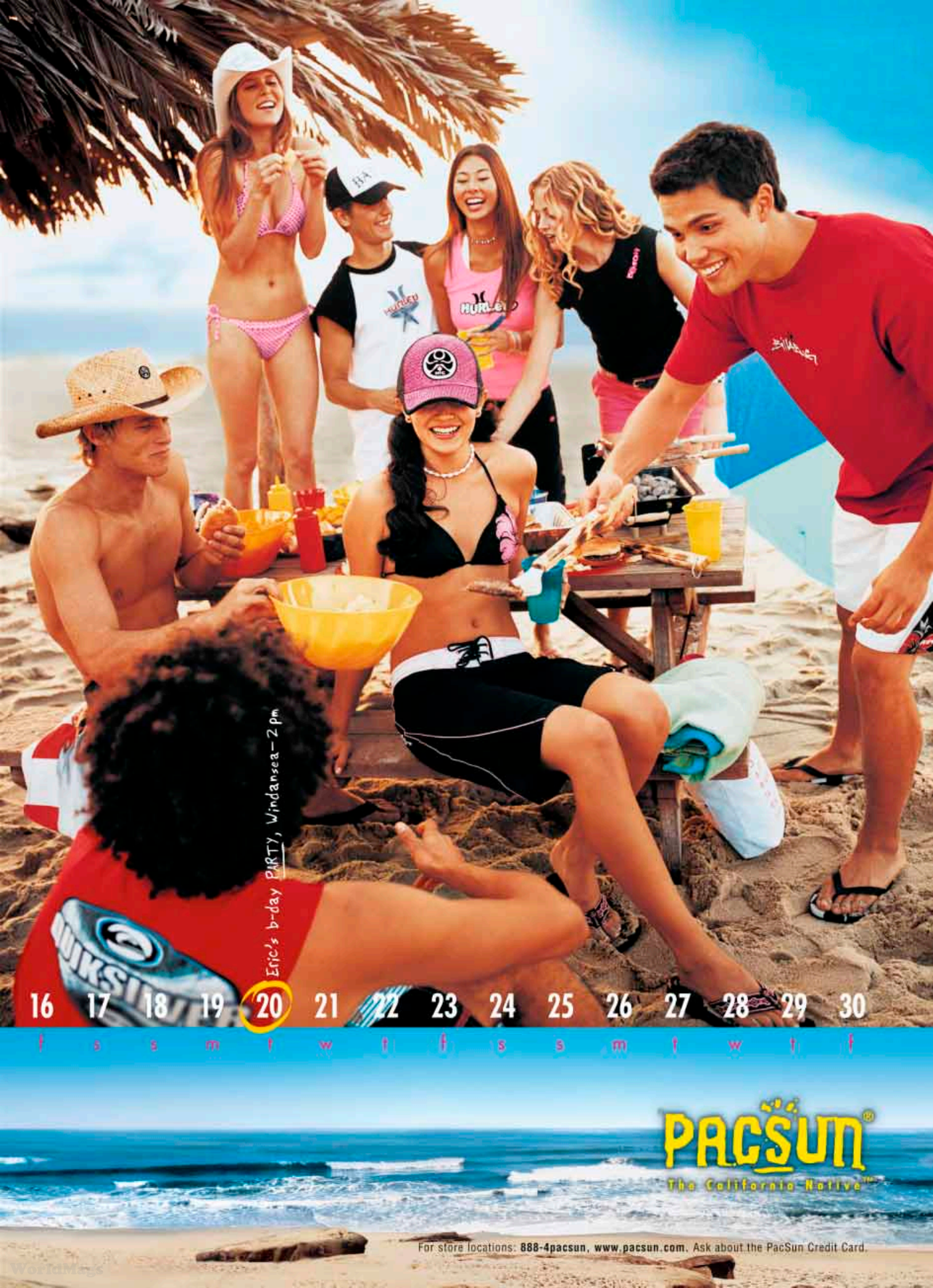
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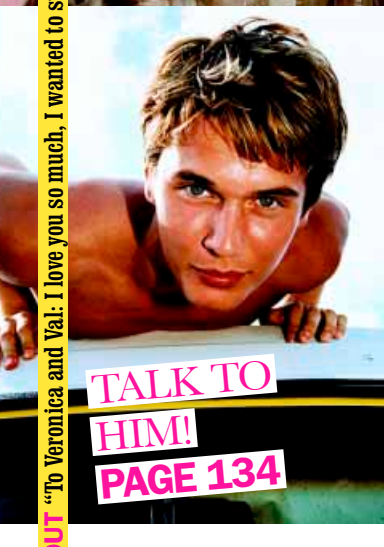

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COSMOGIRL.COM/SHOUTOUT "To Veronica and Val: I love you so much, I wanted to surprise you with a lil shout-out!" —Tanya, 17, La Puente, CA

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SARAH MICHELLE GELLAR
Photo, Walter Chin/Icon International. Stylist, Kelli Delaney. Hair, Oscar Blandi at the Plaza Hotel for Senscience. Makeup, Kristofer Buckle for Artists. Dress, Celine by Michael Kors.

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TO GET SARAH MICHELLE'S LOOK: Try these products from L'Oréal: Trace rims of eyes with Crystal Infinite in White Diamond. Dust cheeks with Blush Délice in Raspberry Sorbet. Coat lips with Colour Juice in Watermelon Crush.

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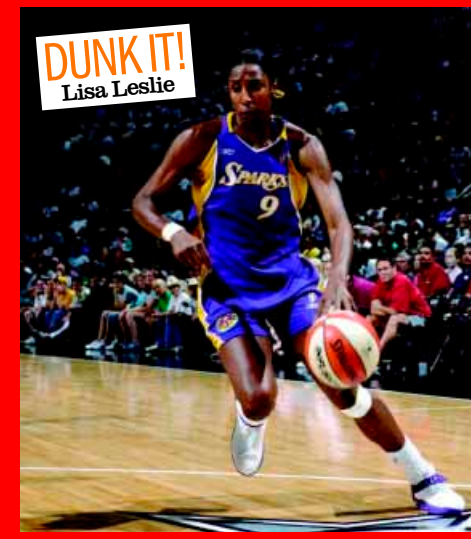

DUNK IT! Lisa Leslie

LAND IT! Michelle Kwan

win IT! **WIN IT! GRAND PRIZE** Want to rent a movie *every* week for free? Four lucky CG!s will win a Blockbuster 52-week-free-rental gift card (worth $300). Enter each day in April at **cosmogirl.com/wintoday**. See page 164 for details.

COSMOGIRL.COM/SHOUTOUT "To my two Gindahs: We are writing lyrics and even got one song recorded. Sharna and Shell, let's do it!" —Stacey, 19, Kempsey, New South Wales

PHOTOS: HAMM, JONATHAN FERREY/GETTY IMAGES; LESLIE, D.CLARKE EVANS/WNBAE VIA GETTY IMAGES; KWAN, DOUG PENSINGER/GETTY IMAGES.

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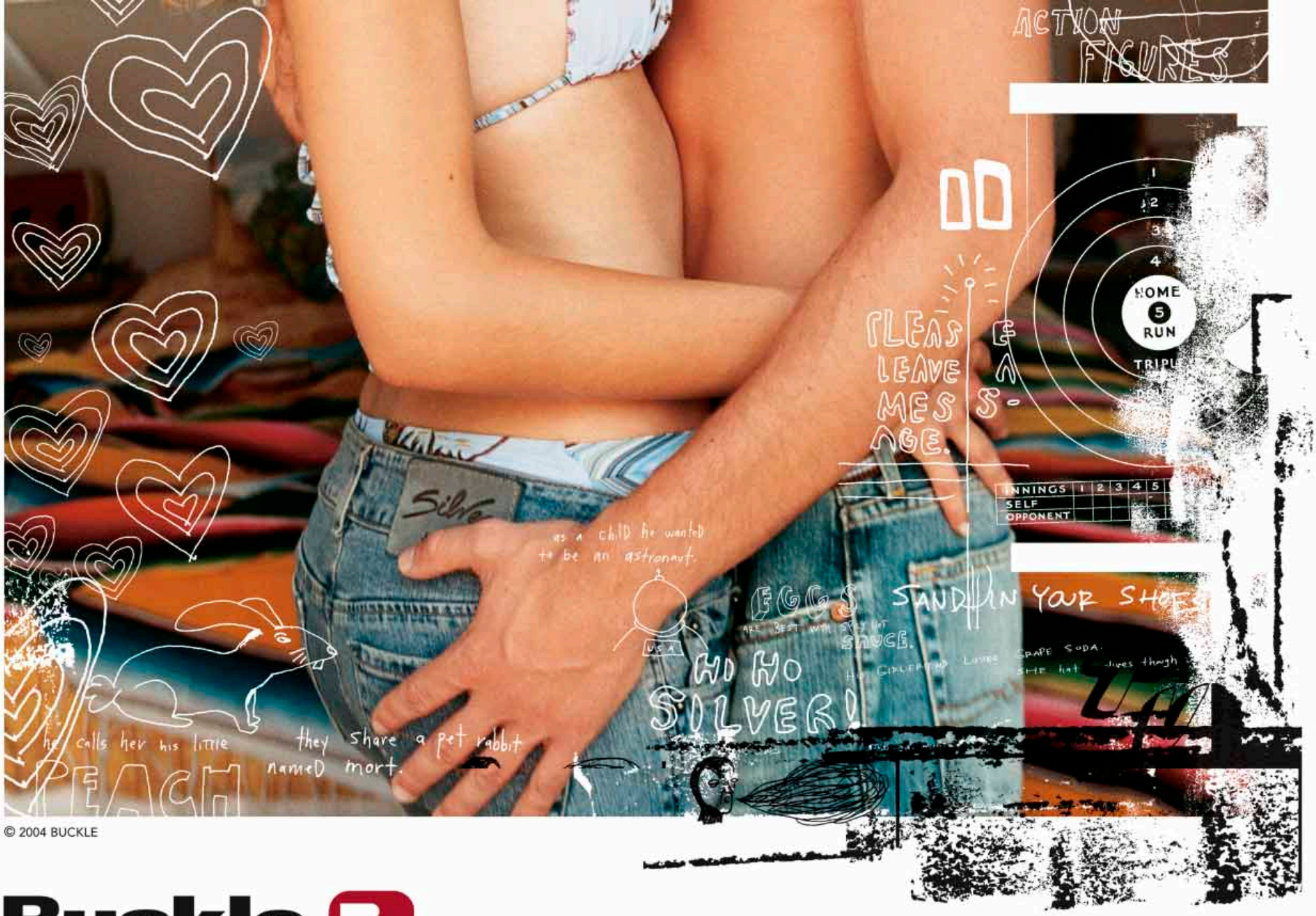

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FrOm Me To YoU

What's on my mind this month.

Look closely: You can see Murphy hairs all over this shirt!

Right after I graduated from college, a special guy entered my life. His name is Murphy, and he's a cat. Murphy was the runt of this litter of kittens that lived in the bushes outside my sister Liz's condo. She and her husband, Ed, noticed that this one kitten never seemed to get to nurse because all his brothers and sisters got to go first. **Liz and Ed were worried Murphy might die,** so they decided to rescue him and raise him as their pet. But there was one small problem: Ed had asthma. They figured that maybe since **Murphy was just a kitten,** Ed would get used to the dander or something.... Um, *wishful thinking?!* One night, about two weeks after they took Murphy in, Liz had to rush Ed to the hospital. His throat had closed up from an asthma attack, and **he couldn't breathe.** It was pretty scary—he literally could've died. So... I bet you know where this is going, right? This is a reenactment of the next day, when Liz came over to my parents' house, where I was living at the time: "Sue? Can [*sob*] you [*sniffle*] **take [*sob*] the [*sniffle*] cat** [*soooobbbbbbbbbbb*]?!" She was crying so hard, *she* could hardly breathe! She was so sad and upset that even though I really didn't need (and couldn't afford!) to be taking care of anything other than myself, I said yes. And the next morning? I woke up with the kitten sitting on my chest, **purring so loud I could *feel* it!** I was like, "Okay, okay, I can hear that you're happy. Now shut up, cat!" But of course, at that moment, I knew it was all over—**I was in love with Murphy.**

And during the next eight years, he was the only "guy" who was consistently in my life and who **treated me well** (okay, he *has* attacked me on more than one occasion, the little jerk!). He's watched me date all these different guys on my quest to find The One. And every time I'd come home either annoyed or heartbroken, there he was, **waiting to snuggle with me.**

Then came St. Patrick's Day, 2001, the day I met Kevin, who is now my fiancé. Unlike the moment Murphy purred his way into my heart, I didn't know in just one moment that I was in love with Kevin. I just thought he was really cute and seemed nice. But in the next few months, **I got to know him,** and each time I thought, Wow, he's a really great guy. Down to earth. Likes to have fun. Has a great group of friends from every stage of his life, which means **he can't be a jerk,** otherwise those friends would have dropped him! What I love about Kevin is that as much of a guy's guy as he is—and **he is a total gone-fishin', walleye-eatin', football-watchin', purple-bleedin' Minnesotan**—he can also sit down and analyze a situation with me in a helpful way that's hard for a lot of guys to do. So that's why he's special. And that's why I'm pretty darn happy to have found him.

But he's got one small problem (bet you can guess!): **He's allergic to cats.** For the first two years we dated, **Kevin avoided Murphy,** and I kept trying to get Kevin to get those allergy shots (he refused). That was probably our biggest "issue." Then it came time for us to get serious, as in engaged. But how would it work out, with Kevin and Murphy eventually having to live together? Well, I didn't know. All I knew was that **there was *no way* I was going to give up Murphy.** And as much as I didn't want to jeopardize the best relationship I'd ever had, I knew I needed to stand my ground. **Love me, love my cat.** And finally...Kevin came around. (Thank you, Flonase!) The guy who used to refer to Murphy as "your cat" now affectionately calls him "Murph Dawg." (Whew! That was a close one!)

Okay, so want to know what the moral of this story is? **Never give up anything that's really important to you for a guy.** Decide that you *would* give it up if you truly *had* to, like in a life-or-death situation (the way my sister had to). But otherwise, hold tight to what's yours—it's a part of *you*. If a guy loves you, he'll figure out a way to work around it. And if you're lucky, like I *know* I am (Kev, I owe you!), **he might even learn to love it too.**

Got any pet, relationship, or "my throat closed up and I almost died" stories? Whatever you want to tell me about, I'm seriously all ears. I love hearing from you! E-mail me at **susan@cosmogirl.com**. See you soon, girls!

Susan

Hold tight to what's yours—it's a part of you.

MY MAIN SQUEEZES

THEN: Murphy as a kitten in 1993; Kevin as a puppy circa 1988. **NOW:** Murphy and Kevin each strike a sexy Eye Candy pose. Which one do you think is cuter? Let me know!

COSMOGIRL.COM/SHOUTOUT "To my best friend, Jen: You are the epitome of my true angel. You never fail to put a smile on my face." —Ashli, 16, Austin, TX

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SPEAK UP!

Your raves and rants about our February issue.

the ashton effect

I was so excited to see Ashton Kutcher on this month's cover! Not only is he hot, but he also has a great sense of humor—my favorite trait in a guy! I had always assumed he was probably really full of himself and not that smart, but your article showed us all the serious side of him we don't get to see very often. I never knew that he could be so deep, insightful, and intelligent!

—Rachel, 17, St. Charles, MO

If the writers at CosmoGIRL! really believe that Ashton Kutcher is the most talented guy on the planet, they must not have seen his movies or TV show. The man has no real personality—he's virtually just a pretty face. Hot? Yes. Talented? Hell no!

—Tracy, 18, Orlando, FL

fault lines

This is concerning the story about Erin Gormley ["I Was Drag-Racing and Killed Two People"]. I have no sympathy for her when it comes to her conviction. She says she doesn't know whether it was the music or the mood they were in that made her race, but *hello*—they'd been drinking and smoking pot. What did Erin really expect? The two men she killed are just as much to blame, but they had to pay for it with their own lives.

—Amanda, 15, Cincinnati, OH

Reading "I Was Drag-Racing and Killed Two People" was confusing and upsetting. I completely agree that Erin was very much in the wrong for mixing drugs and alcohol with driving, and also for drag-racing, but how was the fatal collision solely her fault? Yes, she was speeding, but the other driver blew a stop sign and pulled out in front of her—and he had even worse drugs in his system. It sounds to me like a case of two people who made really bad decisions. But since Jose and Raymond died and Erin and Liz didn't, someone had to take the blame—and the blame fell solely on Erin. I'm not trying to be insensitive; I'm just trying to be logical. This case just doesn't make sense.

—Sarah, 21, Hobart, IN

life lessons

I wanted to say thank you to Lauren Parsons for telling her story. "My Family Disowned Me" mirrors exactly what I'm going through in my own life. I am stuck in a Pentecostal family that will not let me cut my hair, wear makeup, or buy pants or sleeveless shirts. Nothing I have is allowed to be "sexy." Lauren has given me the courage to step out of this lifestyle. I have lived a lie for over five years, and I want to break free from these restraints. Thank you, Lauren, for making me feel I am not so alone.

—Elizabeth, 17, Millersburg, IN

I want to set something straight. I am a Mennonite and I even live in an Amish community, but I still dress trendy, go to school, and am going to college. There are many different kinds of Mennonite communities, and I don't know of any that would kick their kids out just because they wanted out of the church. Your My Story made it seem as if all Mennonites don't care about the outside world, which, in my opinion, is an untrue stereotype.

—Kara, 18, Indianapolis, IN

wonder woman

I have to start off by saying that I love CosmoGIRL! It's the only magazine that I read from cover to cover. When I began reading February's issue, I was so excited to see "Your Total Period Guide." Other magazines only have tiny articles about it or sometimes answer a few reader questions, but CosmoGIRL! really told me everything. Thank you guys for helping every girl feel beautiful about the miracle of life and for letting us embrace the wonders of being a woman!

—Kayla, 16, Wichita, KS

foot action

Thank you so much for your amazing article "Knock His Socks Off." I tried the foot massage on my boyfriend, and he said it felt *incredible!* Please keep giving us great ideas about sweet things we can do for our guys and our pals.

—Erica, 16, Joppa, MD

how CosmoGIRL! changed my life

I'm a longtime reader of CosmoGIRL!, and when I went to college, its inspirational articles became even more important to me. At school, everything was so stressful and harder to deal with than when I was living at home—but I didn't want to call home and talk about it. CG!'s articles helped me get through the hard times by changing my perspective so I could deal with a busy student life.

—Christina, 19, Overland Park, KS

COSMOGIRL.COM/SHOUTOUT "To Moo Moo: I don't know where I'd be without you." —Meg, 22, Lakewood, CO

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why don't you...

...speak your mind by writing a note on your undies with a fabric pen—then wear low-rise jeans!

...persuade a guy friend to let you give him a manicure. (Tip: Don't forget to do the hand massage!)

...pitch in to buy a pig and help support an underprivileged family. For more info, go to **heifer.org**.

...surprise a friend with a kooky kazoo version of "Happy Birthday" (buy *How to Kazoo* at **bn.com**)!

Can you believe I *still* get time-outs?!

COSMOGIRL.COM/SHOUTOUT "Holly, you are the coolest person for sticking to what you believe in and not going with what the crowd is doing." —Laurel, 16, Roswell, GA

PHOTO, ERI MORITA. SITTINGS EDITOR, LISA WONG. HAIR AND MAKEUP, SOKPHALLA BAN FOR BRADLEY CURRY MANAGEMENT. BLACK CASHMERE TANK WITH HEARTS, DEB-EL-YÜ. JEANS, PAPER DENIM & CLOTH. UNDERWEAR, CAPELLI.

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CosmoGIRL! fun

CaLeNdAr april

How to Enter: Go to **cosmogirl.com/wintoday** every day in April and type in that day's code word (the one in pink). And in honor of April Fool's Day, we've got four GOTCHA! Win It!s—a bag filled with gags like whoopee cushions and fake poo! (Just don't pull any pranks on us, okay, CG!s?!) Hurry—you only have 24 hours to enter to win each prize! Details on page 164.

sunday | monday | tuesday | wednesday | thursday | friday | saturday

win IT! **GRAND PRIZE** Four girls will score a Blockbuster gift card worth $300 so they can rent a movie for free every week for a year. You can enter every day this month for 30 chances to win! Details at **cosmogirl.com/wintoday.**

1 GOTCHA! 2 CG!s can punk their friends with a bag o' gags from **gagworks.com.** fart

2 1 CG! will win a $1,000 **Weston Wear** wardrobe. fluff

3 5 CG!s will get 6 new spring **Cover Girl** lipstick colors. slick

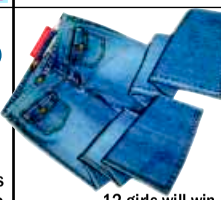
4 GOTCHA! 2 CG!s can punk their friends with a bag o' gags from **gagworks.com.** poop

5 10 CG!s will relax with this **Aloette** Stress Free Living Kit. pie

6 10 winners will be judged by Simon on the ***American Idol*** video game for PC. nutty

7 10 lucky girls will watch ***Anything Else*** on DVD. love

8 10 will test their trivia skills with the **Trivial Pursuit** DVD Pop Culture edition. beach



9 12 girls will win a pair of **Unionbay** Piper jeans. snow

10 One CG! can keep in touch with all her friends on this **LG** VX4400B mobile phone. sweet

11 10 winners will watch ***The Texas Chainsaw Massacre*** on DVD. wave

12 50 will score a pair of **Rider After-Sport Footwear** flip-flops. party

13 50 girls will smile wider after they use **Rembrandt's** Nighttime Whitening wand. dew

14 GOTCHA! 2 CG!s can punk their friends with a bag o' gags from **gagworks.com.** booger

15 10 will win a pair of **Nike** sneakers you can custom-design at nikeid.com. shine

16 10 girls will fight chapped lips with a set of **Eyeko's** Fat Balms. lace

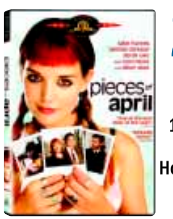
17 10 will win The Sims Makin' Magic and The Sims Double Deluxe from **EA Games.** juicy

18 10 lucky girls will score **Clarins** Eau Tranquility Rebalancing Fragrance. disco

19 10 winners will hang out in their **Levi's** Californian jean jacket. hug

20 10 girls will rock out to their ***School of Rock*** DVD. fuzzy

21 10 will quench their thirst with a case of **Jones Soda Co.** Blue Bubblegum Soda. cartoon



22 10 CG!s will watch Katie Holmes's DVD ***Pieces of April.*** joy

23 12 girls will see the light with a tie-dye floor lamp from **Spencer Gifts.** dance

24 15 CG!s will win a **bettyboop.com** tee. tingle

25 3 winners will munch on $100 worth of Swoops candy from **Hershey's.** powder

26 GOTCHA! 2 CG!s can punk their friends with a bag o' gags from **gagworks.com.** burp

27 1 CG! can label all her gear with this **Dymo LetraTag** label maker. skip

28 5 will feel sexy in a **Barely There** Illusive Lace bra and panty set. wish

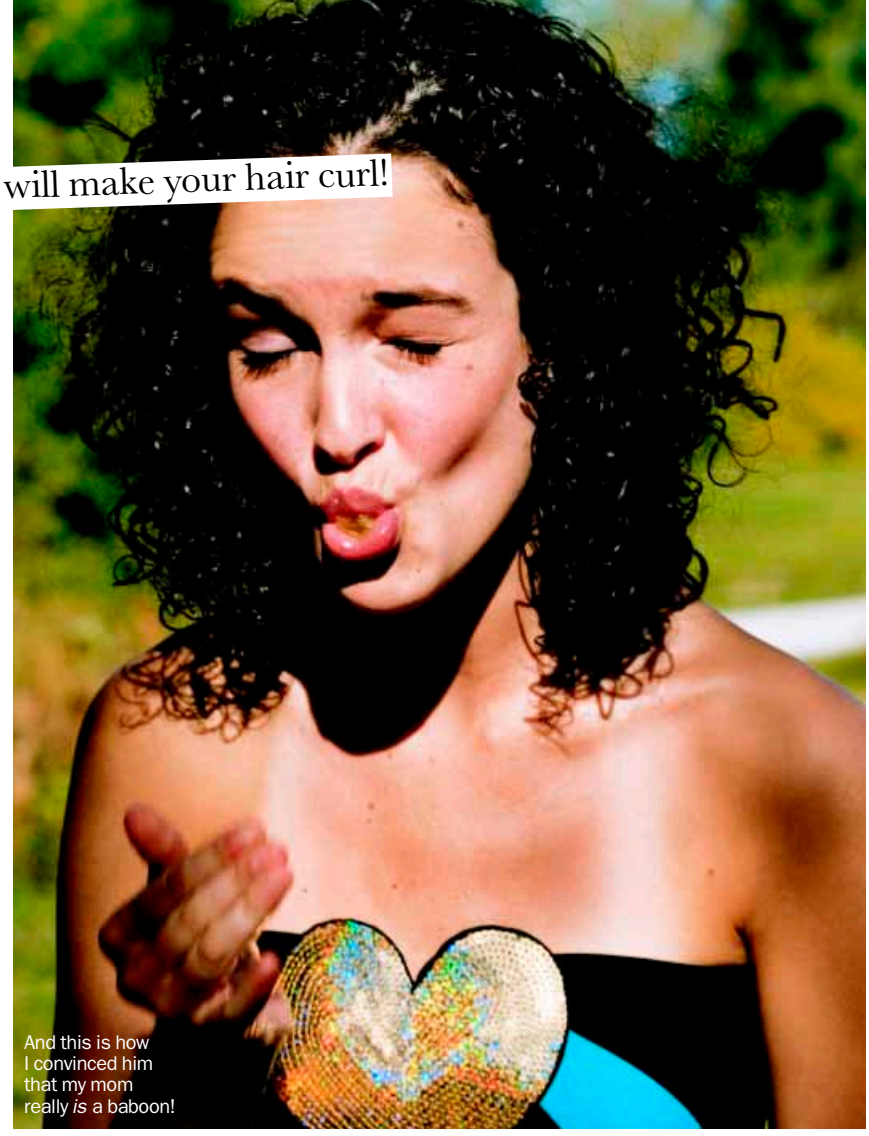
29 5 winners will score a 5-month supply of **Noxzema** Wet Cleansing Cloths. deep

30 5 girls will win a set of **Mary Quant** nail polishes. frost

ARE YOU A WINNER? Winners will be posted on **cosmogirl.com/wintoday** at noon (ET) the day after you enter for a prize. Check back every weekday!

OuCh!

Humiliating moments that will make your hair curl!



And this is how I convinced him that my mom really *is* a baboon!

COSMOGIRL.COM/SHOUTOUT "To Danielle: We have known each other since fourth grade, and I'm thankful you live 45 minutes away and not hours!" —Lindsay, 16, Palm Bay, FL

car trouble

"I was talking to one of my friends while waiting for my dad to come pick me up after driver's ed one night. Then I saw a Jeep with tinted windows, just like my dad's, pull up and stop in front of me. I walked up to the car to get in—but it started to drive away. I thought my dad was just being mean to me, so I began chasing the car and banging on the door, yelling, 'C'mon! Let me in, Daddy!' I chased him all the way to the road until he finally stopped and rolled the window down. Then a man who was *so* not my dad said to me, 'I'm sorry, but I think you have the wrong car!' All my friends who were watching from the sidewalk started laughing hysterically!"

fancy pants

"I was about to go to the mall with a friend and needed to change out of my workout clothes. I had some dirty jeans on the floor, so I just picked them up and threw them on. Later, I was walking with my friends in the mall when this guy came up to me and said, 'Um, there's something coming out of the bottom of your pants.' I looked down, and my pink rhinestone thong was hanging out of the bottom of my jeans! When I put them on, I didn't realize that my underwear was still inside! I quickly reached down, grabbed the underwear, and just said, 'Uh, that's part of my sock!' But I think everyone knew *that* was a lie!"

pictures of ewww

"A bunch of my friends and I were staying over at this one girl's house. We were all looking at some of her mom's yearbooks when her mom came down the stairs and started to look at them with us. She picked up a yearbook, turned to a picture of this *really* ugly girl, and asked me if I thought she was pretty. I immediately burst out laughing and said, 'Are you kidding?' She looked back at me and said, 'That's *me!*'"

watch your back!

"For our family vacation one year, my dad took my brother and me to an animal park in Pennsylvania. We walked into this building where they had a three-toed sloth. The woman who was taking us on the tour told us to stay away from it, but I stupidly stood with my back to the bars of the cage while she was telling us about the animals. The next thing I knew, the hood of my sweater was being pulled. I turned around and saw that the sloth had grabbed my sweater. I started screaming, and then for some reason, I got so scared that I actually started crying! I don't know why I did that, but I do know I've never felt so stupid!"

party pooper

"I was at this party at my friend's house, and my boyfriend and I decided to have a huge make-out session in a dark corner next to one of the bathrooms. All of a sudden, when we were getting really steamy, my friend's dad walked out of the bathroom! It was horrible!"

smoke signals

"I got up one morning at my best friend's house, and everyone was asleep. I was hungry, so I went into her kitchen and opened up the freezer. I took out a breakfast burrito, but I was still kind of tired, and when I set the microwave to what I thought was 30 seconds, it was really 30 minutes. I laid my head down on the table to wait until my food was ready and kind of fell asleep again. I woke up to the sound of her parents running down the stairs screaming about all the smoke filling the kitchen!"

under the rug

"There had been this huge rumor that my principal wore a toupee, but no one really knew for sure. One day, I had to go into his office to give him a note from my teacher. His secretary wasn't sitting outside his office, but I heard him rumbling around inside, so I just knocked. He said to come in, and when I opened the door, he was taking off his jacket and scarf because he'd obviously just gotten back from being outside. Then he took off his hat and sat down. I guess he forgot in the middle of talking to me that when he puts on his hat, he takes off his toupee. I tried not to stare, but he noticed me looking at his head, realized what had happened—and scrambled for his toupee! I was so shocked, I just ran out of the office and didn't make eye contact with him again for the rest of senior year!"

PHOTO, SAYE. SITTINGS EDITOR, LISA WONG. HAIR, LIFE AT BLINK MANAGEMENT. MAKEUP, ADRIENNE LYTTON AT BLINK MANAGEMENT. TOP, FORNARINA.

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COSMO girl!

let's get quizzical!

We teamed up with the quiz gurus at **Queendom.com** to bring you 10 quirky self-tests that'll reveal more about you than even Freud could!

Illustrations by Marcos Chin

Be whatever you decide. It's beautiful.

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how much fun are you?

Find out if you're the cowgirl who knows how to get the party started! (Yee-haw!)

1 What are you doing for April Fools' Day?
A> Nothing. April Fools' Day is for kids.
B> Putting salt in the sugar bowl and sugar in the salt shaker.
C> Punking *all* day!

2 Your ideal birthday plans are:
A> A whole day of pampering yourself.
B> Having dinner with a bunch of really close friends.
C> A blowout party that goes on all night!

3 When the kids you baby-sit get way too hyper, you:
A> Get the oldest kid to help you calm them.
B> Play tag until they're exhausted.
C> Reverse roles and go kooky on *them.*

4 What's your top career priority?
A> Helping people so you can make a difference in the world.
B> Making big bucks.
C> Finding ways to make the most of your creativity.

5 When your last Friday class gets out early, you:
A> Get a head start on your homework.
B> Relax at home.
C> Round up the girls to hang at your place.

6 It's family reunion time. You:
A> Help your mom make potato salad.
B> Catch up with your favorite cousins.
C> Crack everyone up with your Grandma Sadie impersonation.

YOU'RE A...

mostly A's: party goer

You're mature and responsible—you don't have to go crazy to have fun, and you rarely give in to peer pressure to do something you don't really want to do. That attitude has earned you trust and respect. But remember: Letting your hair down every now and then is key to staying healthy—emotionally and physically—because it gives you a more well-rounded life. So when *your* inner child wants to come out and play, let her!

mostly B's: party girl

You like to have fun—without going overboard. You're a master at balancing work and play. And when you want to have a good time, you tend to stick to things that are tried and true. Still, there may be times when you'll get pulled to be more spontaneous and less serious—*or* to sacrifice fun in the name of hard work. When that happens, trust that your level-headed approach will steer you in the right direction.

mostly C's: party animal

Life's a big party to you—you *make* fun happen! You're silly and creative, and you pride yourself on keeping yourself—and your friends—entertained. But that carefree spirit might make some people think they can't take you seriously or rely on you. So make an effort to show that you can be fun *and* trustworthy at the same time by following through on your responsibilities at home and school, and with friends.

does your guy friend want more from you?

Figure out if your buddy actually, you know, *likes* you likes you!

1 When you talk to your guy friend about your fantasy Mr. Right, he:
A> Rolls his eyes.
B> Says, "I get to approve of him first!"
C> Says, "Look no further!" (Jokingly?)

2 You show up at school wearing this brand-new skirt-and-shirt outfit you love. He says:
A> "What's up?"
B> "Someone did a little shopping, eh?"
C> "Hey, hot stuff!"

3 Argh! Ketchup lands on your white sweater. He:
A> Grabs you a handful of napkins.
B> Says, "I love what a klutz you are!"
C> Offers you his hoodie to hide it.

4 What was the last birthday present he gave you?
A> A hilarious card.
B> A live CD that you mentioned you wanted to get.
C> A dozen yellow roses—your favorite!

5 You're sprawled on the couch watching TV in your basement. He's:
A> Lounging on the floor in front of you.
B> At the other end, so you're foot to foot.
C> Right next to you.

6 Which favor would he most likely ask you?
A> "Set me up with your best friend?"
B> "Help me pick out a gift for my mom?"
C> "Scratch the itch on my back?"

HE'S THE KIND OF GUY WHO'S...

mostly A's: a real pal

Romance? Huh? He thinks of you as a friend, not as a girlfriend. He counts on you the same way he counts on his other friends—to hang out, crack each other up...and get love advice. So enjoy your friendship for what it is: You two are lucky to have each other on your roster of people you can depend on. And pat yourselves on the back for proving that the guys-and-girls-can't-be-friends myth is all wrong!

mostly B's: a fan

He totally cares for you—and *might* want things to turn romantic. But he can't tell how you feel about him, so he's being super attentive to keep his close-friend *and* romantic options open. If you don't feel a spark, then just relax and enjoy your friendship. But if you *are* interested in more, wait until you're hanging out alone and ask, "Have you ever thought about the possibility of an 'us'?" Then take it from there.

mostly C's: smitten!

He has the hots for you! If you feel the same, tell him! But if the thought of kissing him is as appealing as kissing your brother (*ew!*), give him hints that you're not looking to him for love (ask for guy advice). If that doesn't work, say, "I'm picking up signals that you want more than friendship, but I don't feel the same. Can we stick to being friends?" If he feels rejected, give him space to focus on finding someone else.

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how far would you go for your friends?

Would you walk on hot coals—or just little *pebbles*—to be by her side?

1 Your friend has a huge crush. You:
A> Throw a party and invite him—so they can finally hang out.
B> Flatter her when he's within earshot.
C> Help her map out a flirting strategy.

2 When she misses a week of classes before a test, you:
A> Pull an all-nighter to help her cram.
B> Photocopy your notes for her.
C> Buy her a cutesy good-luck pencil.

3 Your crush asks you out, but you already have plans with a friend. You:
A> Ask him for a rain check.
B> See your friend—then meet him later.
C> Reschedule her.

4 You're both interviewing for the same job. You:
A> Withdraw your application.
B> Go for the job and encourage her to too.
C> Say, "May the best woman win!"

5 She can't afford to go on spring break. You:
A> Skip it—and have fun at home together.
B> Lend her $200 in baby-sitting money.
C> Bring her back kitschy souvenirs.

6 She dropped her bracelet in the toilet at school. You:
A> Reach in to get it.
B> Help her find a random contraption to use to fish it out.
C> Crack up with her as she reaches in!

YOU'D GO...

mostly A's: above and beyond

Your unwavering loyalty is impressive! But make sure you go out of your way for friends because you truly *want* to—not because you think you *have* to. True friends will understand that you need to put *yourself* first sometimes. Because being a good friend doesn't mean meeting their needs at all costs—it means being there for someone who's there for *you* too.

mostly B's: all the way

You love your friends, and you're there to help them as much as you can. You have a finely tuned sense of when it's appropriate to drop what you're doing for someone else and when you need to focus on your own needs. You see friendship as a two-way street, and the people who are closest to you return the energy you put out for them by being there for you. Put simply, you've learned the fine art of *mutual* respect.

mostly C's: a step or two

You enjoy being with your friends—and you'll be there for them as long as doing so doesn't interfere with your own priorities or plans. It's good that you don't let yourself get off track, but every once in a while, going out of your way when a friend needs you is just the right thing to do. You know that whole saying about a friend in need being a friend indeed? Well, it's true!

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are you too superficial?

Look a little bit closer and see for yourself just how image-conscious you really are!

1 A hairdresser gives your friend an awful cut. You:
A> Say, "It looks fine—and it'll grow."
B> Suggest she invest in a cool hat.
C> Make fun of her behind her back.

2 Your nana offers you her brown 1980 Chevy. You:
A> Are psyched to have your own car.
B> Spend your b-day money on a paint job.
C> Say, "Thanks, but no thanks."

3 Your yearbook photo is totally hideous. You:
A> Get bummed but think, Does *anyone* look good in them?
B> Retake pictures to get a better shot.
C> Get airbrushed.

4 You oversleep for school, so you:
A> Skip your shower to arrive on time.
B> Shower, pull your hair back, and arrive 15 minutes late.
C> Skip class so you can get fully ready.

5 You would never date a guy who:
A> Was obnoxious to your friends.
B> Had less-than-popular friends.
C> Didn't dress like Ashton and/or drive a nice car.

6 You work out at the gym so that you can:
A> Get that natural endorphin high.
B> Be part of the whole gym "scene."
C> Look hot in tight jeans and shirts.

WHEN IT COMES TO LOOKS, YOU . . .

mostly A's: don't care

Spend time primping and preening? No way! You see beyond the external and think that *character* matters more than looks. But most of the world, alas, *does* base judgments on what they see. So sometimes—like on interviews—you'll have to take some extra care to look as confident as you feel.

mostly B's: kinda care

Sure, you'll take a second glance in the mirror. But you also know where to draw the line, and you don't obsess over the way you—or others—look. Keep putting that extra effort into looking good if it helps you *feel* good and gives you a confidence boost, but don't let yourself get carried away.

mostly C's: care a lot

Put that mirror down! It's fine to look your best on the outside—if you feel as good on the *inside.* If you don't, focus on things you're good at (tennis? cooking?) to remind yourself that you've got substance! And remember: You'll miss out on a lot if you judge people based only on their looks.

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what's your cup o' joe?

See exactly where your personality falls on the beverage menu!

1 At parties, you usually:
A> Talk to the shy girl.
B> Wish you'd stayed in with your friends.
C> Chill out in a side room with the coolest people there.
D> Invent games!

2 What's your most prized possession?
A> Photos of your family and friends.
B> Your journal.
C> Your poetry.
D> Your goofy pet rock collection.

3 The one TV show you make sure never to miss is:
A> *7th Heaven.*
B> *Buffy the Vampire Slayer* repeats.
C> *Joan of Arcadia.*
D> *One Tree Hill.*

4 Where did you buy your favorite coat this year?
A> At a cute local boutique.
B> In a high-tech sporting goods store.
C> At an antique fair.
D> On eBay.

5 Which major appeals to you?
A> Social work or medicine.
B> Law, business, or communications.
C> Art or philosophy.
D> I'll create my own major.

6 What would you be most likely to get detention for?
A> Talking in class.
B> Cutting class.
C> Refusing to play hockey in gym.
D> Leading a sit-in to protest school policy.

YOU'RE LIKE A...

mostly A's: vanilla latte

You're full of natural sugar! You're a lovable, genuine, and positive presence. People turn to you when they need a sympathetic ear because of your sensitivity and knack for bringing comfort to tough situations.

mostly B's: espresso forte

You're robust. You're strong in flavor and don't need excessive froufrou in your life. You may seem too bitter for some people, but those who *really* know you appreciate your no-nonsense attitude—you get things done and tell it like it is.

mostly C's: Kenya AA

You're mysterious and exotic. Deeply spiritual, you seek out knowledge, understanding, and adventure—which makes you anything but ordinary! People rely on you to help them see things from a new perspective.

mostly D's: iced mint-o-chino

You're eclectic. People describe you as quirky and full of surprises because your presence sparks things up in any room. Spending time with you is a totally refreshing way to amp up even the *most* mundane situations!

what's your fashion style? SWEEPSTAKES

Let BONNEBELL® guide you through the fashion jungle with a chance to **win a day with a professional stylist and shop till you drop!** You'll also stock up on all the newest BONNEBELL® cosmetics to make your spring look complete.

GRAND PRIZE
An afternoon with a **fashion stylist** to work with you on revamping your closet and **$500 cash** for you to go shopping together!

FIRST PRIZE
A **$200 shopping spree** to pick up all the latest spring fashions!

SECOND PRIZE
A **$100 gift basket** full of BONNEBELL® cosmetics, including the NEW Eye Style™ Shadow Box, Eye Style and Eye Style Glossies!

TAKE THIS QUIZ

for a chance to win a fabulous afternoon with your own fashion stylist, a **$500 shopping spree** and more BONNEBELL® prizes!

1. Does your eye makeup express your mood as well as your personal style?
2. Do you keep up on all the latest trends by reading CosmoGIRL!, shopping BONNEBELL® cosmetics and dishing all the celebrity gossip with friends at school?
3. If you won a chance to have your own stylist for an afternoon, what fashion advice would you ask?
4. After winning the $500 shopping spree, what would you buy first?

new

To enter for a **chance to win** one of the three totally stylish prizes, send your quiz answers, along with your name, address, phone number and age to: "What's Your Fashion Style?" Sweepstakes c/o BONNEBELL®, P.O. Box 1746, Sandusky, OH 44870 or via email to bonnebellsweepstakes@hearst.com

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NO PURCHASE NECESSARY TO ENTER OR WIN. A PURCHASE OR PAYMENT OF ANY KIND WILL NOT INCREASE YOUR CHANCES OF WINNING. To enter, send your quiz answers on a postcard with your name, address, phone number and age to: What's Your Fashion Style? Sweepstakes c/o BONNEBELL, P.O. Box 1746, Sandusky, OH 44870. Entries can also be emailed to: bonnebellsweepstakes@hearst.com. Entries must be received by midnight ET on April 30, 2004. Sweepstakes begins on March 16, 2004. Three winners will be selected at a random drawing and will receive: Grand Prize: Afternoon with fashion stylist +$500 shopping spree, First Prize: $200 shopping spree, Second Prize: Gift basket of Bonne Bell products including NEW Eye Style Shadow Box, Eye Style and Eye Style Glossies! Estimated total value - $1,500. All expenses not included in the prize description are the sole responsibility of the prizewinner. Winner will be chosen on or about May 15, 2004 and will be notified by phone or mail. Winner (and parents or legal guardian if winner is a minor) will be asked to return an affidavit of eligibility/publicity and liability release within 14 days of notification or an alternate winner will be selected. You must be at least 13 years old to enter, be a legal resident of the U.S. Subject to all Federal, State and Local laws. Void in Colorado. Employees and their families of Hearst Communications, Inc., The Bonne Bell Company, their subsidiaries and affiliates ("Sponsors") are not eligible. Sponsors not responsible for entries that are delayed, incomplete, garbled, misdirected or misrouted as a result of interrupted or unavailable network connections or Internet transmissions or any computer, phone, hardware, software, human or mechanical malfunction. Sponsors not responsible for late, lost, inaccurate, illegible, mutilated or postage-due entries. Sponsors reserve the right to cancel or suspend the sweepstakes should virus, bug, computer problem, unauthorized human intervention or other cause beyond Sponsors' control corrupt the administration, security, fairness or proper play of the sweepstakes and may disqualify any person who attempts or engages in such activity. Void where prohibited. Prize may not be cashed, transferred or exchanged. Sponsors reserve the right to substitute a prize of equal or greater value. Entry and acceptance of prize constitute permission to use winner's name, photograph or likeness for promotional purposes without additional compensation. Winners agree to release and hold harmless Sponsors from any liability arising out of participation in this promotion or the acceptance and use of the prize. The return of a notification or prize as undeliverable will result in disqualification and the selection of an alternate winner. Prizes must be fulfilled by April 30, 2005. Any taxes payable on the prize are the sole responsibility of the winners. To receive the winners' names, send a stamped, self-addressed envelope to What's Your Fashion Style? Sweepstakes, c/o CosmoGIRL!, 888 Seventh Avenue, 4th Floor, NY, NY 10106 no later than May 31, 2004.

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WorldMags

who's your rock star soul mate?

See which of these on-fire musicians you belong in da club with!

1 The best motto for you is:
A> "Work hard; play hard."
B> "Love like you've never been hurt."
C> "Life is a highway. I wanna ride it all night long."

2 You get the biggest rush when you:
A> Snowboard down huge slopes.
B> Have meaningful conversations.
C> Walk into a huge, rockin' party.

3 On the dance floor, you:
A> Get the crowd to raise the roof.
B> Do your subtle bounce thing.
C> Flash your signature moves while others watch.

4 The beach look you covet:
A> Leopard-print thong-kini (preferably with belly chain!).
B> Classic black bikini.
C> Pink bandeau bikini.

5 Which celeb do you wish would send you an invitation to her birthday bash?
A> Missy Elliott.
B> Sheryl Crow.
C> Madonna.

6 After a long day, you like to unwind by:
A> Taking a kick-boxing class.
B> Strumming your guitar.
C> Treating yourself to a mani-pedi.

YOUR LOVE MATCH IS...

mostly A's: 50 Cent

You like guys with a bad-boy edge—renegades like 50 Cent send a tingle through your body! Maybe you're a little wild too, or maybe you just *wish* you were. Either way, you get a certain thrill from being close to that who-cares-what-they-think attitude. Just make sure that you don't ignore the cautious, practical aspects of your personality—and that you don't change your behavior just to impress a guy.

mostly B's: John Mayer

You're into easygoing guys who are emotionally available and in touch with their feelings—*and* yours. Introspective guys like John catch your eye because they make you feel like they can see into your soul, right? Such vibrant, confident, and focused personalities may seem like homebodies sometimes, but they make solid boyfriends because they can see things from your perspective, not just theirs.

mostly C's: Justin Timberlake

You fall for guys with style *and* firm roots—designer jeans and hipster haircuts on the outside, loyalty to friends and family on the inside. Guys like J.T. are sweet and sensitive and have a wild streak that's a perfect match for your party animal style. Whether you're off to hit the town or staying local to party with your crew, he's definitely the right guy to have along for the ride.

WorldMags

are you girlfriend material?

Find out if you're open to being in a romantic relationship!

1 Your weekly planner is:
A> Always flexible.
B> Filled with a mix of casual plans and after-school commitments.
C> Packed tightly with things you love.

2 You get into a college far away from your guy. You:
A> Defer a year to be near him longer.
B> Ask if he'll transfer next year.
C> Go without a second thought!

3 Your grandma's stuck in bed with a nasty cold. You:
A> Go visit her to cheer her up.
B> Call to see how she's feeling and if she needs anything.
C> Don't do anything.

4 When friends ask for your opinion, they get:
A> Your opinion, and the "devil's advocate" view too.
B> A tactful version of the truth.
C> The brutal truth.

5 Your version of a satisfying conversation is one in which you mainly:
A> Listen.
B> Exchange thoughts equally with the other person.
C> Talk.

6 You prefer hanging out on weekends with:
A> One person.
B> Sometimes big groups, sometimes a few people.
C> Huge groups of friends, new and old.

YOU'RE . . .

mostly A's: miss taken

You're ready for a relationship—and it shows! You have the confidence that attracts guys and the selflessness you need to really be there for another person. Remember, though, that the right person for you might not come along right away—so be patient and don't just make something "work" with any old guy (or girl) simply because you want to be part of a couple.

mostly B's: miss right

You have what it takes to be a girlfriend—but only for that special someone who's just right for you. You're comfortable with the idea of a relationship, and you understand that they require compromise and sacrifice. But having a relationship isn't the *most* important thing for you, so you've filled your life with other hobbies, friends, and interests. And when the right person does enter the picture, you'll make room!

mostly C's: miss-ing out?

You're not girlfriend material right now. You have so many things going on that you don't have time for love. That's great—as long as you're happy! But just in case you're scared of getting close to someone, try taking a chance with the next guy you like. Open up to him like you would to a friend. Because love is about taking risks to learn what you *really* need.

WorldMags

are you superstitious?

Put down that Magic 8 Ball long enough to see if you rely too much on fate!

1 You're wearing a new shirt when your crush finally asks you out. You:
A> Don't wash it so it'll retain its power.
B> Wear it when you need a boost of luck.
C> Don't think twice.

2 A black cat prances directly in front of you. You:
A> Turn around and find a new route.
B> Gasp loudly, then laugh at yourself.
C> Make kissy-kissy noises at it.

3 A friend mentions that you're a shoo-in for class president. You:
A> Are sure she just jinxed the vote.
B> Cross your fingers and hope so.
C> Thank her.

4 Has the Ouija board ever freaked you out?
A> It's not that it freaks me out; I just value it so much that I only use it sparingly.
B> Once or twice.
C> Nah.

5 You don't talk about the future because you:
A> Think fate might play a joke on you.
B> Never know what might come up to change things.
C> Don't plan ahead.

6 Your compact shatters. You:
A> Brace yourself for years of bad luck.
B> Figure a small mirror can't do *that* much damage.
C> Are annoyed you need to replace it.

YOU'RE A...

mostly A's: devout follower

Your intuition tells you it's better to be safe than sorry. This superstitious side is a reflection of your faith in higher powers. But don't sell yourself short; your fortune also owes a lot to your talent, skills, and hard work. Fate isn't the only force that shapes your life—*you* shape it too!

mostly B's: believer

You aren't immune to the mysterious allure of rituals. But you tend to tap into fate only for an extra boost of luck—not because you think it'll be the one thing that actually determines your future. You realize chance plays a role in life but know it's what you do and don't do that *really* matters.

mostly C's: doubter

You scoff at superstition. No one's going to catch you avoiding sidewalk cracks! With your logical disposition, you think *you're* the master of your own destiny. And that's great, because you know how to rely on yourself. Just don't judge others who believe a little magic helps!

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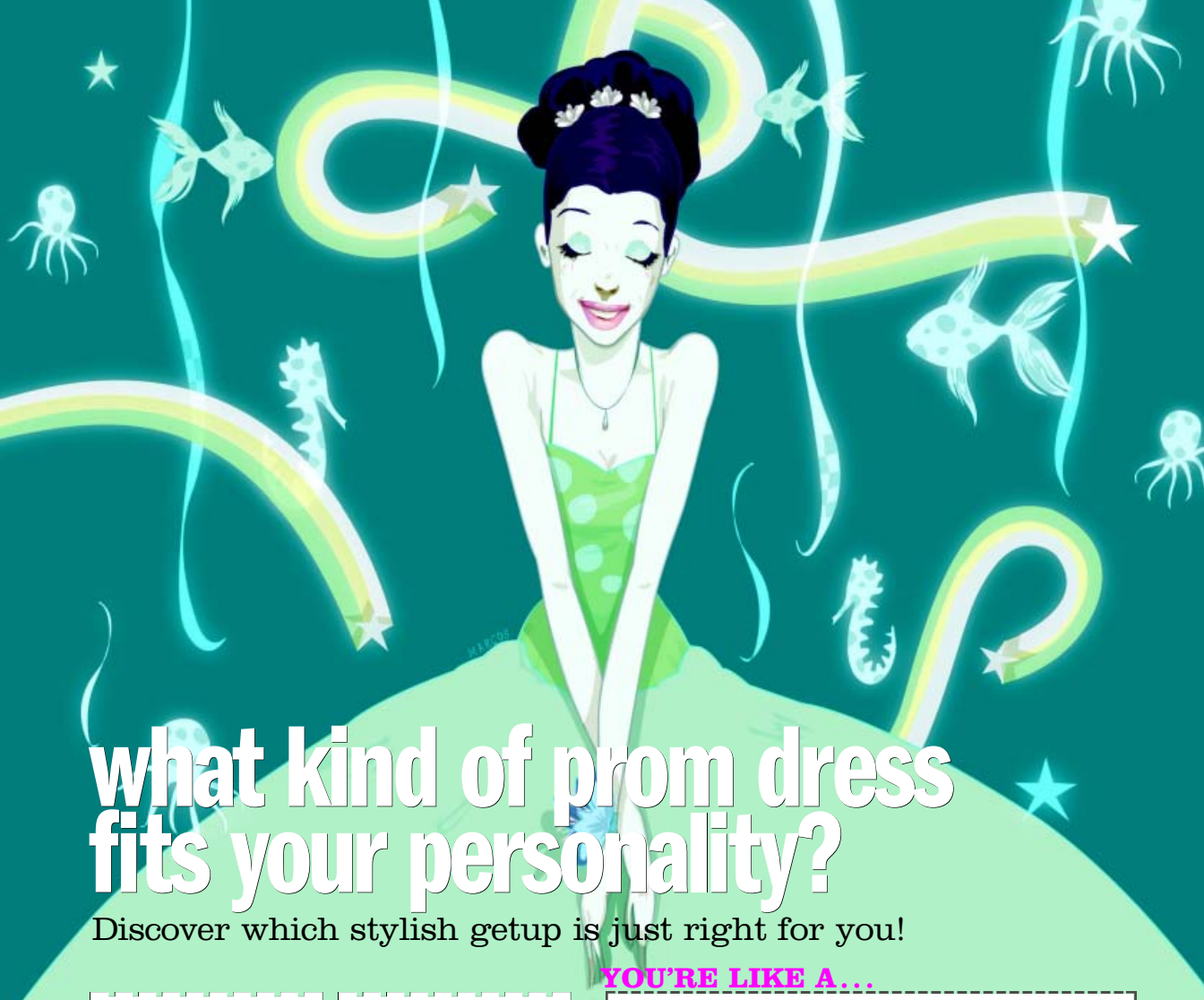

what kind of prom dress fits your personality?

Discover which stylish getup is just right for you!

1 What did you do last Friday night?
A> Baby-sat.
B> Hosted a *Sex and the City* DVD-athon.
C> Went to some older kid's party.
D> Rallied a crew for some karaoke.

2 If you could change your life for a day, which of these celebs would you want to be?
A> Mandy Moore.
B> Beyoncé Knowles.
C> Scarlett Johansson.
D> Gwen Stefani.

3 Which shoes do you like most?
A> Ballet flats.
B> Stiletto heels with ankle straps.
C> Mid-calf black leather boots.
D> Knee-high red pleather boots.

4 Your ideal prom date would wear:
A> A classic dark tux.
B> A dark suit with a funky silk tie.
C> A coat and tails.
D> A hilarious baby blue tux–with a ruffly shirt to boot!

5 Your friends love you because:
A> You're always sweet and sincere.
B> You know how to make things fun.
C> You give the all-time best advice.
D> You'll try anything.

6 What do you sleep in?
A> Pastel-colored nightgowns.
B> Perfectly broken-in T-shirts.
C> Matching top-and-bottom ensembles.
D> Nada!

YOU'RE LIKE A...

mostly A's: princess ball gown

You pride yourself on being a supergirlie girl! Sweet and cute, you're known for putting in the kind of extra effort that will always make you look classically feminine. You also appreciate and pay close attention to small details that others might miss.

mostly B's: short cocktail dress

You're the life of every party! Carefree and confident, you make everyone feel comfortable when they're around you. Like your dress type, you're endearingly flirty and charming–and your spunky personality is infectious!

mostly C's: long, sleek gown

You're sophisticated beyond your years! Like this classic dress, you tend to be in the spotlight. But not because you're loud or clamoring for attention. Your quiet elegance speaks for itself, and that maturity and glamour attracts many people to you for advice.

mostly D's: look-at-me dress

Your style is all your own! You have a natural knack for mixing and matching skirts and tops, combing thrift stores, and reconfiguring dresses to make them look totally new and unique. Some people think your eccentricity makes you too far out there, but that's exactly the reaction you want to get!

WorldMags

what's your perfect TV show address?

You can't climb into your TV (ouch—that'd *hurt!*), but you *can* find out which of your favorite towns you belong in!

1 The main thing your friends tease you about is:
A> Your relentlessly upbeat attitude.
B> That you can be just a teeny, tiny bit petty sometimes.
C> You're too busy!

2 The thing you hate most about school is that it:
A> Forces you to be indoors all day.
B> Forces you to mingle with people outside your group.
C> Forces you to sit!

3 If you went to the doctor and found out that your vision wasn't so hot, you'd opt for:
A> Glasses or contacts.
B> Colored contacts.
C> Laser surgery.

4 Your ideal summer job is:
A> Working as a wilderness guide in a national park.
B> Interning as a party planner.
C> Reporting for a big-city newspaper.

5 Where would you head for a last-minute trip?
A> To the mountains for some skiing.
B> To Tijuana (a.k.a. "T.J.") to party.
C> To the city for some club hopping.

6 Your parents finally gave in and said they'd get you a dog. The one you've always wanted is:
A> A Labrador.
B> A Chihuahua.
C> A Border collie.

YOU SHOULD LIVE IN...

mostly A's: Everwood, CO

Smell that fresh air? You were made for an idyllic town like Everwood, Colorado. Locals like the Brown family share that laid-back attitude and, like you, are able to deal with life's bigger issues and challenges without freaking out when they crop up. Because you're so levelheaded, you're able to keep a positive outlook and be a calming presence to others.

mostly B's: Newport Beach, CA

You belong in sun-soaked Newport Beach, California, with the rest of the crew from *The O.C.* Like them, you're effortlessly cool and always on top of the latest trends—that's why people look to you to figure out what they should be wearing next! Just make sure that keeping on top of what's hip and hot doesn't keep you from appreciating people's *inner* appeal, okay?

mostly C's: Smallville, KS

Intensity fuels you, which is why Smallville, Kansas, is your ideal setting. It may not be a coastal metropolis, but it pulsates with big-city excitement. You'd fit right in because you thrive on the unexpected, the dangerous, and all things new—just like Clark, Lana, Lex, and Chloe do. Settling here would mean never *really* settling down at all. Your lifestyle would keep you from the thing you hate most: boredom.

WorldMag

Be whatever you decide. It's beautiful.

choice is good

new

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april fools!

CosmoGIRL!s GONE WILD!

LUST-CRAZED DOGS! BIZARRE CELEB HOOKUPS! DRAG QUEEN BEAUTY TIPS! AND MUCH MORE!

CG! disclaimer: Reading the following six pages may cause acute nasal snortage, extreme eyeball leakage, and complete loss of bladder control. You've been warned!

eYe dANdy

all about...

the wildboyz

The stars of MTV's newest show wear leopard-print thongs, live to dissect squid testicles, and almost never shower. How *hot!*

Chris (left) and Steve-O ponder the scientific implications of the Mars Rover.

CHRIS "Pontius the Barbarian"

SIGN: Cancer

BIRTHDAY: July 16, 1974

TURN-ONS: Girls who have a pretty smile, long hair, and skimpy white lingerie

TURNOFFS: Girls who are really stupid and have ugly voices—yuck!

IF I WERE AN ANIMAL, I'D BE: A hyena—the females have these rad mock penises!

WORDS TO LIVE BY: Don't go chasin' waterfalls.

STEVE-O "Beast Master Supreme"

SIGN: Gemini

BIRTHDAY: June 13, 1974

TURN-ONS: Really, *really* hot chicks who really, *really* want me

TURNOFFS: None—I'll basically go for any girl brave enough to dig me.

DESCRIBE YOUR BEST KISS EVER: The one right after I got out of prison

LIFELONG DREAM: To be written down in all of the history books as "The Most Kick-A** Guy—*Ever!*"

FOOLISH FACT Only 17 percent of CosmoGIRL! readers think trick birthday candles are annoying. The other 83 percent are still trying to blow them out.

PHOTOS, COURTESY GETTY IMAGES/MTV.

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april fools!

out of style

don't D.I.Y. CARDBOARD DRESS!

"Board" with the same old threads? Good! Grab some packing tape, a large brown paper shopping bag, and a big cardboard moving box, then follow the steps below to make your very own cardboard dress. It's gonna be the next Juicy sweatsuit—promise!

STEP 1

Cut out the shape of a tank dress on the two large sides of the box. Write "2" by one of the neck holes. Now you're a size 2—no dieting required!

STEP 2

Connect front and back by taping at shoulders; insert head through neck hole. Open sides = breezy fun!

STEP 3

For "bows," cut out four 5-inch strips and two circles from the bag. Tuck and tape on. Now you're one sexy bag lady!

Is my lipstick too dark?

queen for a day

Look like a man who looks like a woman!

Lady Bunny's beauty tips

THE LOOK: DRAG-IN' EYES

HOW TO GET IT: Apply six layers of blue shadow from lash line to eyebrow (the thicker the better, honey!). With black pencil, draw a line from nose to edge of brows. Drag secret: Let lash glue set for five minutes before sticking lashes on your lids.

LADY BUNNY'S TIP: "As a young boy, before my parents let me wear eye shadow, I mixed baking soda and blue food coloring!"

braiding's the pits!

NOT TRUE! GIVE YOUR RAZOR A REST AND START *BRAIDING* YOUR PIT HAIR.

- >Let your armpit hairs grow to 6 inches (takes about four months).
- >Be sure to shampoo daily (try **Gee, Your Pits Smell Terrific!** $2, 800-MYPITS).
- >Braid hairs to ends.
- >Use a doggie hair-ribbon from your local pet store ($5) to secure braid.

FOOLISH FACT Sixty-seven percent of CosmoGIRL! readers have flicked a booger. (CG! Tip: Don't flick into the wind!)

DIDJA *REALLY* WANNA KNOW? According to some 6-year-olds, if you don't pick your boogers, you could hurt your brain when you sniff!

PHOTOS, ERI MORITA. HAIR AND MAKEUP, DINA KINION FOR MARK EDWARD. SITTINGS EDITOR, LISA WONG. QUEEN FOR A DAY: TANK, SMASHING GRANDPA. DON'T D.I.Y.: PUMPS, N.Y.L.A. ILLUSTRATION, MARIE PERRON. LADY BUNNY PHOTO, NELSON BAKERMAN.

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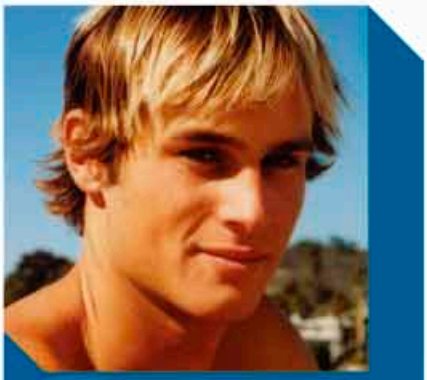
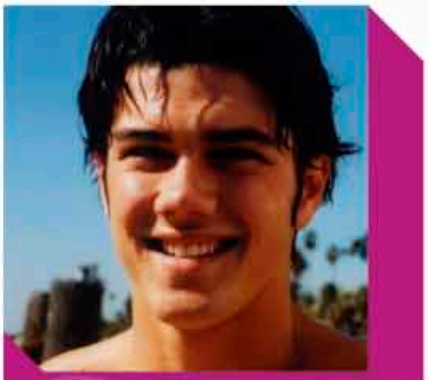
Cast your vote for the **next PacSun Poster Boy** and you could win an amazing L.A. Getaway!

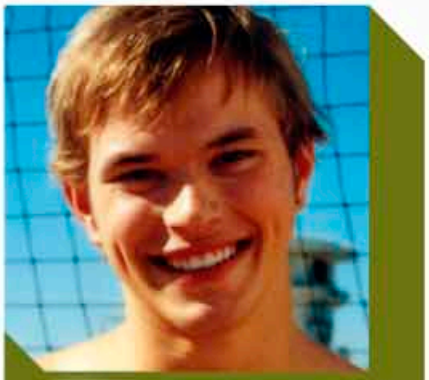
Grand Prize: A trip for two to L.A., pampering at a trendy salon, and a $1,000 PacSun shopping spree! Pick your favorite PacSun model to appear in a pull-out poster in an upcoming issue of CosmoGIRL!



Brad
Hometown: Huntington Beach, CA
Favorite Food: Wahoo's Maui Bowl
Favorite Band: Delirious

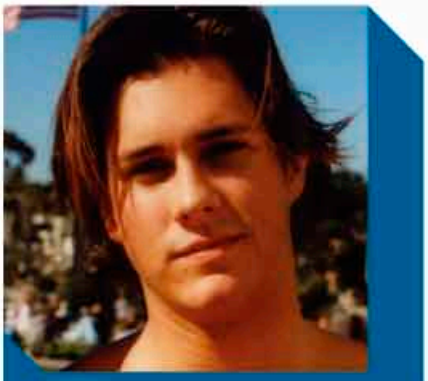


Ryan
Hometown: Manhattan Beach, CA
Favorite Movie: *The Breakfast Club*
Favorite Food: Sushi



Kellan
Hometown: Dickinson, ND
Favorite Actor: James Dean
Favorite Activity: Cooking

Eric
Hometown: Los Angeles, CA
Favorite Food: Carrots
Favorite Activity: Baseball



Brian
Hometown: San Diego, CA
Favorite Movie: *Pirates of the Caribbean*
Favorite Food: Steak, medium rare

TO ENTER:
Go to **cosmogirl.com/exclamations** or send your PacSun "Poster Boy" vote along with your name, address, phone number, and age to Pacsun "Poster Boy" Sweepstakes, P.O. Box 1746, Sandusky, OH 44870.

Vote online at cosmogirl.com/exclamations or by mail (see details below). Every time you vote, you'll be automatically entered for a chance to win!

OFFICIAL RULES FOR THE PACSUN "POSTER BOY" SWEEPSTAKES: NO PURCHASE NECESSARY TO ENTER OR WIN. A PURCHASE OR PAYMENT OF ANY KIND WILL NOT INCREASE YOUR CHANCE OF WINNING. To enter go to cosmogirl.com/exclamations or send a 3-1/2 x 5 postcard with your PacSun "Poster Boy" vote along with your name, address, phone number and age to "Poster Boy" Sweepstakes, P.O. Box 1746, Sandusky, OH 44870. Entries must be received by midnight EST on April 19, 2004. One grand prize winner will be selected via a random drawing and will receive round-trip coach airfare for two to Los Angeles, California, standard hotel accommodations (double occupancy) for 3 days/2 nights, $100 towards a salon treatment (for winner and guest) at a place to be determined by the Sponsor, a $1,000 PacSun shopping spree, and a CosmoGIRL! lunch (including beverage and entrée) at a place to be determined by the Sponsor. Winner must be available for travel during May/June 2004 on dates selected by CosmoGIRL! and PacSun otherwise the prize will forfeit and an alternative winner will be chosen. The odds of winning depend on the number of entries received. Estimated total prize value - $4,000.00. All expenses not included in the prize description are the sole responsibility of the prizewinner or travel companion. Winner will be chosen on or about April 30, 2004 and will be notified by phone or mail. Winner (and parents or legal guardian if winner is a minor) will be asked to return an affidavit of eligibility/publicity and liability release within 14 days of notification or an alternate winner will be selected. If prizewinner is a minor, at least one travel companion must be a parent or adult guardian. You must be at least 13 years old to enter and be a legal resident of the US (excluding Colorado). Subject to all Federal, State and Local laws. Sponsors include: PacSun and Hearst Communications Inc. Employees and their families of Hearst Communications Inc., their subsidiaries and affiliates and participating sponsors are not eligible. Sponsors not responsible for entries that are delayed, incomplete, garbled, misdirected or misroutedas a result of interrupted or unavailable network connections or Internet transmissions or any computer, phone, hardware, software, human or mechanical malfunction. Sponsors not responsible for late, lost, inaccurate, illegible, mutilated or postage-due entries. Sponsors reserve the right to cancel or suspend the sweepstakes should a virus, bug, computer problem, unauthorized human intervention or other cause beyond Sponsors control corrupt the administration, security, fairness or proper play of the sweepstakes and may disqualify any person who attempts or engages in such activity. Void where prohibited. Prize may not be cashed, transferred or exchanged. Sponsors reserve the right to substitute a prize of equal or greater value. Entry and acceptance of prize constitute permission to use winner's name, photograph or likeness for promotional purposes without additional compensation. Winner agrees to release and hold harmless Sponsors from any liability arising out of participation in this promotion or the acceptance and use of the prize. The return of a notification or prize as undeliverable will result in disqualification and the selection of an alternate winner. Prizes must be fulfilled by June, 2004. Any taxes payable on the prize are the sole responsibility of the winner. To receive the winners' names, send a stamped, self-addressed envelope to PacSun "Poster Boy" Sweepstakes Winners c/o CosmoGIRL!, 888 Seventh Avenue, 4th Floor, NY, NY 10106 no later than May 30, 2004.

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april fools!

quiz how dumb are you?

Well, um, er, I dunno. By Jessica "1590 on the SAT" Blatt

START

CHAIN E-MAILS:

I forward them to everyone!

I delete them immediately.

A bird poops on your head. That must mean:

Totally!

Demi and Ashton have a real future together.

Ducks go, "Moo," don't they?

Something good will happen.

It's time to shower.

A fairy—with wings!

Fat chance!

THE TOOTH FAIRY IS:

Your mom!

YOUR FACE CAN "FREEZE" PERMANENTLY IN A CROSS-EYED POSE!

I know!

Give me a break!

Go thirsty.

YOU'RE EATING POP ROCKS, AND SODA IS THE ONLY DRINK AROUND. YOU:

The word *gullible* isn't in the dictionary.

It's not?

Yes, it is!

And Rudolph's nose lights up!

Reindeer from the North Pole really can fly!

Someone must be talking about me.

Drink up—it's totally safe.

Crikey! My iPod's overheating!

Cha, *right!*

GETTING TIRED? NOT REACHING THE END OF THIS QUIZ? THAT'S 'CAUSE IT'S RIGGED! (HAPPY A.F. DAY!) NOW, BE HONEST: HOW MANY QUESTIONS DID YOU ANSWER BEFORE YOU READ THIS BOX?

4 or less

Admit it, we had you going there for just a wee bit. But you're such a smarty pants, you figured out that this was a quiz to *nowhere*.

4 or more

Silly girl, tricks are for kids! C'mon—you don't *really* believe that Pop Rocks myth, do you? Well, if our fact checkers say it ain't true, it ain't true!

YOUR EARS ARE BURNING, SO YOU THINK TO YOURSELF:

You're too smart for us! Happy April Fools' Day anyway!

ILLUSTRATION, JAMES FISH. KUTCHER AND MOORE, EVAN AGOSTINI/GETTY IMAGES.

FOOLISH FACT Only 4 percent of CosmoGIRL! readers have worn Groucho Marx glasses. And they all have jobs waiting for them at CG!

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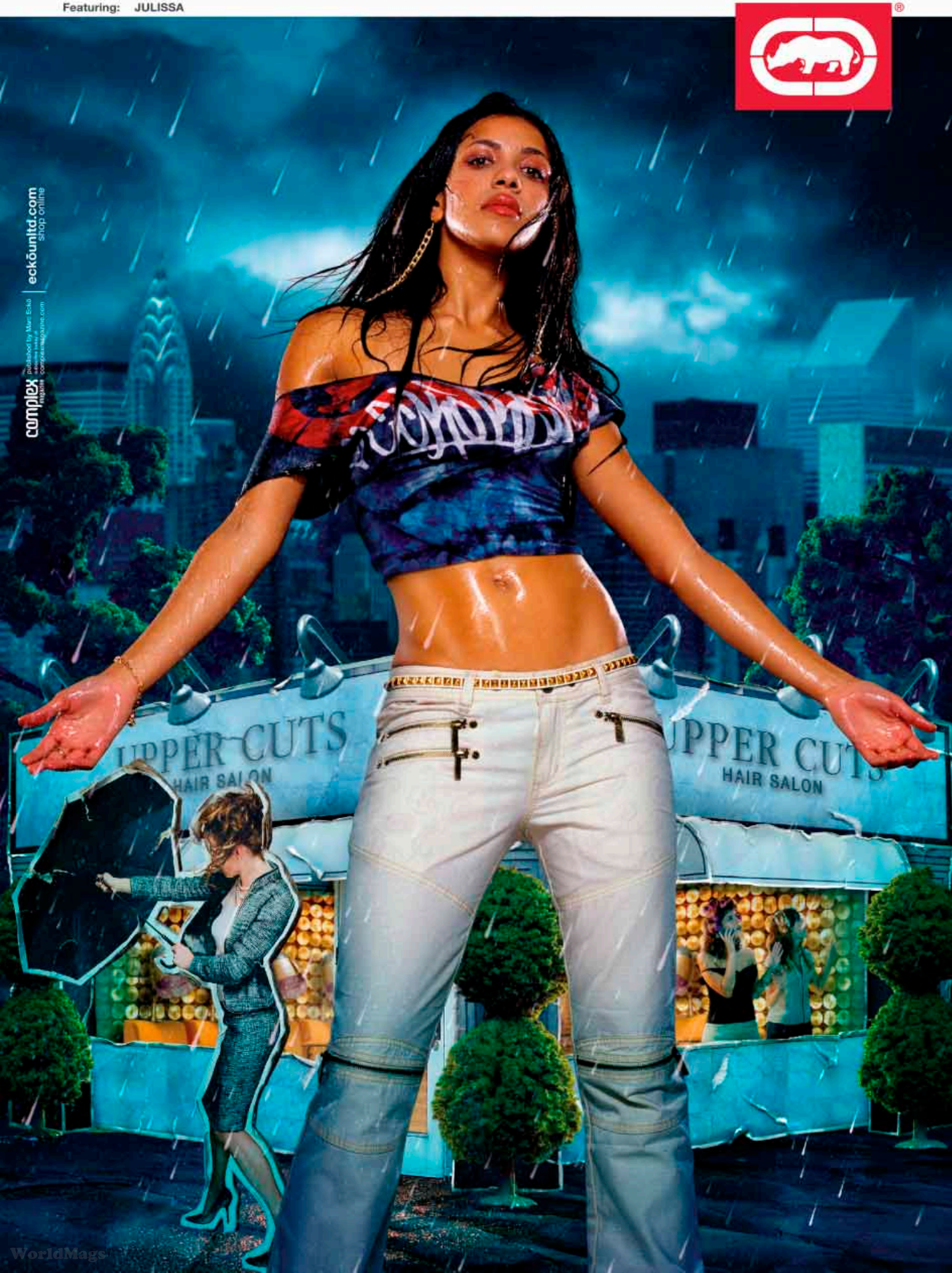
Featuring: JULISSA



WorldMags

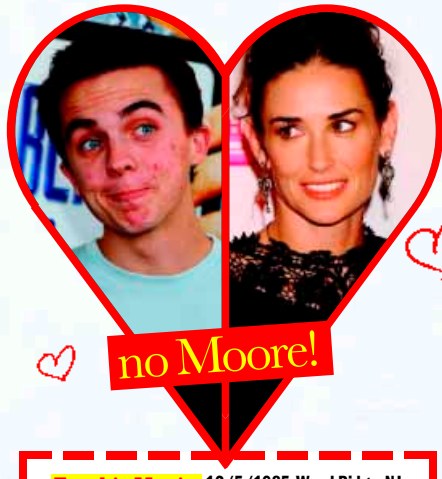
phHT... cEleBS

love mismatches

Real astro readings of fake celeb couples. By Lexa "Don't Sue Me" Roséan

royal pain

Prince William: 6/21/1982, London, England
Lil' Kim: 7/11/1975, Brooklyn, NY
Love Forecast: William is diplomatic, and Kim tells it like it is. Still, the romance is sizzling—until the drama queen cans her prince for being too wimpy.



no Moore!

Frankie Muniz: 12/5/1985, Wood Ridge, NJ
Demi Moore: 11/11/1962, Roswell, NM
Love Forecast: Holy chemistry! But for these lovebirds, there's more fighting than loving. Demi's jealousy over younger girls will cramp Frankie's fun-loving style.

too men-y

Carson Kressley: 11/11/1969, Allentown, PA
Carson Daly: 6/22/1973, Santa Monica, CA
Love Forecast: Their differences will tear them apart in the end. C.D. needs a more spiritual partner; C.K. prefers a guy with more refined social graces. Drats!

pup-o-meter

Is Paris's pooch top dog—or muttin' special? Here's the canine consensus.

Tinkerbell

BREED: Teacup Chihuahua
HOBBIES: Being on TV with my human, Paris Hilton; being used as a fashion accessory
TURN-ONS: Tiny Chanel shoes and sweaters, Pomeranians, people food, diamond collars, Hermès doggie bags, and dog breath
TURNOFFS: Video cameras—and when Paris tucks me under her arm after a hard day on the farm. P.U.!

TEKKA

"I have *chew toys* bigger than her! Sorry, but I prefer dogs who stand on their own four feet."
rating:

SIMONE

"Ooh la la... zat eez my kind of beetch! Zose beeg ears are très jolie. I just mais oui oui!"
rating:

JUNEAU

"That little wet nose, those big brown eyes... She really makes me pant! Sure, I'd sniff her butt!"
rating:

RATING SYSTEM: ON THE FIRE HYDRANT SCALE OF ROMANCE, SHE'S...
a real dog | my puppy love | a hot bitch!

FOOLISH FACT Eighty-eight percent of CosmoGIRL! readers have made a prank phone call. Which explains all those "Is I.P. Freely there?" phone calls Susan keeps getting.

PHOTOS: PRINCE WILLIAM, DAVID FISHER/LFI; LIL' KIM, JOY E. SCHELLER/LFI; MUNIZ, GREGG DEGUIRE/WIREIMAGE.COM; MOORE, BILL DAVILA/FILMMAGIC.COM; KRESSLEY, GREGORY PACE/FILMMAGIC.COM; DALY, KEVIN MAZUR/WIREIMAGE.COM; HILTON AND TINKERBELL, SARA JAYE/GETTY.

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THEY'RE HISTORY

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april fools!

My MuNdAnE stORy

Why is everyone looking at my teeth? Huh? *Why?!*

"I woke up with really bad breath."

Last month, Crissy Kinon's morning routine took a foul-smelling turn that would change her life—and her breath—forever.

Great breath was my obsession. I didn't just brush after every meal, I brushed (and flossed) after eating anything—even after breath strips! In high school, I hosted annual mint-tasting parties and was voted Least Likely to Get Gum Disease. My dentist gave me a Best Patient of All Time award that I still have displayed on a shelf in my room. Bad breath was just for losers—or so I thought. I guess all that pressure was just too much for me. I didn't know it, but I was on the verge of a total breath breakdown.

BIG CHANGES

On March 1, 2004, my girlfriends and I went out to eat. I was about to order my usual turkey sandwich (hold the mustard—too risky!), when suddenly, I just *snapped*. "I'm *tired* of being Ms. Perfect Breath all the time!" I shouted. "I want to eat stinky stuff till my mouth *reeks!*" I heard myself ask the waiter for garlic knots. A bowl of raw onions. CornNuts, Funyuns, and nachos sprinkled with blue cheese. He brought it all, and as I crammed it in my cake hole, my girlfriends looked on in horror. But I didn't care. Being bad felt *so* good.

When I got home, I immediately ran to my room to call my boyfriend, Steve. I wanted to tell him about my bad-breath binge, but he was upset about a fight he'd had with his dad. I promised Steve I'd stay on the phone until he felt better. Three hours later, I fell asleep—phone in hand, alarm not set. And that's when my life took an odious turn for the worse.

MORNING AFTER

The next day, I woke up 45 minutes late. I knew that I should brush my teeth, but there just wasn't time. I rushed out of the house in a panic, making it to my first class—public speaking—with just seconds to spare.

As I gave my speech, I noticed that people were acting really strange. My teacher, Mr. Dentyne, rolled his chair to the far corner of the room. Classmates were fanning their hands in front of their noses. One kid was even pretending like he was choking. I couldn't figure out what was going on. Did my speech stink that badly? No. What stunk was *me!* The realization hit me like a punch in the stomach: My reputation for having perfect breath was totally ruined.

Take *that*, Stink Breath!

"My boyfriend wears noseplugs now."

KISS IT GOOD-BYE

In the end, I had to seek professional help. My dentist immediately took my photograph off her Wall of Honor. Then she turned her head away and gave me the dreaded diagnosis: halitosis majora. Chronic bad breath! I'm surviving by brushing between classes—and I have supportive friends who remind me to perform periodic breath self-exams. Steve says he likes me just the same, but I can't help noticing that he wears noseplugs now. So it's hard. I just hope that by telling my story, I can save even one girl from this cruel fate.

FOOLISH FACT Seventy percent of CosmoGIRL! readers have ding-dong-ditched—and one girl is still giggling in the bushes.

PHOTOS, ERI MORITA. SITTINGS EDITOR, LISA WONG. HAIR AND MAKEUP, DINA KINION FOR MARK EDWARD.

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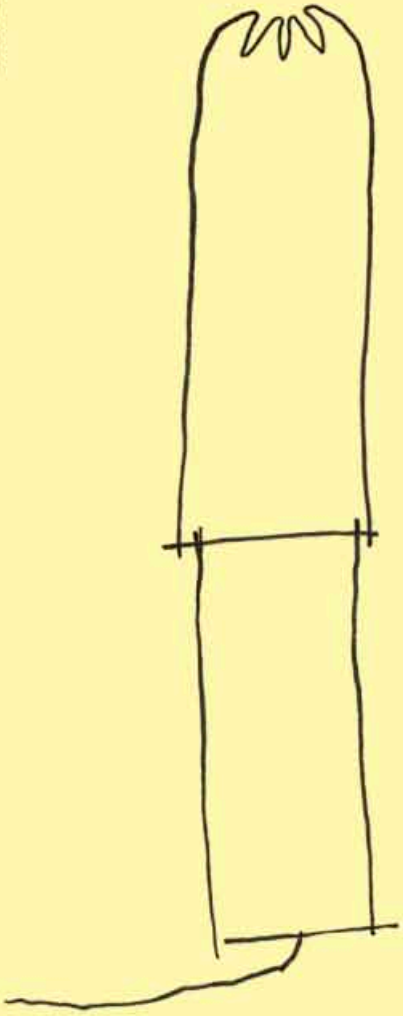
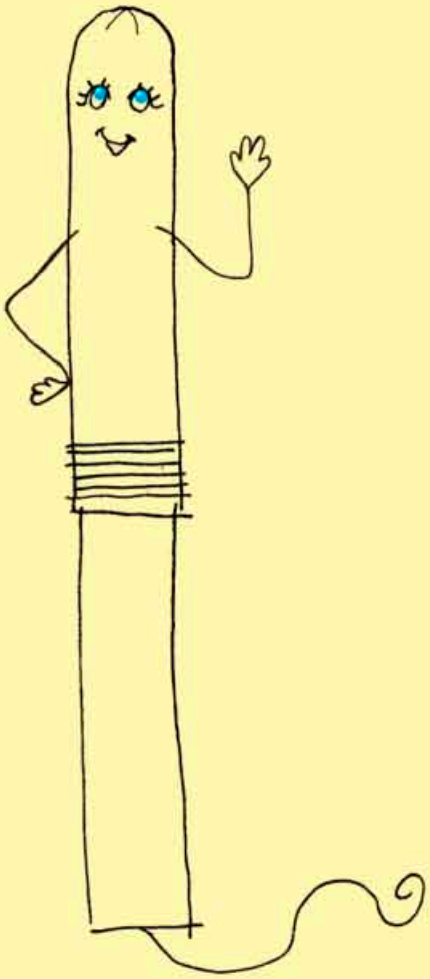


Big scary tampon



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april fools!

LifeTraps

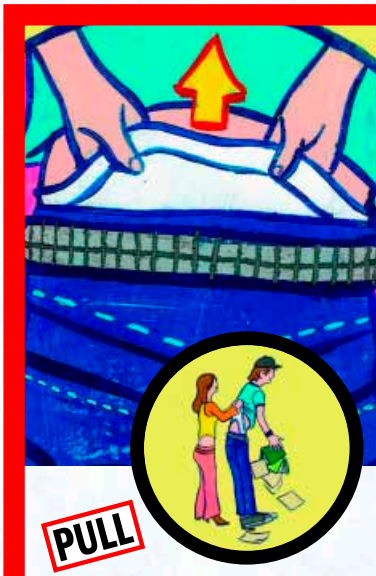
how to give a wedgie

Your victim will be digging for days! By Jay "I Wear Boxers" Ehrlich

>Position yourself directly behind your victim. Be really quiet so you don't arouse any suspicion.

>Stand with feet shoulder-width apart and knees bent at a 45-degree angle. (This will give you really great leverage!)

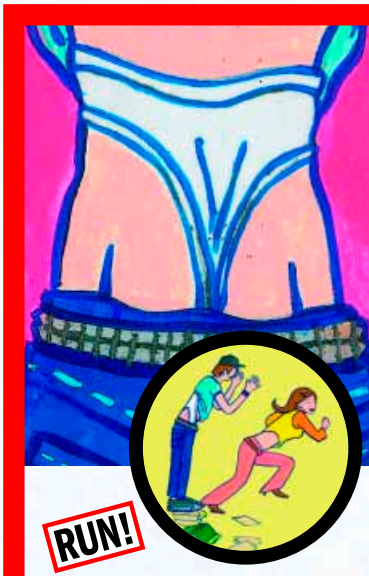
>Place both hands level with your friend's waist—but don't touch him yet.



>In one quick motion, grab the top band of his underwear with both hands and pull it up as high as you can.

>Straighten your legs and pull your arms back and up (as if you're lifting a barbell).

>Then lean back and pull up his underwear again. Bonus if you actually lift him off the ground!



>Without letting go, plan your escape: Scan the room for the nearest exit. (Note: It may be behind you!)

>Let go. Now run, child! Run like the wind!

>**For pros only!** Before you release your grip, go for the Superatomic Wedgie: Quickly bend your knees, jump up, and pull his underwear over his head!

you oughta ~~know~~ NO!...

fart attacks!

Keeping something, um, *bottled up* inside? Read this before you let it out!

Q "What do I do if I'm on a date and really need to fart?" **—Anita Poot, 19, Gasville, OH**

A Dating dilemma #817! Okay, look around. Is there a construction worker, 7-year-old, or large dog anywhere within a 50-foot radius? If so, say, "Be right back—got a kink in my knee." Then squeeze your butt cheeks together, saunter over to the he-man/kid/dog, push the fart out, and walk back to your crush. (For this to work, your release must be silent, and you must look *innocent*.) Remember: Those who smelt it, dealt it. So if the noxious cloud wafts your crush's way, say nothing. Smell ya later!

We're just farting around.

FOOLISH FACT Eighty-three percent of CosmoGIRL! readers have farted and then blamed it on someone else. (We can only hope that none of them did it in an elevator!)

PHOTO, SAYE. SITTINGS EDITOR, LISA WONG. ILLUSTRATIONS, JAMES FISH.

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Reebok
Alex wears the warm-up jacket and shorts,
Denise the classic concert tee with side stripe
pants, all from the Reebok Classic Collection.
Both wear the Reebok Classic Wedge shoe,
only at Lady Foot Locker

WorldMags

pssst...

GOSSIP

hollywood squares

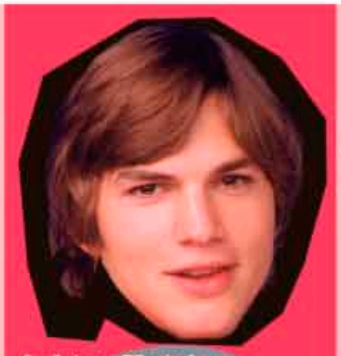
These trivia questions are way better than the ones on that game show! By Michael Baroni

Orlando Bloom admits he's accident-prone. Which bones has he broken?

a) His back, ribs, nose, both legs, an arm, a wrist, a finger, a toe, and his skull

b) Two vertebrae, his collarbone, pelvis, and two ribs

c) His hip, both arms, both wrists, and his nose



Ashton Kutcher came this close to death when:

a) He was bitten by a poisonous snake while camping.

b) His privately chartered jet lost air pressure and had to make an emergency landing.

c) The blade of a buzz saw he was using in shop class broke free and flew within inches of his face.

Music producer and performer Pharrell Williams has been known to ask his fans to throw what onstage?

a) Bras

b) Trucker hats

c) Socks

Johnny Depp is known to have:

a) Trashed the swanky yacht of a famous multimillionaire while in the Caribbean.

b) Blown a mouthful of gasoline on a fire, which flared up and ignited his face.

c) Tattooed Celtic-style notches on his inner thigh to commemorate "special" moments in his life.

HOWDJA DO? You won't win a trip to Aruba, but the bragging rights are all yours! (1) a (2) b (3) a (4) b

PHOTOS: BLOOM, ELLIOTT MARKS; KUTCHER, LARSEN & TALBERT/FOX; WILLIAMS, GREGG DEGUIRE/WIREIMAGE.COM; DEPP, DENNIS VAN TINE/LFI.

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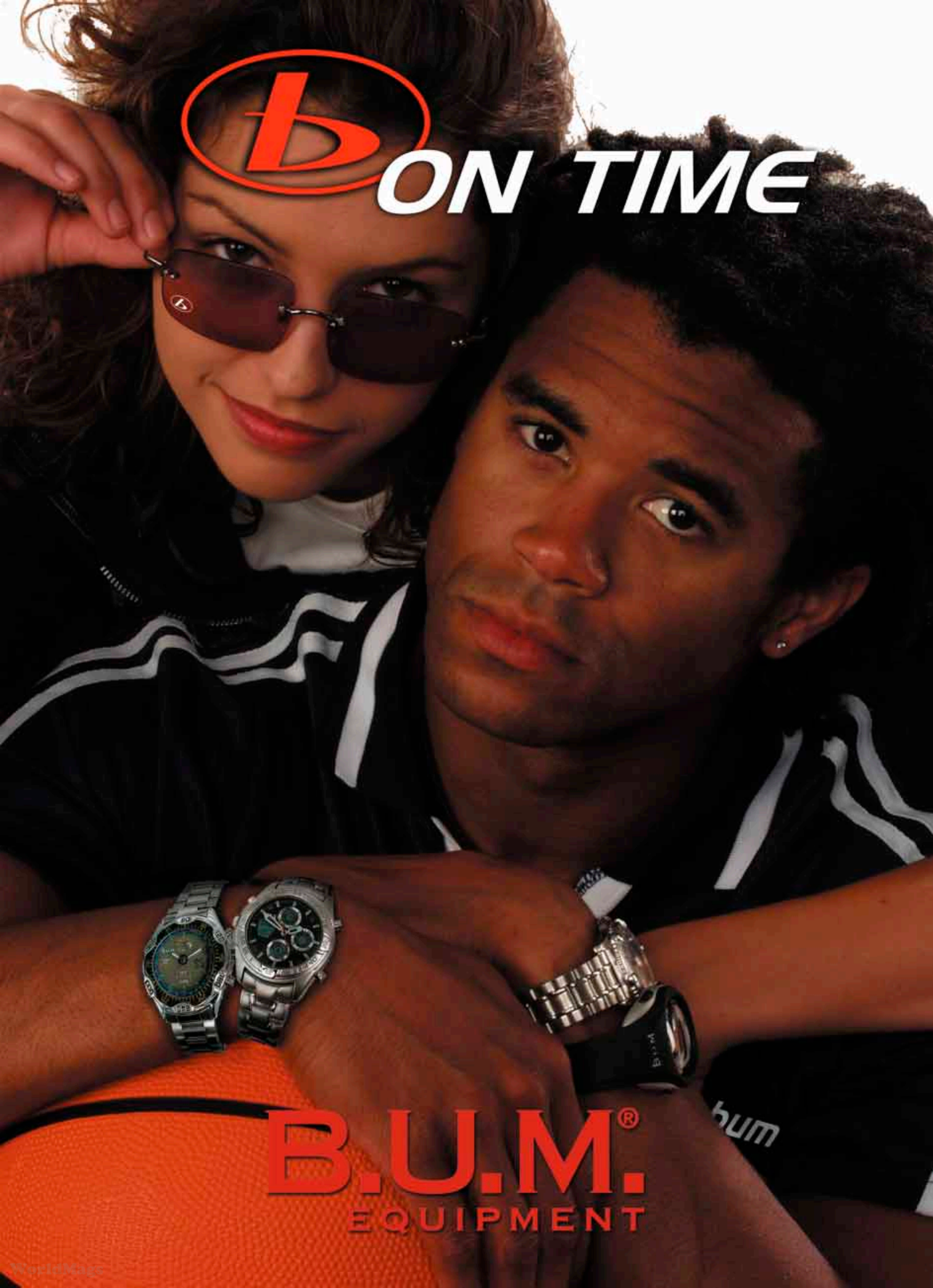
ON TIME
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EQUIPMENT

pssst...

MoViEs & TV

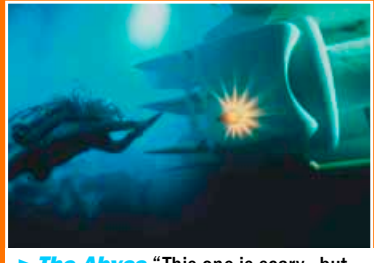
We take you behind the scenes of the big and small screens! By Lauren Brown

COSMOGIRL.COM/SHOUTOUT "To my best friend since kindergarten, who deserves all the shout-outs in the world: It's your time to shine, Melissa!" —Nikki, 17, Almond, NY

video rental guide

Topher Grace, who plays Eric Forman on *That '70s Show,* reveals his favorite thing to do in the dark: watch DVDs! So grab a friend and rent these tonight.

> ***Boogie Nights*** "This movie is one of my favorites—and the DVD has some of the best bonus features I've ever seen."



> ***The Abyss*** "This one is scary—but worth it. Trust me, you just have to watch it to know what I'm talking about."

> ***Terminator 2: Judgment Day*** "This is one of the only sequels that I think might possibly be better than the original!"

CG! catches up with...

LINDSAY LOHAN

She has two new films (*Confessions of a Teenage Drama Queen* and *Mean Girls*) and her own pad. Someone call Orlando!

Are you trying to look down my blouse?

COSMOGIRL!: IN YOUR NEW MOVIES, YOUR CHARACTERS DEAL WITH HIGH SCHOOL PRESSURES. WHICH IS WORSE—HIGH SCHOOL OR HOLLYWOOD?

Lindsay Lohan: They both put you under a lot of pressure—in different ways. When you're acting, it's hard not to be competitive because you're up for all the same roles as other actresses. High school is a really different kind of pressure. I never felt comfortable in my skin. I *hated* my freckles! Today, I'm much more comfortable with myself.

CG!: WE HEAR YOU'RE WORKING ON AN ALBUM. WHAT WILL IT SOUND LIKE?

LL: I'm not going for any specific style. I'm just listening to all kinds of different music that's out right now—like OutKast, Liz Phair, and Switchfoot—for inspiration.

CG!: YOU JUST GOT A NEW APARTMENT WITH ACTRESS RAVEN-SYMONE. ARE YOU TWO GETTING ALONG?

LL: Yes—but our first fight was over the apartment's size. She was like, "I don't want a big one because I don't want people over all the time." I was like, "We need a bigger place—I can't fit anything in a small closet!"

CG!: DO YOU HAVE A SPECIAL GUY NOW?

LL: I actually couldn't get comfortable around guys until recently. I always had to be with a big group of girls if guys were there.

CG: WHAT ABOUT CELEB CRUSHES?

LL: Orlando Bloom. And Colin Farrell. And of course, I *love* Johnny Depp!

fill us in!

Carmen Electra (star of *Starsky & Hutch*) is the girl every guy wants. We got her secrets for keeping cool around the opposite sex.

1. The coolest way to find out if a guy likes you is to:
ask him to lunch and see how he responds

2. The coolest thing about dating a *good* boy is:
that you can trust him.

3. The coolest thing about dating a *bad* boy is:
that when you break-up with him it's a relief.

4. The coolest way to get your boyfriend to open up is to:
take the first step, share something personal with him

5. The coolest way to get a guy to kiss you is to:
ask him if he likes your new shade of lip gloss.

PHOTOS: LOHAN, ANTHONY CUTAJAR/LONDON FEATURES; ELECTRA, 2003 WARNER BROS. ENTERTAINMENT INC. AND MIRAMAX FILM CORP.; GRACE, NINA PROMMER/GLOBE PHOTOS INC.; *BOOGIE NIGHTS*, ZUMA MOVIE STILLS LIBRARY/ZUMA PRESS; *THE ABYSS*, 20TH CENTURY FOX/THE KOBAL COLLECTION; *TERMINATOR 2: JUDGMENT DAY*, CAROLCO/THE KOBAL COLLECTION/ROSENTHAL, ZADE.

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GOTTA HAVE SWEET?

pssst...

MuSiC

will this song get me arrested?

Worried your MP3 of "Hey Ya!" will land you in court? Have no fear—CG! is here! By Lauren Brown

You hear a great song on MTV, so you hop on the computer, and two clicks later, you're at a "file sharing" service where you can download it—for free! Great, right? Well, maybe not. The Recording Industry Association of America (RIAA) says that you're actually *stealing*. The group claims that peer-to-peer sites (where you trade songs with others) are illegal since the musicians don't get paid royalties—and the RIAA is filing controversial lawsuits to shut them down. In the meantime, how can you be sure what's legal and what's not? While the lawyers and the lawmakers duke it out, here's what you need to know.

I have such a big wedgie—I'm afraid to get up!

cheat sheet

> **What could get you in trouble?** Uploading a copyrighted song to a computer server and making it available to the public without permission from the artist or the record label, or downloading a song from a peer-to-peer site.

> **What's the penalty?** You could get up to three years in jail and up to $250,000 in fines.

> **What's the big deal?** The RIAA claims that each year, the music industry loses approximately $4.2 billion to unauthorized music sharing.

cosmogirl.com survey says . . .

56%	OF CG!S PREFER DOWNLOADING MUSIC TO BUYING A CD AT THE RECORD STORE.
59%	OF CG!S SAY THAT THEY DOWNLOAD MUSIC OFF THE INTERNET AT LEAST ONCE A MONTH.
36%	OF CG!S SAY THAT THEY DOWNLOAD MUSIC BECAUSE IT SAVES THEM MONEY.

DOWNLOAD THIS!

> In an attempt to stop students from using unauthorized sites, Penn State University currently gives those living in residence halls free access to the recently relaunched (and legal) Napster.

> Go-Kart Records, a tiny punk rock label, protested the RIAA's decision to sue online file traders—the company gave away complete albums by some of its artists on its official site, **gokartrecords.com**.

> During orientation, students at the University of California, Berkeley, must attend a session on the penalties of file sharing before they're allowed to use their university e-mail.

> Look for the FBI's new logo on CDs, along with a warning against illegal file sharing.

BEST SITES

Here are our favorites, where you can *legally* download all the music you want!

	COMPUTER YOU NEED	THE COST	EXCLUSIVE DEALS OFFERED	THE MP3 PLAYER (OPTIONAL)
1. napster.com	PC with Windows XP/2000 only	99 cents per song	You can download unlimited songs for an extra $9.95 a month; it's 99 cents to save each one on a CD or an MP3 player.	The Samsung Napster digital audio player
2. itunes.com	Mac or Windows-based PC	99 cents per song	iTunes has playlists created by popular artists and offers live tracks that you can only get at the iTunes store.	The Apple iPod digital music player
3. musicdownloads.walmart.com	Most Windows-based PCs	88 cents per song	For just $9.44, you can download and save an entire album.	Any player compatible with Windows Media files

Want to review new music for CG!? We're accepting applications now for our brand-new music panel. Go to cosmogirl.com/musicpanel for details.

COSMOGIRL.COM/SHOUTOUT "To my sister Adrian for trying to make my next tennis season another success and for renewing my CosmoGIRL! subscription." —Ashley, 16, Browntown, WI

ILLUSTRATION, MARIA RAYMONSDOTTER.

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He might dump me.
He'll think I'm judging him.
But I care about him.
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courage
THE ANTI-DRUG.

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BoY-o-MeTeR

COSMOGIRL.COM/SHOUTOUT "This one is for my best friend, Lauren: Riding down your stairs is the funnest thing ever! Good luck on your butter sculpture." —Aimee, 17, Westfield, MA

dustin

SIGN: Leo
HEIGHT: 6'
WEIGHT: 174 lbs.
EYES: Green
HAIR: Black
HOW HE GOT HIS BOD: "I've been playing basketball my whole life."
HIS PERSONAL STYLE: "I don't like to call attention to myself. I'm grateful that I've been blessed with looks that get me noticed, so I stick to jeans and T-shirts."
HIS TYPE OF GIRL: "She *has* to get along with my mom and love kids. My three-word rule for girls? Just be nice."
TYPICAL DATE: "A nice Italian dinner and a walk near the water. That way, we're able to talk a lot."

Christina, 21, Manhasset, NY

FIRST GLANCE: "He seems trendy but casual."
TURN-ON: "He's got a hot, rugby player–like body and awesome eyebrows."
TURNOFF: "His hair: He should aim for Ryan on *The O.C.*—not Dylan on *90210*!"
I give him: 🔥🔥

Brandi, 17, Kennesaw, GA

FIRST GLANCE: "His hair is way too mohawk-y!"
TURN-ON: "Oh my gosh, those perfect Orlando Bloom lips! I just want to kiss them!"
TURNOFF: "His shirt's pretty cheesy. *Show* me you're fantastic, don't announce it."
I give him: 🔥🔥

Christina, 21, Baltimore, MD

FIRST GLANCE: "He's got a cute, boyish charm."
TURN-ON: "With those great arms, he seems like he'd give awesome hugs."
TURNOFF: "He looks too serious, like he's not having enough fun with life."
I give him: 🔥🔥

Melissa, 19, Brick, NJ

FIRST GLANCE: "Cute! He's like a sexy Jason Biggs."
TURN-ON: "He's working that tall, dark, *mysterious* thing that I love in guys!"
TURNOFF: "His eyes are amazing, but it looks like he's zoning out or lost in thought."
I give him: 🔥🔥🔥

RATING SYSTEM: ON A SCALE OF FIZZLE TO SIZZLE... 🔥 he's warm 🔥🔥 he's hot 🔥🔥🔥 he's on fire!

PHOTO, ERI MORITA. SITTINGS EDITOR, LISA WONG. GROOMING, GEORGE KYRIAKOS.

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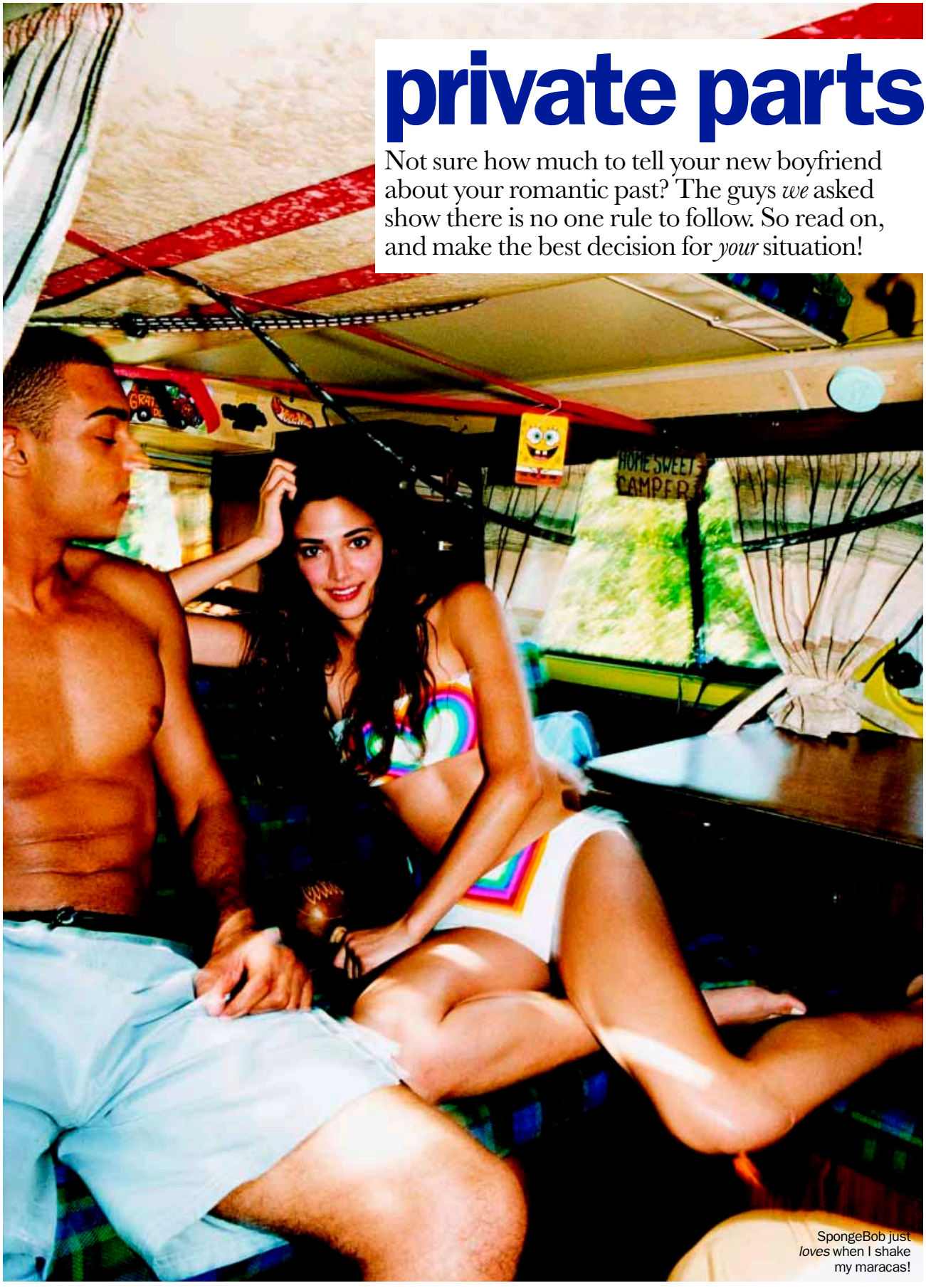
private parts

Not sure how much to tell your new boyfriend about your romantic past? The guys *we* asked show there is no one rule to follow. So read on, and make the best decision for *your* situation!



SpongeBob just *loves* when I shake my maracas!

COSMOGIRL.COM/SHOUTOUT "To my best friend, Sandra: You were there from when my mom got cancer to the day she died. THANK YOU and I LOVE YOU!" —Kayla, 16, Tuba City, AZ

PHOTO, SAYE. SITTINGS EDITOR, LISA WONG. HAIR, LIFE AT BLINK MANAGEMENT. MAKEUP, ADRIENNE LYTTON AT BLINK MANAGEMENT. TRUNKS, AMERICAN EAGLE OUTFITTERS; BIKINI, SALINAS.

WorldMags

to tell or not to tell...

Guys weigh in on what they want to know—and what to keep to yourself!

"I like to know *how many* guys a girl's made out with and who they are—but leave out the graphic details, like what specific stuff you did and where you did it."

—Hai, 22, Austin, TX

"Talking about your past too soon into a relationship could taint things and keep them from going further. So don't tell too much too soon—wait until you really know each other and won't make unfair judgments."

—Anthony, 19, Ridgefield, CT

"I want to know just the basics: if a girl's a virgin, if she's had any STDs, and if she's ever cheated. If she's cheated before, I think she'd do it again."

—Lanson, 19, Denham Springs, LA

"If there's a girl who I want to be my girlfriend, I ask about her past. It's a part of who she is, and knowing will help me understand her better."

—T.J., 20, Los Angeles, CA

"I don't want to know about a girl's past—it'll only make me worry that she's comparing me to some other dude."

—Josh, 20, Chicago, IL

"If a girl asks about a guy's past and expects an honest answer, she should be just as honest back."

—Andrew, 19, Ruston, LA

"A girl shouldn't talk about stuff she's done with other guys if she isn't willing to do that stuff with *me*."

—Andrew, 22, Austin, TX

"I want to know about ex-boyfriends—not one-night stands. And if there are any shady rumors I might hear from someone else, I'd rather hear it directly from *her* first."

—Luke, 21, Madison, WI

"I like to know how long ago her last relationship ended and who ended it, so I can tell if she might still have feelings for him."

—Darren, 20, Oradell, NJ

CG! TIP: When in doubt, mum's the word—if he's a keeper, there will always be time to spill secrets!

bite your tongue!

When it comes to your guy history, some things really are better left unsaid!

CHEAT DETECTOR

"This girl I was dating for four months started talking about her ex a lot—and in a lot of detail. I felt jealous, so I told myself she was just telling me because she felt close to me. Then she wound up cheating on me with him a few weeks later!"

—ADAM, 21, TORONTO, ONTARIO

MAKE-OUT MARATHON

"I was hanging out with a girl I thought I really liked, and she told me how she once made out with five guys throughout the course of a single day! I drove her straight home after she said that—it was just *way* too much information!"

—TAD, 21, BELMAR, NJ

DOUGH BOY?

"In the middle of making out with this girl, I hear, 'I just want you to know I have a yeast infection.' I know that's common, but it's one of those bodily functions that, especially if you're keeping the physical stuff tame, guys just don't need to know!"

—CURTIS, 19, WASHINGTON, D.C.

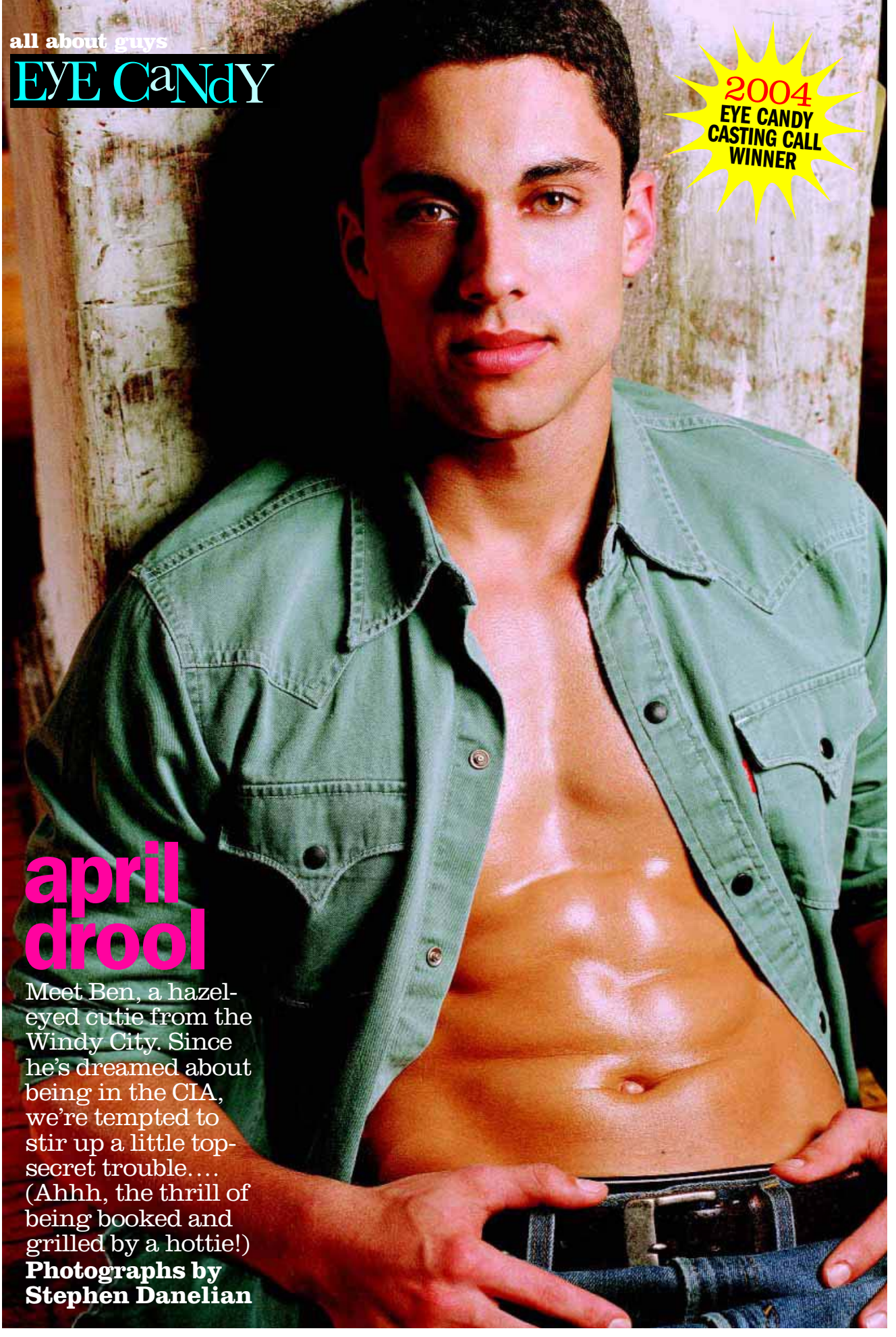
DADDY DEAREST

"On my second date with this girl, we were making out when she said, 'We didn't make out last time because my dad told me not to kiss on the first date.' It totally killed the mood—I just couldn't get the image of her dad out of my head."

—CORY, 20, BOISE, ID

WorldMags

EYE CANDY



2004 EYE CANDY CASTING CALL WINNER

april drool

Meet Ben, a hazel-eyed cutie from the Windy City. Since he's dreamed about being in the CIA, we're tempted to stir up a little top-secret trouble.... (Ahhh, the thrill of being booked and grilled by a hottie!)

Photographs by Stephen Danelian

COSMOGIRL.COM/SHOUTOUT "Hadley—you rock! You are extremely strong and one of the best people I know. I love you, gurlie!" —Hannah, 23, Woodinville, WA

FASHION DIRECTOR, JACQUELINE AZRIA-PALOMBO. GROOMING, GEORGE KYRIAKOS. THIS PAGE: SHIRT, LEVI'S; JEANS, GAP; BELT, GUESS? ACCESSORIES. CENTERFOLD: JEANS, GAP; BELT, GUESS? ACCESSORIES. INSET PHOTOS: GRAYTANK, CALVIN KLEIN UNDERWEAR.

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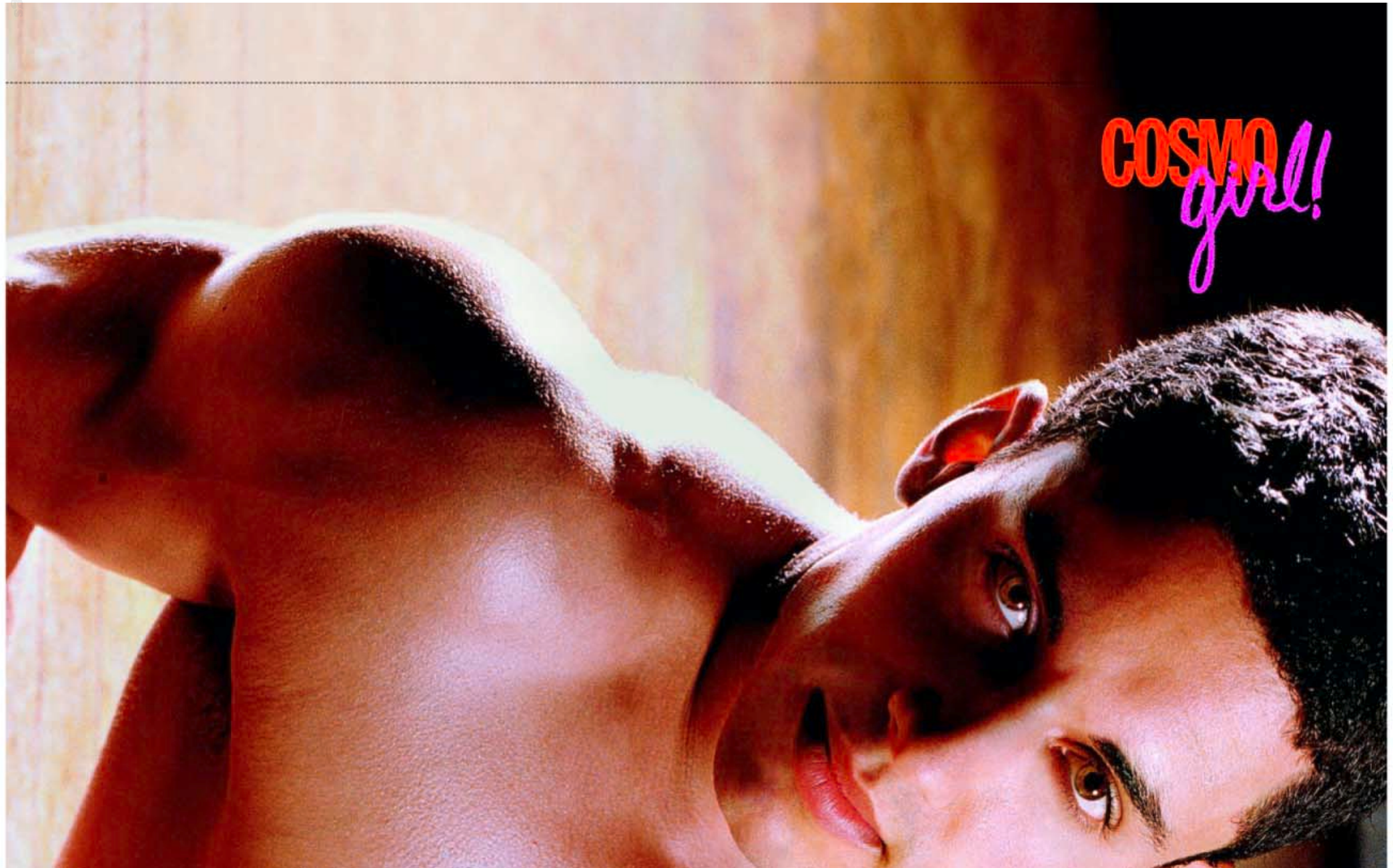

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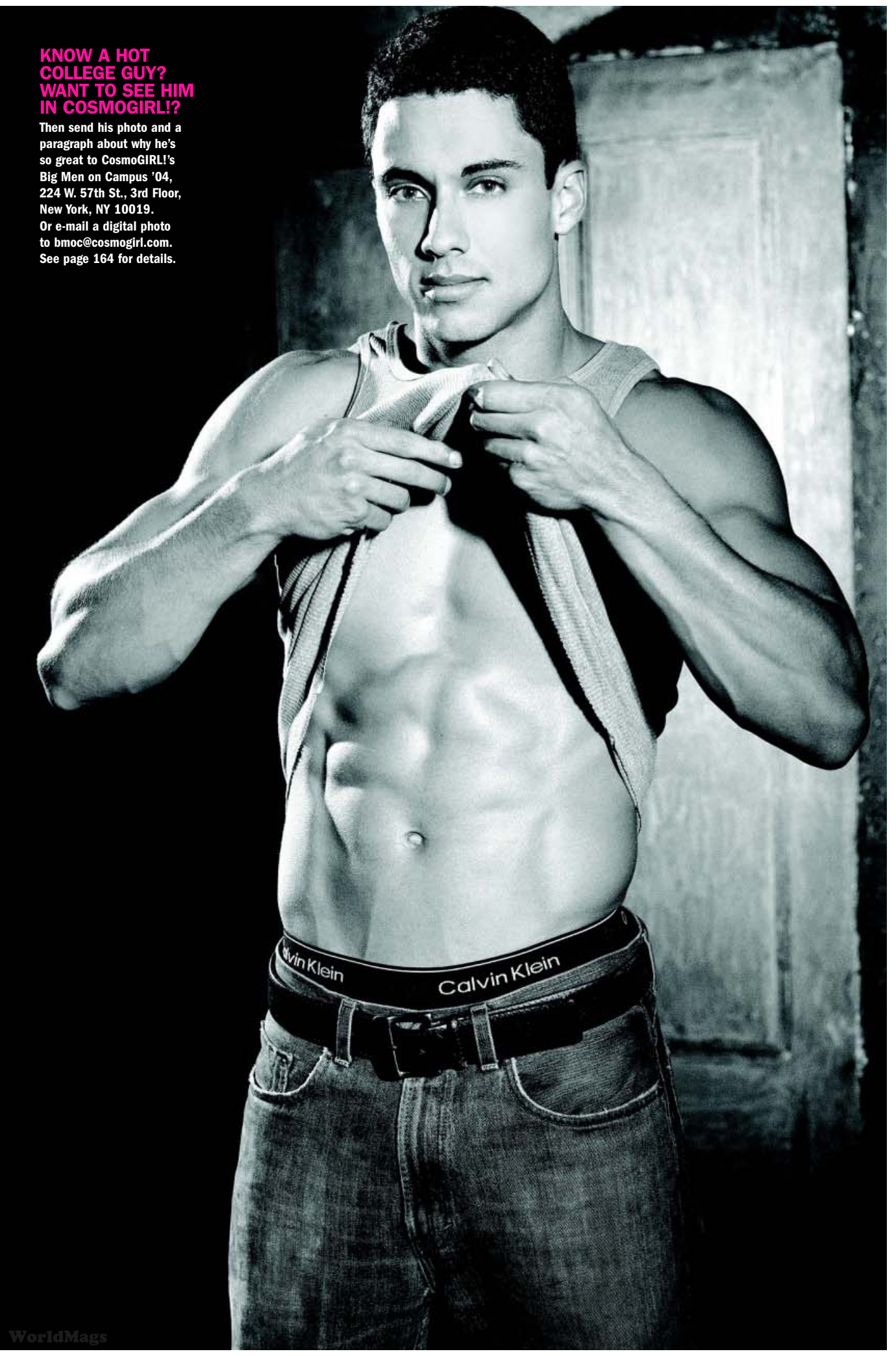


KNOW A HOT COLLEGE GUY? WANT TO SEE HIM IN COSMOGIRL!?

Then send his photo and a paragraph about why he's so great to CosmoGIRL!'s Big Men on Campus '04, 224 W. 57th St., 3rd Floor, New York, NY 10019. Or e-mail a digital photo to bmoc@cosmogirl.com. See page 164 for details.

WorldMags

all about Ben...

NAME: Ben Mostyn

HEIGHT: 6'

SIGN: Sagittarius

WEIGHT: 170

BIRTHDAY: 11/29/78

AGE AT FIRST LOVE: 15

BIRTHPLACE: Chicago, IL

AGE AT FIRST BROKEN HEART: 18

EYE COLOR: Hazel

FAVORITE SONG: "I Believe I Can Fly"

HAIR COLOR: Brown

FAVORITE MOVIE: Road Trip, Donnie Brasco

FAVORITE BOOK: The Hobbit & The Lord of the Rings Trilogy

FAVORITE PLACE IN THE WORLD: With friends (and with money in my pocket!)

TURN-ONS: Hazel or Green Eyes, Full and Soft Lips, Personality & wit.

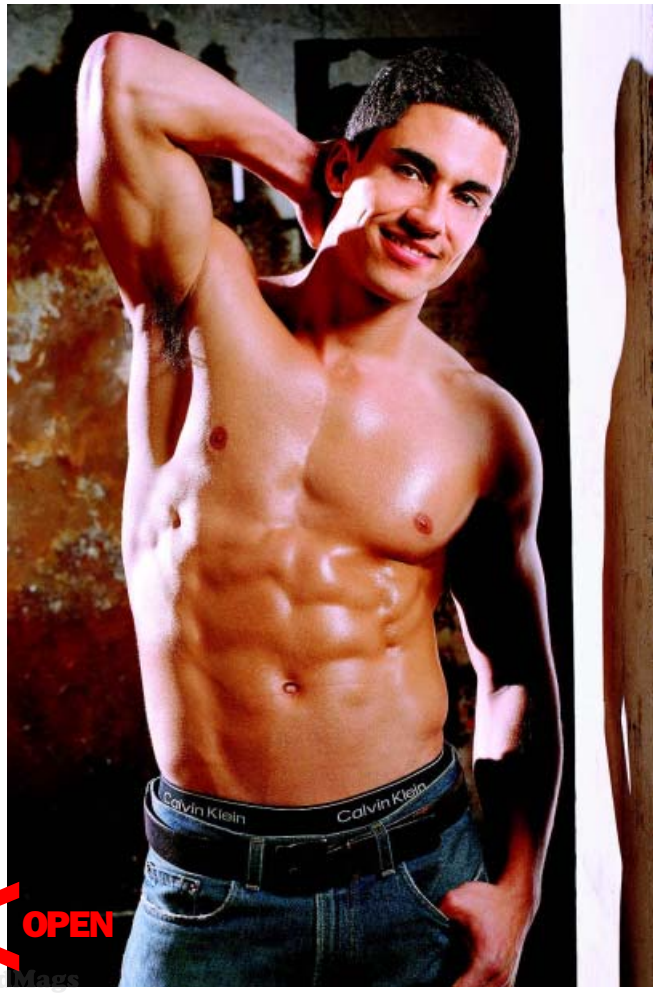
TURNOFFS: Rotten Attitude, Lack of Humor and Brains

LIFELONG DREAM: To Be Rich & Famous

THE LAST DREAM I HAD: I was Fighting, working as an Agent for the CIA.

IF I WERE AN ANIMAL, I'D BE: A Cheetah

PEOPLE SAY I LOOK LIKE: Ricky Martin, James Dean



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THE HIGHLIGHTS OF A TOTALLY ORGANIC EXPERIENCE.

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DrEsS Up/DoWn

shorts ahoy!

Who wears short shorts? *You* will when you see they can be casual *or* glam—but always cute!

Sweat socks with pom-pom trim, Puma, $6, puma.com

Grommet cuff watch, Dickies, $40, www.gadzooks.com

Tattoo-print ringer tee, Unionbay, $18, unionbay.com

Canvas tote bag, Roxy, $10, roxy.com

Red cotton zip-up bomber jacket, Levi's, $54, levi.com

SPORTY

Mesh sneakers with ribbon trim, Tommy Hilfiger, $45, 888-TOMMY-4-U

Drawstring cargo shorts, American Eagle Outfitters, $35, ae.com

WEAR SHORTS DIFFERENT WAYS!

CHIC

Wide satin sash belt, Echo, $28, at Macy's West

Beaded earrings, M. Haskell, $15, 212-764-3332

Studded cuff watch, Guess? Watches, $95, 800-39-GUESS

Tank top with metallic detail, Sisley, $38, 800-535-4491

Satin ballerina heels, Newport News, $20, 800-688-2830

Two-button corduroy blazer, Rampage, $54, rampage.com

COSMOGIRL.COM/SHOUTOUT "Just want to say, 'Hey!' to my bestest friend in the whole wide world, Amy. Thanks for making everyone laugh." —Cierra, 17, Industry, TX

STILL LIFES, CHRIS BARTLETT. RUNWAY PHOTOS, FIRSTVIEW.COM

WorldMags

GeT ReAl

best prom dress for your body

STEPHANIE, 15 Royal blue glitter halter dress, City Triangles, $78

KATIE, 16 (LEFT), LAUREN, 16 Ice blue satin halter gown, Zum Zum by Niki Livas, $158

NANDINI, 16 Pink jersey ruffle dress, De Laru by Sheila Yen, $160

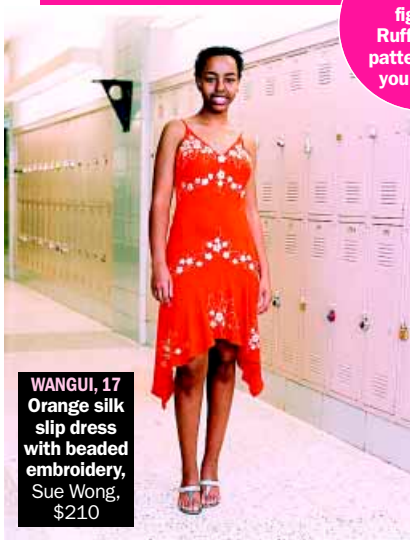
CG! TIP: Full figure? A structured dress will give you a clean line.

ANGELA, 17 Teal corset dress with black bows, Jessica McClintock, $148

ANNA, 16 Satin gown with caviar beading, Rampage, $100

MARSHA, 18 Ivory Grecian-inspired pleated slip dress, Sue Wong, $250

CG! TIP: Boyish figure? Ruffles and patterns give you shape.



WANGUI, 17 Orange silk slip dress with beaded embroidery, Sue Wong, $210

MAGGIE, 18 Strapless chiffon dress, Zum Zum by Niki Livas, $168

COURTNEY, 16 Red satin and rhinestone gown, Jump Apparel, $178

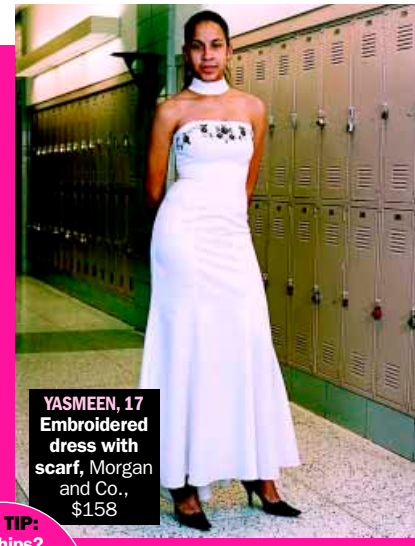
COSMOGIRL.COM/SHOUTOUT "To my best friend, Noelle: Seeing you go through the pain of quitting dancing and taking lupus treatments motivates me." —Jordan, 17, Sewell, NJ

PHOTOS, ERI MORITA. SITTINGS EDITOR, LISA WONG. PHOTOGRAPHED AT STUYVESANT HIGH SCHOOL, NYC.

WorldMags

Out there is a dress so perfect for your figure, it's like it was made just for you. Once you find it, you'll look so hot, you'll want to wear it *everywhere*. Formal bowling, anyone?

MELINA, 17 **Satin lace-up dress with handkerchief hem,** Scene, $130



YASMEEN, 17 **Embroidered dress with scarf,** Morgan and Co., $158

DANIELE, 17 **Embroidered slip dress with shawl,** Sue Wong, $297

CG! TIP: Full hips? An A-line dress emphasizes your waist and skims over your hips.

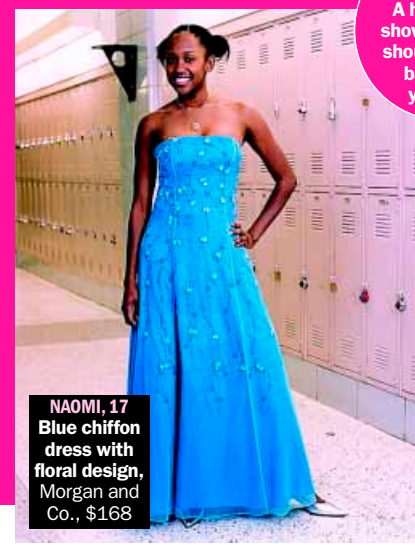
JOYCE, 18 **Cherry red beaded organza ball gown,** Scene, $165

JENNIE, 16 **Floral-print chiffon dress with sash,** Morgan and Co., $108

KRISHNA, 16 **Satin dress with rhinestone buckle,** Rampage, $100

CG! TIP: Got a full bust? A halter top shows off your shoulders and balances you out.

MARTHA, 15 **Purple silk beaded floating panel minidress,** Sue Wong, $230



NAOMI, 17 **Blue chiffon dress with floral design,** Morgan and Co., $168

BECKY, 15 **Chiffon halter dress with ruffle hem,** De Laru by Sheila Yen, $150

WANT TO SEE HOW *YOU* LOOK IN THESE DRESSES? **CALL 800-BUY-MACY FOR STORES.**

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COSMOGIRL! DIY

mock style

They say imitation is the highest form of flattery. Think these stars will be happy?

CHAIN T-SHIRT

YOU NEED: 1 black cotton crewneck T-shirt, 4½ yards thin silver chain ($3/yard at craft stores), scissors, a needle, black nylon thread ($2/spool at fabric stores)

1. Neatly cut off the collar and both sleeves of the tee.
2. Locate one side seam and measure out 2 inches from either side of it. From these marks, make two vertical lines with a ruler and chalk (to use as cutting guidelines) from armhole down, stopping 1 inch before bottom hem.
3. Cut both lines, and at the bottom, cut across right above the hem. The entire side of the shirt will now be open. Repeat on the other side.
4. With a double thread, sew one end of chain to one shoulder. Drape loosely across to other shoulder and stitch down. Repeat back and forth, draping and stitching. Continue almost to end of chain, leaving one length to dangle.

RUCHED TUBE DRESS

YOU NEED: 1 yard pink knit fabric ($5/yard at fabric stores), 3 yards ⅜-inch-wide elastic ($.75/yard at fabric stores), scissors, a needle, pink thread ($1/spool at fabric stores)

1. Wrap fabric around your bust (like a towel) and measure to fit you snugly. Add 16 inches to that number and then cut that length of fabric.
2. Cut bottom to a mid-thigh mini length.
3. Fold in half lengthwise (outside in) and stitch together to form a tube.
4. Cut three pieces of elastic, each the size of your bust measurement. Sew ends of each one together to form three bands.
5. Fold down one end of fabric ½ inch. Place one elastic band around the fold, then stich elastic down, pulling taut as you go.
6. Slip another band around tube, 2 inches below the first fold. Stitch. Repeat 2 more inches down with the third band.
7. Hem the bottom edge. Flip dress right side out. Now slip it on, and off you go!

SLOUCHY RIBBON BAG

YOU NEED: 2 yards black cotton fabric ($5/yard at fabric stores), 2 yards 1½-inch-wide satin ribbon ($2/yard at craft stores), scissors, a needle, black thread ($1/spool at fabric stores)

1. Cut two 30-by-13-inch squares of fabric. Lay both flat with outsides facing in. Stitch together on two 13-inch sides.
2. Loosely sew ½-inch stitches across one 30-inch side. Pull thread tight to gather fabric; knot. Repeat on other side. Create a bottom to the bag by machine-stitching the other 30-inch side shut.
3. Form a "waistband" on top of bag: Cut a 28-by-4-inch strip. Sew short ends together to make loop. Stitch ½-inch hem. Line up one side of loop with top open edge of bag. Pin loop to bag. Sew.
4. Flip right side out. Cut two 3-by-¼-inch strips. Stitch down on front of bag as belt loops. Cut a 1-by-24-inch strip. Sew ends inside top of the bag to form strap.
5. Thread ribbon though loops and tie.

Prices for materials are approximate. If you need more detailed instructions, e-mail fashion@cosmogirl.com. Put "April DIY" in the subject line.

COSMOGIRL.COM/SHOUTOUT "To Galy: I lost a friend, and you were there for me every step of the way." —Ashley 16, Montreal, Quebec

PHOTOS: GWEN, ROGER WONG/INF/STAR MAX; ASHLEY, BLANCO-SANCHEZ/X17AGENCY.COM; BEYONCÉ, DARREN BANKS/REX FEATURES; STILL LIFES, CHRIS BARTLETT.

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American Idol

TUESDAYS & WEDNESDAYS FOX

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STYLE BALLOT

win IT! Submit your ballot and you'll be entered to win a trip for two to NYC to attend a day at the fall fashion shows! See page 164 for details.

Vote in CosmoGIRL!'s 3rd Annual Kiss of Approval Fashion Awards!

Fill in all your fashion favorites below (please be descriptive!) or log on to **cosmogirl.com/fashionkissofapproval** to vote. Then check out CG!'s August 2004 issue to see the winners.

FAVORITE STORE _____

Tell us why you love it: _____

FAVORITE OVERALL BRAND _____

Tell us why you love it: _____

BEST SWEATER Brand: _____ Style: _____ Color: _____

Why it's the best: _____

BEST JACKET Brand: _____ Style: _____ Color: _____

Why it's the best: _____

BEST PANTS Brand: _____ Style: _____ Color: _____

Why they're the best: _____

BEST BRA Brand: _____ Style: _____ Color: _____

Why it's the best: _____

BEST UNDIES Brand: _____ Style: _____ Color: _____

Why they're the best: _____

BEST BOOTS Brand: _____ Style: _____ Color: _____

Why they're the best: _____

BEST BAG Brand: _____ Style: _____ Color: _____

Why it's the best: _____

BEST SNEAKERS Brand: _____ Style: _____ Color: _____

Why they're the best: _____

BEST JEANS Brand: _____ Style: _____ Color: _____

Why they're the best: _____

BEST T-SHIRT Brand: _____ Style: _____ Color: _____

Why it's the best: _____

TO SUBMIT YOUR BALLOT:

Send to CosmoGIRL! Fashion Kiss of Approval, 224 West 57th Street, 3rd Floor, New York, NY 10019 by April 19, 2004. (Only original ballots accepted—no photocopies.) Or go to **cosmogirl.com/fashionkissofapproval** to vote.

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COSMO girl! COMING NEXT MONTH

CosmoGIRL!'s MAY ISSUE ON SALE APRIL 20!

- The Beauty Issue: Hair, Skin, and Makeup Tricks!
- Your Most Private Sex Qs—Answered!
- How to Make Serious Money This Summer
- Find the Best Boyfriend: 4 Steps to Get the Guy You Want

PHOTO, GLYNNIS MCDARIS. HAIR, LISA RAQUEL FOR SEE MGMT. MAKEUP, JILLIAN CHAITIN FOR TARTE. FASHION DIRECTOR, JACQUELINE AZRIA-PALOMBO. ORANGE STRIPED HENLEY TEE, UNIONBAY, $20, UNIONBAY.COM; TANK, WARRIOR GIRL, $19, AT MANDEES; CAMO MINISKIRT, OLD NAVY, $17, 800-OLD-NAVY; YELLOW RAFIA COWBOY HAT, ACCESSORY STREET, $25, 800-221-8828.

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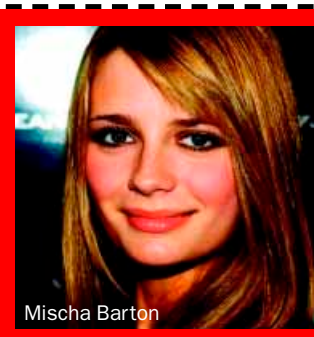
twin faces

These products have different price tags, but they all make you look hot! Check out the bargains first, but don't feel guilty if you decide to treat yourself to the deluxe versions!

cheaper

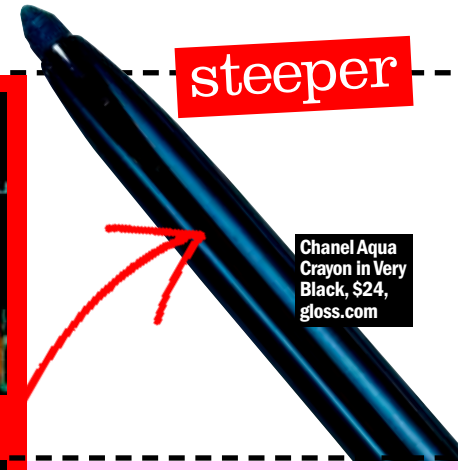
steeper

Wet 'n' Wild #651, $1, at drugstores



Mischa Barton

Use a blunt-tipped black liner to get this thick, smoky-eye look.



Chanel Aqua Crayon in Very Black, $24, gloss.com

N.Y.C. Eye Cube in Blue Follies, $2, at drugstores

Brittany Snow

Apply shadow along upper and lower lash lines with a wet brush.

Paul & Joe Facecolor Powder #26, $18, sephora.com

Cover Girl Continuous Color Lipstick in Classic Red, $5, at drugstores

Eve

Apply three coats of red lipstick. Don't blot—it should look *fierce*.

Dior Rouge lipstick in Indian Red, $22, sephora.com

Maybelline New York Brush Blush in Seashell Pink, $6, at drugstores

Lindsay Lohan

Use a little extra pink blush on nose and cheeks for a sexy, flushed look.

Yves Saint Laurent Variation #2 Pink Bloom, $38, Saks Fifth Avenue

COSMOGIRL.COM/SHOUTOUT "To my mom (who reads this magazine too): You are my hero, and I can't wait to see you!" —Katy, 17, Las Vegas, NV

STILL LIFES, MICHAEL KRAUS. BARTON, JEAN-PAUL AUSSENARD/WIREIMAGE.COM; SNOW, MIRSHEN/CELEBRITYPHOTO.COM; EVE, MATTHEW PEYTON/STRINGER/GETTY IMAGES; LOHAN, JEFFREY AYER/WIREIMAGE.COM.

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*Check TV listings for show times. © 2004 Viacom International Inc. All Rights Reserved.

WorldMag

MakeUp BaG

GOTTA have it

LANCÔME'S NEWEST SCENT, **ATTRACTION** ($50, LANCOME.COM), COMBINES PATCHOULI WITH IRIS FLOWERS FOR A SPICY 'N' SWEET FRAGRANCE THAT'S *SO* IRRESISTIBLE. IT MIGHT BE A BIT PRICEY, BUT IT'S WORTH IT—GUYS WILL BE TOTALLY DRAWN TO IT *AND* TO YOU, CHICKADEE!

Do I feel like having mac and cheese or a hot dog?

CosmoGIRL! dare

Mark Custom Pick Eyeshadow in Dragonfly, $4, meetmark.com

THE LOOK: PASTEL GREEN LIDS

WHY YOU WANT IT: It's springtime, baby—so lighten up! Trade in those dark, smoky lids and show Kermit that it *is* easy bein' green!

WHAT TO DO: Dust green eye shadow from your top lashes to your brows. Then add a second coat just along your top and bottom lash lines with a liner brush. Dab some shadow on your lashes, then swipe with clear mascara to set.

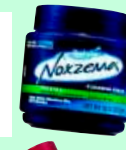
WANT TO BE A MAKEUP ARTIST?

Here's your chance to learn insider tricks from celebrity makeup pro Mally Roncal (Beyoncé Knowles's makeup artist)! Win Q-Tips's four-day trip for two to NYC (includes a $5,000 spending allowance) and watch her make celebs and models look beautiful at a one-day VIP event. Enter at **qtips.com**.

oldies but goodies

CosmoGIRL!s let you in on the tried-and-true beauty products they won't *ever* give up.

Noxzema Cleansing Cream
$4, at drugstores



"It's the classic zit remedy—I think I'll use my Noxzema jar till I'm 40!" —Tanisha, 19, Bronx, NY

Bonne Bell Lip Smackers
$2, at drugstores

"Dr. Pepper flavor leaves a natural red hue and tastes like the real thing." —Jessica, 18, Morgantown, WV

Vaseline Petroleum Jelly
$4, at drugstores

"It's great for everything from chapped lips to makeup removal." —Yudhisty, 22, Queens, NY

Johnson's Baby Lotion
$4, at drugstores

"It works great on my sensitive skin—I even use it to shave my legs!" —Tracy, 23, Des Moines, IA

COSMOGIRL.COM/SHOUTOUT "To my best friend, Gracie: We hated each other, but I'm glad that we can put that in the past to start a friendship." —Tasa, 17, New Braunfels, TX

COSMOGIRL! DARE: PHOTO, TORKIL GUDNASON; SITTINGS EDITOR, LISA WONG; MAKEUP, GIANPAULO FOR JUDY CASEY; TANK, HOUSE OF FIELD; STILL LIFE, SEBASTIAN GOLLINGS. ALL OTHER STILL LIFES, MICHAEL KRAUS. ILLUSTRATION, ANNA SKOOG.

WorldMags

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HoLy HaIr

atta curl!

The hottest look for spring is curly hair. We don't know about you, but that makes us feel kinda kinky!

THE INSPIRATION
Italian fashion house Missoni loves big, high-volume curls. Check out their sexy styles at **firstview.com.**

NATURAL

Comb a marshmallow-sized blob of volumizing mousse (try **Paul Mitchell Sculpting Foam,** $8, paulmitchell.com) through damp hair. Scrunch strands so they're slightly wavy, then use a diffuser to dry your hair. Pinch and roll any crunchy pieces between your fingers until they're slightly frizzy—yes, this time a little frizz is a *good* thing!

SPIRAL

Blow-dry hair straight, then split hair in half and clip up one side. Divide the loose side into ½-inch sections and mist them with light-hold hair spray. Roll each section onto a 1-inch-barrel curling iron (try **Revlon Perfect Heat Curling Iron,** $15, at drugstores). Hold the iron vertically so curls will hang that way. Unpin other side; repeat.

WAVY

Blow-dry hair straight, then make 10–20 ringlets that are 1–2 inches wide all over your head using spiral technique at left. Spray with a light-hold hair spray, then brush curls out. If curls look frizzy, use a dime-sized dab of smoothing serum (try **Pantene Pro-V Smooth & Shine Anti-Frizz Serum,** $6, at drugstores) to neaten them and add shine.

COSMOGIRL.COM/SHOUTOUT "To my best friend in the whole world, Michelle: Happy sweet 16 (March 26)! Girl, you are one of my best friends ever!" —Stephanie, 16, Hollister, FL

PHOTOS, JORDAN DONER. SITTINGS EDITOR, LISA WONG. HAIR, KAZUNORI AT ARTHOUSE FOR WARREN TRICOMI. MAKEUP, HECTOR SEMANCAS FOR ART DEPARTMENT. RUNWAY MODEL, FIRSTVIEW.COM.

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BEST IN FASHION

Can't wait for warmer weather? Neither can we! So here's a preview of the coolest looks from your favorite brands not to miss out on this season!

Make your move with **Vans** Checkerboard Slip-on, available at www.vans.com or by visiting your local Vans retailer.

Check out **Billabong's** cute Jaded heart-printed bikini with braid detailing!

Get your GLO on with Flame! It's the ultimate low-rise flare from **GLO Jeans.**

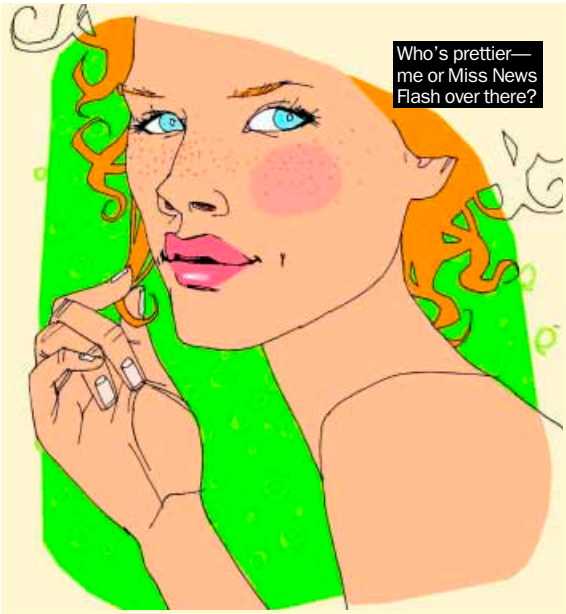
Don't miss this mini! **Jordache** 2-button wide waist mini-skort with envelope pockets; $12.97 at Wal-Mart.

Get set with **Dollhouse's** Candy Striped Halter Tunic and Vintage Pale Wash Low Rise Boot-Cut Jeans.

Meet Patricia, **Dollhouse Footwear's** sexy lace mesh sling—perfect for any occasion.

CAST YOUR KISS OF APPROVAL VOTES on page 88 or cosmogirl.com/fashionkissofapproval

HoLy HaIr



Who's prettier—me or Miss News Flash over there?

PINK GRAPEFRUIT STYLING GEL

½ cup warm water
1 tbsp. unflavored gelatin (at supermarkets)
½ cup pink grapefruit juice
1 tsp. glycerine (at drugstores)

Combine warm water and gelatin in a bowl. Stir until gelatin dissolves. Add grapefruit juice and glycerine. Mix and refrigerate until solid (about two hours). Remove from fridge and stir. Work a dime-sized amount through damp hair for a light hold.

NEWS flash

THE LOOK: BED HEAD

WHY YOU WANT IT: This messy, sexy look tells people you woke up looking hot. (You did!)

WHAT TO DO: Apply a dime-sized amount of pomade (try **KMS Hair Play Molding Paste**, $13, kmshaircare.com) to damp hair. Loosely twist six sections of hair from roots to ends, then loop each one around two fingers to make a curl. Bobby-pin to head and let hair air-dry (if it takes longer than 45 minutes, blast it with a dryer). Unpin, tousle hair—and go!

BRUSH UP!

Want to style your hair like these stars? Celebrity hairdresser Nathaniel Hawkins reveals which brushes you'll need to do it!

back-combing

Alicia Silverstone

TRY: Goody Brush, $3, at drugstores
This brush is great (and gentle) for teasing all hair types. To style, blow-dry hair, then separate top section from bottom (like Alicia's). Use brush to tease roots of top section, then clip back.

vent

Natalie Portman

TRY: Scünci Brush, $6, at drugstores
This one dries hair quickly with less heat damage since moisture escapes through its back. For a sleek bob, use it to dry hair straight, and then smooth out any frizzies with a flat iron.

round

Jennifer Lopez

TRY: Conair Ion Shine Brush, $5, at drugstores
A 1-inch round brush puts tension on hair at roots to get a super-straight blow-out. To make your ends curl up, roll brush upward as you blow-dry those bottom sections of hair.

COSMOGIRL.COM/SHOUTOUT "Hey, Haleigh! I'm goin' to miss U, and without U I won't have fun times! Hopefully, U get to be a leader WITH me!" —Tuyet, 19, Houston, TX

NEWS FLASH: PHOTO, CAL SUNDAY; SITTINGS EDITOR, LISA WONG; HAIR AND MAKEUP, NACKIE WING FOR BLINK MANAGEMENT; EXPERT, NACKIE WING. BRUSH UP: STILL LIFES, MICHAEL KRAUS; SILVERSTONE, MICHAEL WILLIAMS/LFI; PORTMAN, CHRIS WEEKS/FILMMAGIC.COM; LOPEZ, KEVIN MAZUR/WIREIMAGE.COM. PINK GRAPEFRUIT STYLING GEL: ILLUSTRATION, ANNA SKOOG; SOURCE, *NATURAL BEAUTY AT HOME* BY JANICE COX (HENRY HOLT, 1995).

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where the beach >>>>>>>>>> meets the street >>>>>>>>>>

where the beach >>>>>>>>>> meets the street >>>>>>>>>>

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AsK ThE EXPeRt

CG! has simple solutions to fix your problem fast. By Emily Kate Warren

brace yourself

Q I need braces but couldn't afford them when I was younger. At 17, am I too old to get them now?

—Miranda, 17, Palm Beach, CA

A No way, baby! You're never too old for braces. Think about it this way: Tom Cruise recently had them—and he was pushing 40! Most people get braces when they're younger just to get it over with. But since you *are* older, you'll probably be better at following the orthodontist's orders, so your teeth will turn out great. Still, you should see an orthodontist on your dental insurance plan for a consultation (have your mom or dad call your insurance company to find a good one) so she can analyze your teeth and lay out your options (there are new clear appliance trays and porcelain brackets—both are less noticeable than some of the older options). She may even tell you that you don't need braces at all! Prices vary for different types of braces, depending on your insurance coverage, so talk dollar amounts during your visit—and get a second opinion just to make sure you're doing what's best for you.

slick it

Q How do I get rid of my awful cowlick?

—Carrie, 17, Cincinnati, OH

A A cowlick is a section of hair that sticks up and grows in the opposite direction of the rest of your hair. You can't permanently get rid of it because your hair will always grow that way—in a pattern that's not perfect. But you *can* tame it by having it chemically relaxed at a salon. The stylist will straighten the cowlick so it lies flat on your head. Strategic relaxing is less expensive than allover treatment ($50 and up, as opposed to $200 and up), and you'll only need touch-ups twice a year. Too extreme? Try combing wet hair so your cowlick lies flat (in *its* opposite direction). Then work a dime-sized blob of strong-hold gel (try **L.A. Looks Wet Look X-Treme Hold Styling Gel,** $3, at drugstores) through the area to weigh it down. Use a flat brush to brush it in the same direction as you combed it while it was wet—and blow out until all of your hair is dry. Ciao, cowlick! *Moo-hoo!*

see spot hide

Q How can I hide my freckles without using a ton of makeup?

—Heather, 20, Roscoe, IL

A Start by preventing your freckles from getting darker or multiplying: Wear sunblock of at least SPF 15 under your makeup every day (try **Neutrogena Healthy Skin SPF 15,** $11, at drugstores). Then conceal your freckles by using a highly pigmented, lightweight liquid foundation (try **Cover Girl TruBlend Makeup,** $9, at drugstores). Choose a color that's very close to or just slightly darker than your skin tone so it will completely cover your spots. Blend one layer of foundation all over your face—from your hair to your jaw line—with a sponge. Then dust on a layer of translucent loose powder to set your foundation. But just because you now know how to hide your freckles doesn't mean you *should* hide them. Even if you don't see it, freckles do add a special something to your look—just ask Lindsay Lohan. So every once in a while, consider letting your true beauty shine!

VOTE FOR YOUR FAVORITE FRAGRANCE!

The Fragrance Foundation wants *you!* For the first time ever, there will be a CG! Readers' Choice Award at the FiFi Awards on June 9 in NYC (they're like the Oscars for perfume!). So log on to cosmogirl.com/fifi to cast your vote for your favorite girls' and guys' fragrances!

COSMOGIRL.COM/SHOUTOUT "To my best friend, Tracy: Thank you so much for helping me through a painful year with my first heartbreak." —Courtney, 16, Flushing, MI

ILLUSTRATION, MARIE PERRON. BRACE YOURSELF: EXPERT, JAIMEÉ MORGAN, D.D.S. SLICK IT: EXPERT, KIM LÉPINE, OWNER OF LÉPINE NEW YORK SALON. SEE SPOT HIDE: EXPERT, LEA SIEGEL, MAKEUP ARTIST, NYC.

WorldMags

billabong
billabonggirls.com

veggin' out

Are you vegetarian—or seriously considering dropping meat cold turkey? Well, here's what you need to know. By Elizabeth Kuster

Don't worry—we're not choosing sides in the meat eaters vs. vegetarians SmackDown! Truth is, both diets can be healthy—and both can be pretty *unhealthy* too. (After all, cheese fries are vegetarian!) But if any of you CosmoGIRL!s out there are thinking of going veggie, we just want you to do it the *right* way. Lettuce explain....

Mr. Sandwich says, "Eat me!" (Must be from the Bronx.)

GET WHAT YOU NEED, GIRL!

When you take meat out of your diet, you risk getting too little of certain vital nutrients. Here are the five biggies to focus on—and meatless ways to get them.

NUTRIENT	GET IT FROM	KNOW THIS
protein	brown rice and beans, soy, eggs, dairy, nuts	Muscles, organs, antibodies (infection fighters), and hemoglobin (which oxygenates the body) are made of protein.
iron	fortified grains and cereals, dark, leafy greens, beans, peas	You lose iron during your period. If you don't replace it, you may become anemic (read: You'll feel tired).
calcium	dark, leafy greens, fortified foods, dairy	Calcium is crucial to building bone mass; your body deposits it into its permanent bone bank through your early thirties.
zinc	beans, nuts, whole grains, seeds, wheat germ	Zinc works hand-in-hand with iron; your body uses it to heal wounds and repair muscles and tissue. (Think: clear skin!)
vitamin B_{12}	fortified foods, eggs, dairy	Your body needs B_{12} for red blood cells and a healthy central nervous system (read: efficient muscle movement).

lacto-*whato*?

There are four kinds of vegetarians (and just so you know, if you eat fish, you aren't any of them). Here's the scoop:

lacto-ovo vegetarians only eat plant foods, plus eggs and dairy (milk, cheese, butter, and yogurt). Because it's the least restrictive classification, the only nutrient you need to worry about getting too little of is iron.

lacto vegetarians only eat plant foods and dairy. Primary concerns: iron and protein. Get at least two to three servings of protein daily.

ovo vegetarians only eat plant foods and eggs. Primary concerns: iron, calcium, vitamin D. If they're not in your diet, take supplements!

vegans only eat plant foods. Because this is the most restrictive classification, you need to worry about all of the above, plus vitamin B_{12}.

herbivore health

- Use a cast-iron skillet—more iron will get into your food.
- Snack wisely. Lacto-ovos (the most common type) should think EAT (egg, apple, thirst quencher) and/or ACT (apple, cheese, thirst quencher).
- Drop meat gradually. Start by being lacto-ovo just a few days a week, then cut out red meat completely, then cut out pork and poultry, and finally, cut out fish.
- Get informed. Visit **vrg.org** for recipes and info, and consult a registered dietitian before giving up meat.

STILL LIFE, MATTHEW KLEIN. EXPERTS: KEITH AYOOB, SPOKESPERSON FOR THE AMERICAN DIETETIC ASSOCIATION; CYNTHIA SASS, M.PH., M.A., R.D.; JOY BAUER, M.A., R.D., NYC NUTRITIONIST AND AUTHOR OF *COOKING WITH JOY* (ST. MARTIN'S PRESS, 2004). SEE JOYBAUERNUTRITION.COM FOR MORE INFO.

COSMOGIRL.COM/SHOUTOUT "To my best friend, Alexandra, for having my back with EVERYTHING that's happened. Can't wait till our trip to Cancún!" —Kathy, 23, Cincinnati, OH

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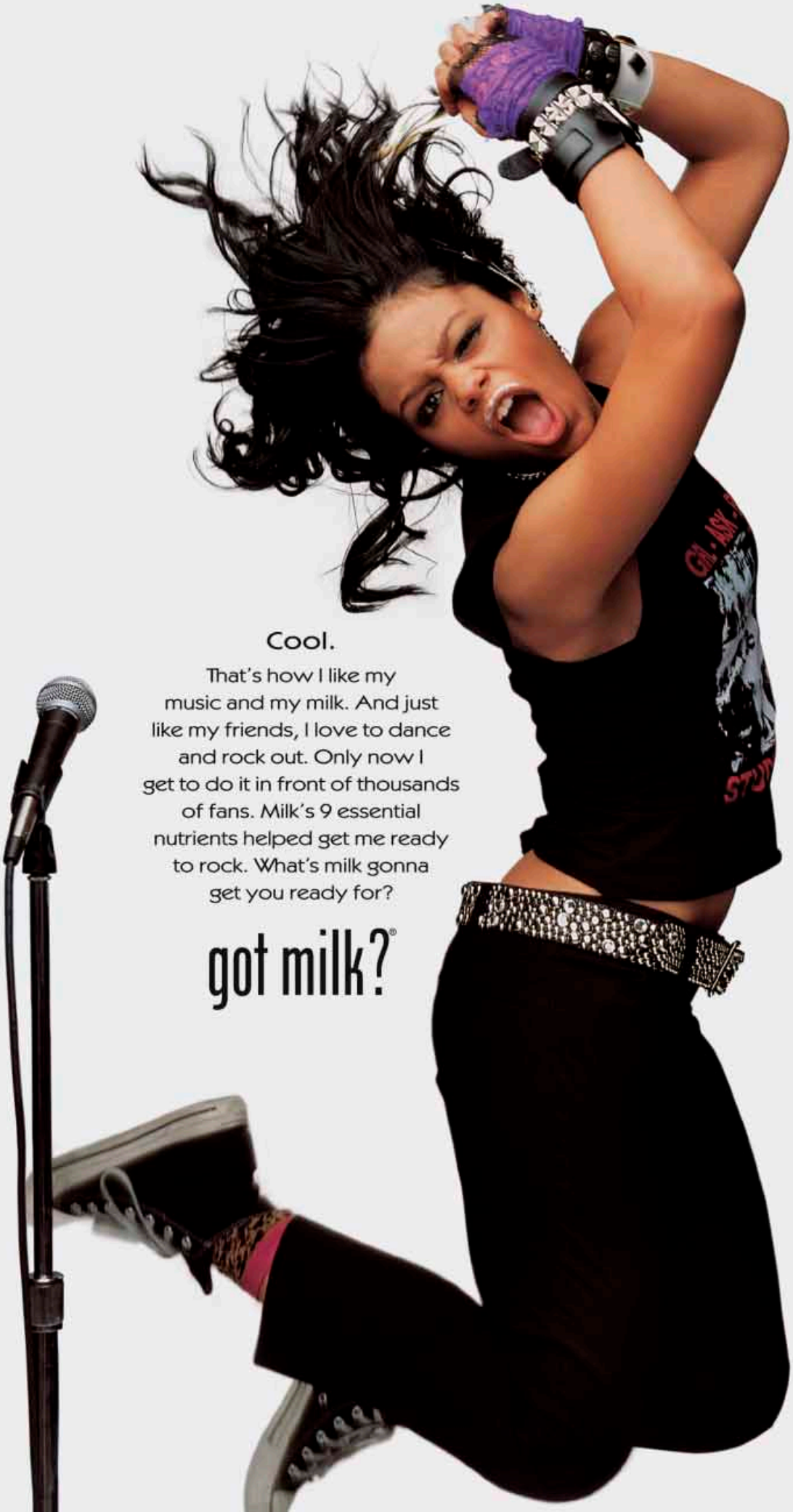
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3

hard-core workout!

Who says punk's just for moshing? Crank up the music and do these heart-pumping, muscle-toning moves for a great body! By Kristen Oldham

Certified aerobics instructors Maura Jasper and Hilken Mancini created punk rock aerobics to save themselves—and you—from all of the lame, boring workouts out there. To get started, grab two 3–5-pound objects you can comfortably use as weights (try 2-liter bottles filled with water). Then warm up with 10 minutes of dancing or running in place to your favorite punk CD (or use our editors' picks, at right). Do this workout three to five days a week for a strong—and vicious—body.

PUNK LEGENDS TO MOVE TO:

The Ramones
Ramones Mania

Blink-182
Blink-182

AIR GUITAR

Works: your heart

STEP 1: > Stand with feet a little wider than hip-distance apart with left foot turned out to a 45-degree angle and left knee slightly bent. Keep your right leg straight. > Bring your left arm straight out to your side with your hand in a fist.

STEP 2: > The next two steps should be done in a fluid motion. Swing your right arm forward in a circular motion; it should meet your left arm and continue around to make a circle. > As you do this with your arms, kick your right leg across your left (on an angle) so it's even with your left arm.

STEP 3: > Bend and lift your right knee until your heel lines up with your left knee and jump up and down on your left leg. > Keep swinging your arm in a circle (like you're a rock star shredding a guitar!). > Repeat on the right (right leg bent, right arm out to the side). Do this for one minute on each side to the music's beat.

1

2

COSMOGIRL.COM/SHOUTOUT "Tracy, my true love, I didn't mean to hurt U—you're my best friend! I'm lost without you, buddy." —Staisha, 16, Geneva, NY

PHOTOS, ERI MORITA. HAIR AND MAKEUP KATIE WEDLUND. BLACK ROCKER TEE, JONNY ROCK. RED SHORTS, AMERICAN APPAREL. SNEAKERS, ASICS. BLACK WRISTBAND ON LEFT HAND, MY TEE. OTHER WRISTBAND, AMICI ACCESSORIES.

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IRON MAN

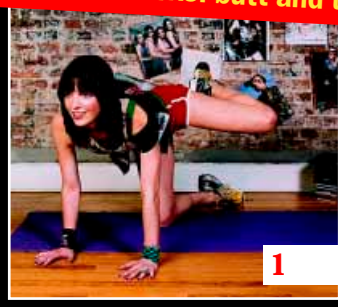
Works: arms, chest, back

STEP 1: > Hold one weight vertically in each hand so palms face forward; stand with feet shoulder-width apart and knees slightly bent. > Bring arms out to your sides and bend them into a solid L shape (like you're showing off your insane bicep muscles!).

STEP 2: > Hold your abs in tight as you move your arms toward each other, in front of your face. Your forearms should be parallel. > Don't drop your arms between steps 1 and 2. > Try 10 reps of step 2. Do six sets, resting arms at your sides for a few seconds between each set.

FIRE HYDRANTS

Works: butt and thighs

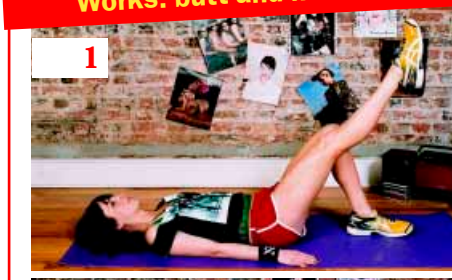


STEP 1: > Get down on all fours with your head up and your focus forward. > Keeping your left knee bent (see photo), lift your left leg out to the side in a 90-degree angle (or as high as you can).

STEP 2: > Now extend and straighten your left leg so your toes are pointed and straight out to the side. > Then bend your knee again and return to starting position. > Repeat slowly 10–12 times on each leg. Try three sets of these kicks. > For the best workout, your butt and thigh muscles should be burning (yup!) at the end of each set.

MOVING UNIT

Works: butt and hamstrings



STEP 1: > Lie on your back with knees bent and arms resting at your sides, palms down. > Straighten your right leg up toward the ceiling so it's in line with your left knee.

STEP 2: > Press your shoulders and upper back into the floor as you squeeze your butt and lift your hips off the floor; hold. > Keep leg extended and abs tight throughout the move. > Don't use your arms to help lift your body weight—just your leg and butt muscles. > Slowly release your butt back down to the floor. Do 10 of these lifts. Repeat with left leg lifted, right foot on the floor. Try three sets of 10 on each side, resting in between.

GUT BUSTER

Works: abs

STEP 1: > Lie on your back with your arms at your sides, palms facing down. > Lift your legs, with knees bent in a 90-degree angle. > Your focus should be on the ceiling.

STEP 2: > Keeping your lower back pressed to the floor, slowly straighten your left leg and lower it so that it *almost* touches the floor. > Don't use your arms to make it easier. > Hold for one count and return to starting position. Repeat on the right leg immediately. > Try three sets of 20 switches, alternating fluidly from right to left.

GET THE BOOK:

For other moves like these, check out Punk Rock Aerobics *by Maura Jasper and Hilken Mancini, $18, punkrockaerobics.com.*

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THROW A PARTY

As you invite the guests, tell them they have a $10 limit to use however they want—to buy a game, create a photo album, make some punch.... Creativity is key! Use *your* $10 to decorate for the bash! Your friend will get a "surprise" party as unique as she is. **Total cost: $10 a guest**

$10 b-day challenge

Treat your friend like a queen, even if your funds are less than royal! By Lauren A. Greene

MAKE HER A FRIENDSHIP PIE

Here's how you can show your friend just how sweet she is!

1 cup granulated sugar
2 tbsp. all-purpose flour
1 stick unsalted butter
3 eggs
1 tsp. vanilla extract
1 cup whole milk
1 cup coconut flakes
1 9-inch frozen pie crust

For chocolate topping:
¼ cup heavy cream
½ cup semisweet chocolate chips, finely chopped
½ cup caramel sauce
¼ cup coconut flakes, toasted until golden

Makes 8 servings

INSTRUCTIONS:

Preheat oven to 300 degrees. Mix sugar with flour. Beat in softened butter and eggs at medium-high speed till fully mixed. Mix in vanilla and milk until well combined. Stir in coconut. Pour batter into pie crust. Bake one hour at 300 degrees. It should be slightly jiggly in the center; if it is throughout, cook at 5-minute intervals until done. Let it cool completely. To prepare glaze topping, heat cream over medium-low heat about 2 minutes until steaming but not boiling. Put chocolate chips in a bowl and pour cream over them. Let sit 2 minutes, then whisk together until well blended (chips will melt). Let cool 5 minutes. Carefully pour chocolate glaze on top of pie. Let cool 5 minutes. Drizzle caramel on top, then sprinkle coconut flakes all over. **Total cost: about $8**

GIVE HER A BIG HUG

Wrap a small box in pretty paper (top and bottom separately, so it can be opened without tearing the paper). Tie it with a ribbon and tuck a silk flower under the bow. Write a note to your friend that says, "I wrapped up a hug for you inside this box—open it anytime you need one!" Deliver it with a *real* hug and watch her get teary-eyed. **Total cost: about $8**

GRANT HER WISH

What does your friend always say she wants to do but never gets around to doing? (Does she want to highlight her hair? Is her closet in need of an overhaul?) Well, make it happen for her big day. Buy hair dye and be her stylist, or bring boxes and get her organized. She'll never forget how you knew just what she needed! **Total cost: about $10 for supplies**

Special thanks to Cakes by Jennifer for the pie recipe. Check out cakesbyjennifer.com for more ideas.

COSMOGIRL.COM/SHOUTOUT "Waszup to mai fwenz Bee, Noe, and Tee out in Hawaii! Keep havin' fun shakin' dat a**!" —Roxy, 18, Waianae, HI

ILLUSTRATION, JOHN JAY.

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Flat Out Fun

Set the trends not follow them with Styli-Style's Flat pencil, the newest and coolest way to line or shade eyes and lips. It's two pencils in one, a lip liner and lipstick, or eyeliner and eyeshadow. Simply use the flat edge for a thin, precise line, then hold it the other way for a thicker, more dramatic effect. With Styli-Style you're in control! Flat pencils and special sharpener are available at CVS, Duane Reade and fine Beauty Supply stores or www.styli-style.com.

Must-Have Mint Masque

Get your skin in mint condition with Queen Helene's Mint Julep Masque. The refreshing treatment not only dries up acne blemishes, but rinses away those nasty blackheads right from the pores! Available in drugstores and supermarkets everywhere. For a store near you call 1-800-645-3752 or visit www.queenhelene.com.

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YoU'vE GoT MaLe

Ahhh…aren't picnics grand?!

COSMOGIRL.COM/SHOUTOUT "To Meg and Elizabeth: Happy SAT and ACT test-taking!" —Michelle, 16, Chicago, IL

why guy friends rock

It's about *more* than just their cool tees, you know! By Michael Monsour, Ph.D.

Who says friendships between guys and girls don't work? Not CosmoGIRL!s! You've been telling us all about your amazing guy friends—and why they're such a big part of your lives. That's why we're dedicating this new column to you and that special-in-a-nonromantic-way guy (or guys!) you hang around with. And to get things started, let's go right to the heart of the matter and take a look at why these relationships are so special and—let's be honest here—*useful!*

he stands up and stands in

The big picture:
A guy friend is like a boyfriend—*without* complications or emotional risk. You get all the fun of hanging out with a guy, but you don't have to stress about whether he'll call, if he's flirting with other girls, or any of the physical stuff.

The fine print:
When you're between boyfriends, your guy friend can perform boyfriend duties like taking you to prom and getting rid of annoying guys. Yay!

he gives you the scoop

The big picture:
Your guy friend may not know how *all* guys think, but when you need advice, it's awesome to have firsthand access to how a guy's mind works. He can give you a perspective that even your most guy-smart girlfriends never could.

The fine print:
Pay attention to the way your guy friend acts in his romantic relationships. Then use that insider information to your advantage in yours!

he likes to play

The big picture:
Okay, maybe your girlfriends *do* love to play Vice City or whack golf balls. But if they don't and you do, guy-friend time is the perfect opportunity to do the things you don't get to do often enough—or at all—with anyone else in your life.

The fine print:
Your guy friend has a way of opening your eyes to experiences you may never have thought to explore on your own. (And you open his eyes too!)

he tells it like it is

The big picture:
It's proven: Guys just don't sugarcoat what they say like a lot of girls do. So, for better or worse, your guy friend tells you what he thinks bluntly and straight up—without worrying about how you're going to take it.

The fine print:
Because his opinion is from the gut, you can *trust* it. So you know that when he says you're the smartest, coolest girl he knows, he *means* it!

Michael Monsour, Ph.D., is a professor of communications at the University of Colorado at Denver and the author of Women and Men as Friends: Relationships Across the Life Span in the 21st Century *(Lawrence Erlbaum Associates, 2002).*

PHOTO, SAYE. SITTINGS EDITOR, LISA WONG. HAIR, LIFE AT BLINK MANAGEMENT. MAKEUP, ADRIENNE LYTTON AT BLINK MANAGEMENT. CLOCKWISE, FROM LEFT: BROWN TEE, FIVE CROWN; BLUE TANK, SPLIT; YELLOW TEE, AMERICAN EAGLE OUTFITTERS, NAVY LONG-SLEEVED SHIRT (UNDERNEATH), LEVI'S; ORANGE TEE, FIVE CROWN; BLUE TEE, FIVE CROWN.

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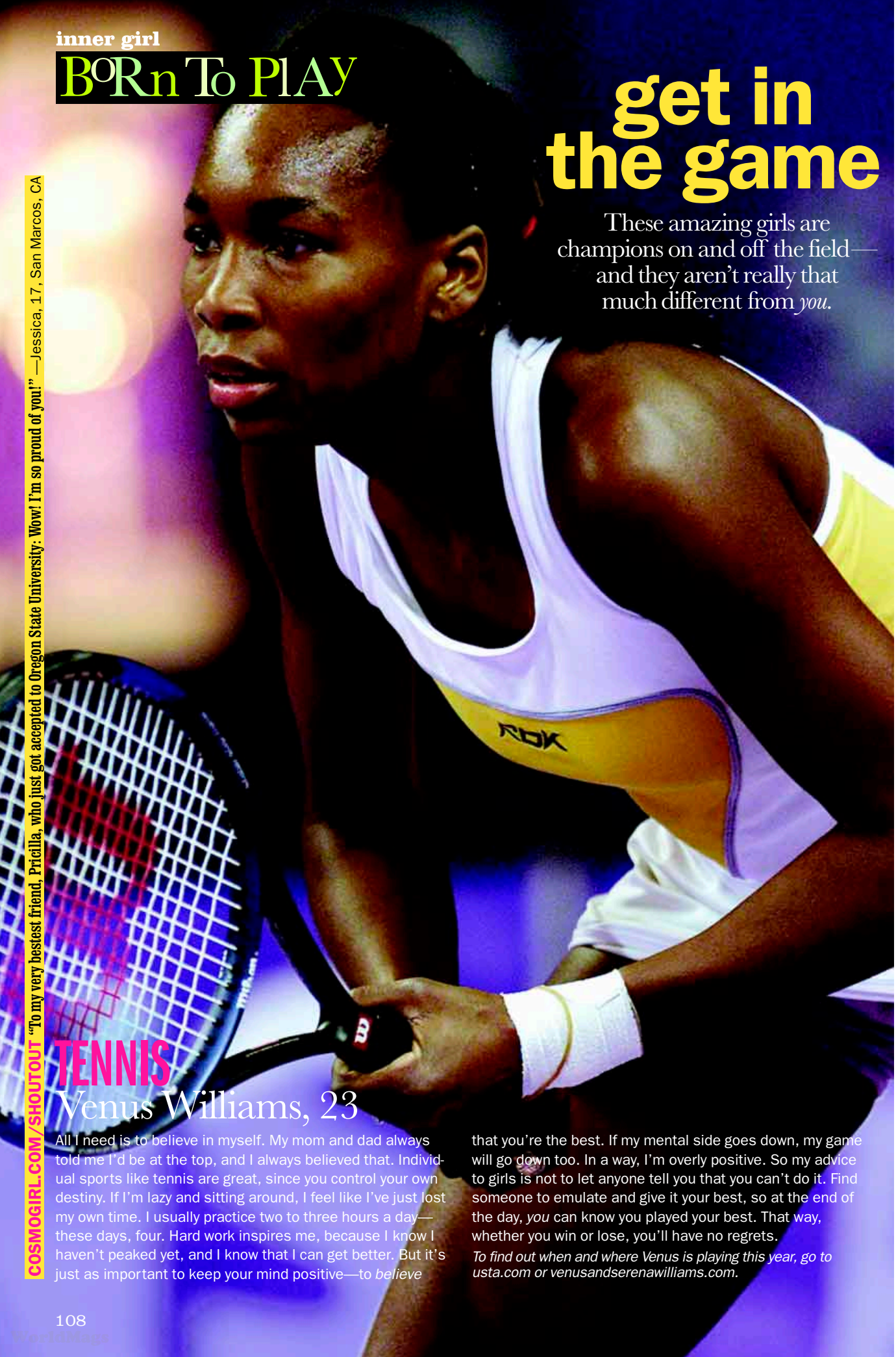
get in the game

These amazing girls are champions on and off the field—and they aren't really that much different from *you*.



COSMOGIRL.COM/SHOUTOUT "To my very bestest friend, Pricilla, who just got accepted to Oregon State University: Wow! I'm so proud of you!" —Jessica, 17, San Marcos, CA

TENNIS

Venus Williams, 23

All I need is to believe in myself. My mom and dad always told me I'd be at the top, and I always believed that. Individual sports like tennis are great, since you control your own destiny. If I'm lazy and sitting around, I feel like I've just lost my own time. I usually practice two to three hours a day—these days, four. Hard work inspires me, because I know I haven't peaked yet, and I know that I can get better. But it's just as important to keep your mind positive—to *believe* that you're the best. If my mental side goes down, my game will go down too. In a way, I'm overly positive. So my advice to girls is not to let anyone tell you that you can't do it. Find someone to emulate and give it your best, so at the end of the day, *you* can know you played your best. That way, whether you win or lose, you'll have no regrets.

To find out when and where Venus is playing this year, go to usta.com or venusandserenawilliams.com.

PHOTO, AP PHOTO/YVES LOGGHE.

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BMX

Kim Hayashi, 18

Hometown: Chandler, AZ

Claim to fame: 2003 National Bicycle League girls' champion; ranked fourth in U.S. by American Bicycle Association

"My long-term goal is to improve girls' racing. When I started, there wasn't a girl to help me. I was surrounded by boys—and boys were considered cool, and girls were lame. I want to make it so girls get the same respect. Now I meet the amateur girls and really cheer them on—we're in it together!"

To check out a BMX event, go to ababmx.com or nbl.org.

SAILING

Paige Railey, 16

Hometown: Clearwater, FL

Claim to fame: 2001 and 2002 U.S. Sailing Female Athlete of the Year

"When I was very sick last fall, I was off the water for so long that I lost sight of why I was even in the sport. But I didn't want to let go of my Olympic dreams just because I was in a slump. So I motivated myself by remembering what it felt like to win—and now I'm going for it. Don't let anything—including yourself—hold you back!"

For information on sailing races, go to ussailing.org.

SNOWBOARDING HALFPIPE

Hannah Teter, 17

Hometown: Belmont, VT

Claim to fame: 2003 Grand Prix and 2003 World Cup winner

"When I snowboard, it's like I'm free. I feel super happy. I'm just out there to ride and show my skill. When I'm at the top of a pipe, and all my friends are like, 'Yeah, do it!' I can feel their love—and it makes me feel like I can do anything."

To find a snowboarding competition, go to usskiteam.com or ussa.org.

PHOTOS: HAYASHI, *BMXER MAGAZINE*-ABA; TETER, TOM ZIKAS.

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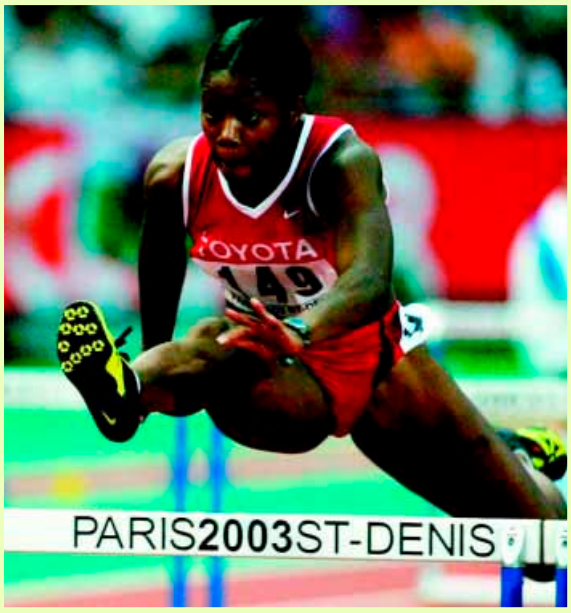
BORn To PlAY



TRACK AND FIELD

Perdita Felicien, 23

Hometown: Pickering, Ontario

Claim to fame: 2003 world champion, 100-meter hurdles

"In eighth grade, my track coach made me try hurdles because I had long legs. But I was scared of hitting a barrier—so I quit. My mom encouraged me to try again in 11th grade. Now I *love* what I used to fear: the element of risk. I'm going at full speed—one wrong step and I crash. That uncertainty helps me not to be afraid of what I don't understand."

See Perdita compete for Canada in the Olympics this August. Go to iaaf.org for more information.

SOCCER

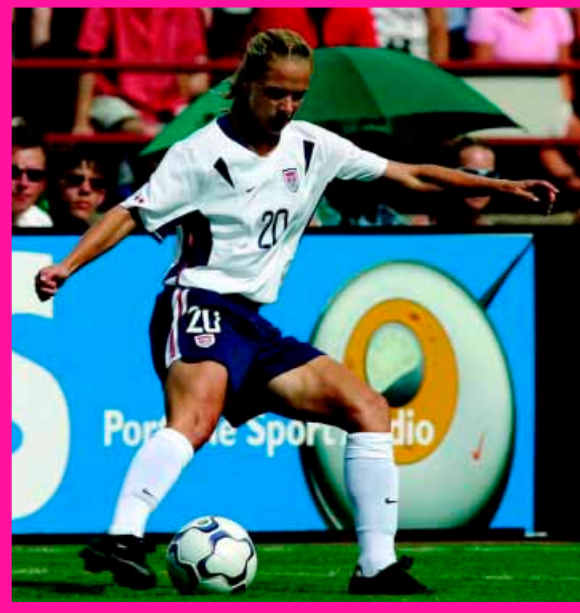
Lindsay Tarpley, 20

Hometown: Kalamazoo, MI

Claim to fame: Forward, University of North Carolina Tar Heels (2003 NCAA champions)

"In soccer, there are 11 people on the field, and we have to learn how to play together. But the biggest challenge is that I'm never done proving myself. Every day, I try to be consistently at the level I need to be. Even if I'm satisfied with a practice, the next day I have to prove myself again. It's the same in life: You always have to keep trying."

To catch Lindsay in action, go to ussoccer.com for info.



FIELD HOCKEY

Katelyn Falgowski, 15

Hometown: Landenberg, PA

Claim to fame: Midfielder, 2003 National U-20 (under 20 years old) team

"When I made the U-20 team, it was shocking because I'm so young. In my position, I have to tell people what to do, even if they're older. It's a leadership position, and it's given me confidence to try hard to be a leader off the field as well. So now I do things like stick up for people."

To see the U.S. Field Hockey Indoor Tournament, go to usfieldhockey.com.

COSMOGIRL.COM/SHOUTOUT "To my cousin, Miss Dolly: Without you guiding me, times could have been even harder." —Sparkle, 17, Lafayette, IN

PHOTOS: FELICIEN, MICHAEL STEELE/GETTY IMAGES; TARPLEY, J. BRETT WHITESELL/INTERNATIONAL SPORTS IMAGES.

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BONNEBELL and **CosmoGIRL!** invite you to take the lead and make your community a healthier place. Tell us what fitness or health initiative you would like to start in your community. Get a head start and **enter to win a $500 Born to Lead grant from BONNEBELL.** Two winners will be selected to apply the grant to the fitness or health project of their choice. **Log onto SERVEnet.org or cosmogirl.com/exclamations to enter.**

Take Action Now!

Check out these 3 things Youth Service America and BONNEBELL suggest to help you and your community get healthy and stay fit.

1. **RAISE MONEY** to support your community's parks and recreation programs so kids have a safe place to play. Organize a bake sale, walk-a-thon, or a charity event.

2. **VOLUNTEER** at your community center, church, or park to plan and implement activities that will help kids learn. Coordinate with the Special Olympics to learn about disabilities or organize a project with a local environmental group.

3. **COLLECT SPORTS EQUIPMENT** like basketballs, baseballs, soccer balls, and tennis rackets to donate to shelters, community centers, or children and families in your neighborhood.

YOUTH SERVICE AMERICA

Take the Lead with BONNEBELL

BONNEBELL understands that sports enrich your life and encourages young women to lead active lives through an affiliation with the **Maureen Connolly Brinker Foundation.** To find out more, visit **mcbtennis.org** or **bonnebell.com.**

BONNEBELL.

VISIT SERVEnet.org OR COSMOGIRL.COM/EXCLAMATIONS TO ENTER TO WIN A BORN TO LEAD GRANT AND FIND ADDITIONAL OPPORTUNITIES, TOOLS, AND RESOURCES TO SERVE YOUR COMMUNITY WITH BETTER SPORTS, FITNESS, AND HEALTH EDUCATION AND ACTIVITIES.

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BORn To PlAY

SOFTBALL

Cat Osterman, 20

Hometown: Houston, TX

Claim to fame: U.S.A. Softball Women's National Team; pitched a perfect game during the 2003 Pan American Games

"It's a challenge to take positives away from a loss. But I try to figure out what I did right—and what I could have done better. The higher I set my goals, the harder I work. That way, even if I don't achieve my ultimate dream, I know I'll still get somewhere."

Watch Cat pitch for the U.S. in the Olympics—get info at usasoftball.com.

FENCING

Emily Cross, 17

Hometown: New York, NY

Claim to fame: 2003 Cadet world champion

"I like the blend of intellect and athletics that goes into fencing: While you're moving, you have to figure out what your opponent is going to do next—and what you should do. It's actually made me less nervous in life. I used to get really wound up before tests, but going to competitions and having expectations for myself in a different arena has changed my whole outlook."

To find a fencing bout near you, go to usfencing.org.

BASKETBALL

Alana Beard, 21

Hometown: Shreveport, LA

Claim to fame: Guard/forward for the Duke University Blue Devils; ESPN.com's 2003 National Player of the Year, Women's College Basketball

"I love being part of a team. Anytime you play with a group, it forces you out of your comfort zone—and that's how it is in life. I'm prepared to deal with different people and any possible situation I'm put in, because as long as I have a game plan, I'll be able to approach it."

Catch Alana in action on March 21 at the NCAA women's basketball tournament. Go to ncaasports.com for info.

COSMOGIRL.COM/SHOUTOUT "Jessica—I love going to math competitions with you! I hope you stay one of my best friends forever!" —Kristian, 16, Nashville, TN

PHOTOS: OSTERMAN, DONALD MIRALLE/GETTY IMAGES; BEARD, JON GARDINER, DUKE UNIVERSITY PHOTOGRAPHY; CROSS, EZRA SHAW/GETTY IMAGES.

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Mi ViDa LoCa

Real-life stories that will shock you.

When I asked for a straightening iron, that's not what I meant!

summer love

"Growing up, my mom had a drug problem and was never home. We had no money, we often had no electricity or water, and my mom would leave me, my brother, and my sister home alone for days with no food. One Christmas Eve, she took off again, so we kids went to my best friend Summer's. Her family was so nice to us—they even gave us gifts. Eventually, a caseworker got involved and suggested we move in with Summer's family. I told my story to a judge, and he gave us permission to move. I'm so lucky to have such a great friend. I don't think I'd be here today without her."

COSMOGIRL.COM/SHOUTOUT "I want to give a shout-out to my homeboy 'Bevs': I love you!" —Zaidalis, 17, Madison, AL

accidental hero

"I was at my friend's house and we were home alone, but her dad was coming back soon. My friend has always been sort of bossy, and that night, I decided to talk to her about it. Well, she got all pissed off and said that if I didn't get out of her house, she'd 'kick my a**.' I'd never seen that side of her before, and I tried to calm her down. But then she pushed me, and I knew I had to leave. As I was walking down her street, I noticed this truck swerving all over the road. I ran out of the way, and then the truck crashed into a tree. The tree ended up *inside* the truck. I called 911 on my cell phone and then ran back to my friend's and told her what had happened. She turned all white and yelled, 'That's my *dad!*' The ambulance soon arrived, and I went home. The next day, my friend called to tell me that her dad was paralyzed from the waist down—but she also told me that my call for help had saved his life."

bad chemistry

"My friends and I were totally bored one night when we remembered that this older girl Julie had said she wanted to hang sometime, so we called her up. We all went cruising around town, and then Julie wanted to meet up with someone who had alcohol, and we went with her. Me and my friends started drinking with them, not thinking much of it. Then someone handed me a Vicodin, and I just took it—it looked harmless, like an aspirin. The next thing I knew, I was being dropped off at my friend's house—I had blacked out. My friend was sitting outside with me while I was puking. But then I started foaming at the mouth, and my eyes rolled up inside my head. She called her stepmom, who rushed me to the hospital, where I was brought to the ICU. When I woke up the next morning, I was so confused, I started screaming, and then I leaned over the side of my hospital bed and puked. My parents came into the room with my doctor, who explained that if I hadn't gotten there when I did, I could have died. I can't believe I acted so stupid and drank and took a pill with those girls—I'll never do that again."

Editor's Note: *Memorize this number for the American Association of Poison Control Centers: 800-222-1222. Call it to get help for someone who has overdosed. But if the victim has collapsed or isn't breathing, dial 911 instead.*

head case

"I'd been begging my mom for a guinea pig for a while, and one day, she got me one. She actually got me two—a boy and a girl. When we put them in their cage, the boy seemed to like the girl enough, but the girl seemed kind of annoyed by him. We didn't think much of it and left them in there and went to bed. The next day, my little brother woke up early to play with the guinea pigs, and suddenly I heard this awful scream. I ran to the cage, where my brother was, and was horrified—the girl guinea pig had bitten off the head of the boy guinea pig! It was so gross—the head was just lying there on the side of the cage, and there was blood all over the girl. That's the last time I ask for a pet!"

ILLUSTRATION, TERRYTANNEHILL.

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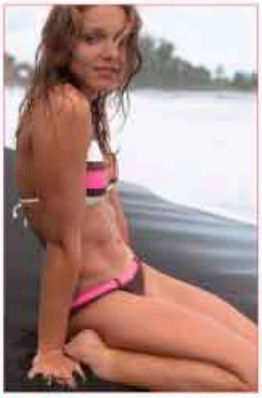
EVENTS, PROMOS, AND FUN

Surfin' With Billabong

Billabong wants to know what your ultimate summer surf camp would be like and what you'd call this dream camp. Just go to **www.billabonggirls.com,** and you'll be automatically entered to win a total beach-gear prize pack including this Jbay bikini from Billabong!



billabong

Are You Wearing Your Soffes?

You claimed them. You named them **Soffes!** Made in over 20 colors, these comfy shorts are great for working out and hanging out! Ask for Soffe at your sporting goods dealer, cheer shop, or department store.

What's Your Fashion Style?

Take a fun quiz on page 45 for the chance to **win a $500 Bonne Bell shopping spree** with your own stylist and other fun prizes!

The Highlights of Summer – New Product Alert!

Clairol Perfect Highlighting and Blonding Collection offer a complete line of 13 highlighting and blonding products. Finally, a product that is easy to use— and gives you brilliant results! This summer, go for subtle highlights or a dramatic new look.

Highlights of Summer Contest

Try any product from the Clairol Perfect Highlighting and Blonding Collection line and tell CosmoGIRL! why you love it for **the chance to be featured in an upcoming issue!**

Log on to **cosmogirl.com/exclamations** starting March 16 for details on how to enter the contest.

New & Now at Trade Secret

Not sure what gift to give Mom on Mother's Day or what goody to put in your baskets? Give the gift of style with a Trade Secret Gift Card, and pick up the newest hair care products now! Choose from over 90 professional beauty brands at **Trade Secret Salons.** Call 800-888-1117 or visit **www.tradesecret.com** for a location near you.

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THE NEWEST SALON PRODUCTS NOW

Silver Lining

Groove to the beat of the stylish **Reebok Classic Wedge.** Get down to your nearest **Lady Foot Locker** for the freshest shoe that is always in fashion. This time around, the most happening shoe is chromed out. Visit **www.ladyfootlocker.com** or call 800-991-6687.

Lady Foot Locker.

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Neutrogena® Oil-Free Acne Wash is one cleanser that does more than clear up breakouts. Skin soothers plus maximum strength acne-fighting ingredients clear clogged pores and oil and reduce redness for clear skin.

Vote and Win With PacSun!

We need your help to find the next **PacSun Poster Boy!** Go to page 55 to check out the five contestants, and find out how to place your vote for your favorite guy. You'll be automatically entered to **win a trip for two to L.A. and a $1,000 PacSun shopping spree!**

WIN A $500 BORNTOLEAD GRANT

Find out how sports can enrich your life and **enter to win a $500 Born To Lead Grant from BONNEBELL and CosmoGIRL!** Turn to page 111 for details.

BONNEBELL.

CosmoGIRL! Kiss of Approval

TO VOTE FOR YOUR FAVORITE FASHIONS GO TO PAGE 88 OR VISIT COSMOGIRL.COM/FASHIONKISSOFAPPROVAL

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ASK COSMOGIRL!

Susan, CG!'s editor, answers your toughest life questions.

I've heard of feeling a little blue, but feeling a lot *purple?*

pleaser pleas

Q "My mom and stepdad always belittle my achievements. I get good grades—A's and B's—but it's not enough for them. I try to point this out, but they tell me they don't want to hear it. How can I get them to see me as worthwhile?"

—Alexis, 16, Jamestown, NY

A Here's the thing about "getting" people to see you as worthwhile, Alexis: *You* have to believe you're worthy, not look to other people to confirm that you are. So shift your mind-set so that you're succeeding—in school, sports, whatever—for *you.* That way, you'll begin to feel the kind of confidence you've been seeking from others. You won't care as much about whether you get anyone's approval, because you'll feel from the *inside* how worthy you are.

That's not to say you should put your hurt feelings on a back shelf. Instead, the next time you and your mom are alone in the car, say, "I've been upset because I feel like I can't make you happy. How can I make you proud of me?" Your mom might be surprised and apologize or tell you why she acts the way she does, or she might—and you'll have to brace yourself for this—get defensive and tell you again that she "doesn't want to hear it." In any case, you'll feel better putting your feelings out there, *and* you'll be able to start on the second part of your plan: building a relationship with your parents. See, it sounds like you might be seeking not approval but *attention.* So ask your mom to a movie. Clip a magazine article that will spark a conversation with your stepdad. Once you start *connecting* with your parents (not just trying to please them), you'll bond in ways those A's and B's you've been getting could never measure up to.

COSMOGIRL.COM/SHOUTOUT "To Amber: Happy birthday on April 7—all the best, and I love you!" —Yvonne, 17, Austin, TX

pot luck?

Q "I like this guy who's sweet and funny and everything I want in a guy, but… he smokes pot. It's a big deal to me, because of my morals, never to do pot. Should I just let it slide for this guy?"

—Kristin, 17, Chesapeake, VA

> "*You* have to believe you're worthy, not look to other people to confirm that you are."

A In a word, Kristin: No! And in more words: There is no way you should let your morals slide—especially about an issue that could affect your safety (*and* is illegal). It's one thing to compromise on little things when you're in a relationship (all relationships need some give-and-take), but there's no reason to compromise *yourself* to create an environment for a relationship to start. That would just mean that the relationship was built on something totally false!

So *trust* that instinctive gut of yours: It's never going to sit right if you "let it slide" that he smokes pot. No guy is perfect—but if you start a relationship by overlooking something so important to you, it'll pave the way for you to let more things slide and, ultimately, to settle for less than what you want. And worse, you'll end up trying to persuade him to stop—which is something he doesn't want to hear—or you'll be in situations where you feel pressured to do things you don't want to do. If you knew a roller-coaster was off track, you wouldn't take the risk and ride it. So don't put yourself in a precarious position with a guy if you can choose *not* to ahead of time.

I know it's hard to hear, but your best bet is to give up on this guy and hold out for one who has the traits you admire—like consideration and humor—but who doesn't smoke pot. Because when you set your standards high and stick to them, people *will* rise to the occasion. And Kristin? That's the kind of person you deserve.

ILLUSTRATION, CHRIS BELLAMY. EXPERTS: NEIL I. BERNSTEIN, PH.D., CLINICAL PSYCHOLOGIST AND AUTHOR OF *HOW TO KEEP YOUR TEENAGER OUT OF TROUBLE AND WHAT TO DO IF YOU CAN'T* (WORKMAN, 2001); JILL MURRAY, PSY.D., PSYCHOTHERAPIST AND AUTHOR OF *BUT I LOVE HIM: PROTECTING YOUR TEEN DAUGHTER FROM CONTROLLING, ABUSIVE DATING RELATIONSHIPS* (HARPERCOLLINS, 2000).

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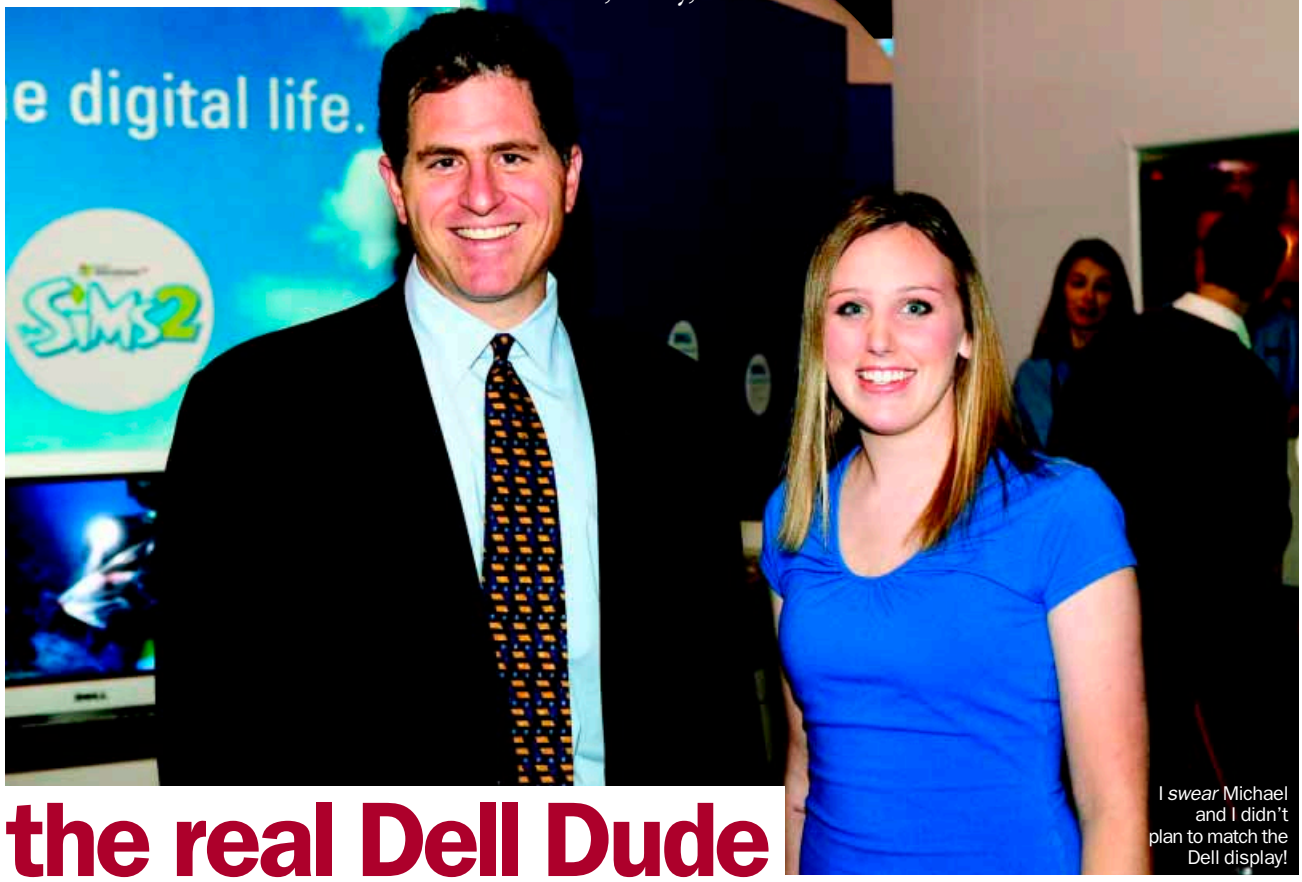

I *swear* Michael and I didn't plan to match the Dell display!

the real Dell Dude

Dell CEO and founder **Michael Dell** started a computer revolution from his college dorm. Is the next big idea behind one of *our* bedroom doors? By Courtney Ghedi, 19

I want to be like Mike! After all, Michael Dell is this amazing entrepreneur who started a nationwide stamp-auction business when he was 12. In high school, he made $18,000 in one year by selling newspaper subscriptions. Then he hit the big leagues when he was just a freshman at the University of Texas at Austin (the rival school to my college, Texas A&M—go, Aggies!). He had this idea that he could offer a better value than computer giants like IBM by souping up existing personal computers with extra memory and reselling them directly to the customer at a low price. That was the beginning of Dell, which is now the largest computer manufacturer in the U.S. Plus, at 39 years old, Michael is worth $17 *billion*—he's the richest person under 40 in America!

I work with a group called Girlstart, which teaches middle school girls about the power of technology. So I know there's a lot of opportunity in the tech field for women. And I always thought I'd do something big *someday*. But Michael made me realize something: Why wait? One of the ideas I (or you) have *now* could change the world. I met Michael at the Consumer Electronics Show in Las Vegas to find out how we can be a little more like him.

Courtney Ghedi: What were you like in high school? Were you always a leader?
Michael Dell: I wasn't class president or a big leader at all in high school. I was fairly independent, and I didn't seek a lot of approval from my peers. I was just a very curious guy, and I was always looking for better ways of doing things.

CG: A lot of people think they can do something better than someone else. But how did you actually *do* it?
MD: Probably more by trial and error and perseverance than brilliance. I get excited when I'm doing something that no one ➜

Michael's Path

1986: This is what one of the first Dell desktop computers looked like. Holy hard drive!

1987: At 22 years old, Michael was definitely in his "young technology mogul" phase.

2002: The Dell Dude ads made people realize that Dell computers weren't just for their dads!

2004: The newest Dell "computer" is less than 1 inch thick and weighs only 4.8 ounces. Want to win one?

Win one of six Dell Axim X3i Pocket PCs (above)! Enter at cosmogirl.com/winit. See page 164 for details.

win IT!

COSMOGIRL.COM/SHOUTOUT "To my best friend, Mary-beth: No matter how much we fight, we still keep our friendship strong." —Ciara, 16, Weston, FL

MAIN PHOTO, JEFFREY GREEN. HAIR AND MAKEUP, SUSAN SIMONE. TIMELINE PHOTOS, COURTESY OF DELL.

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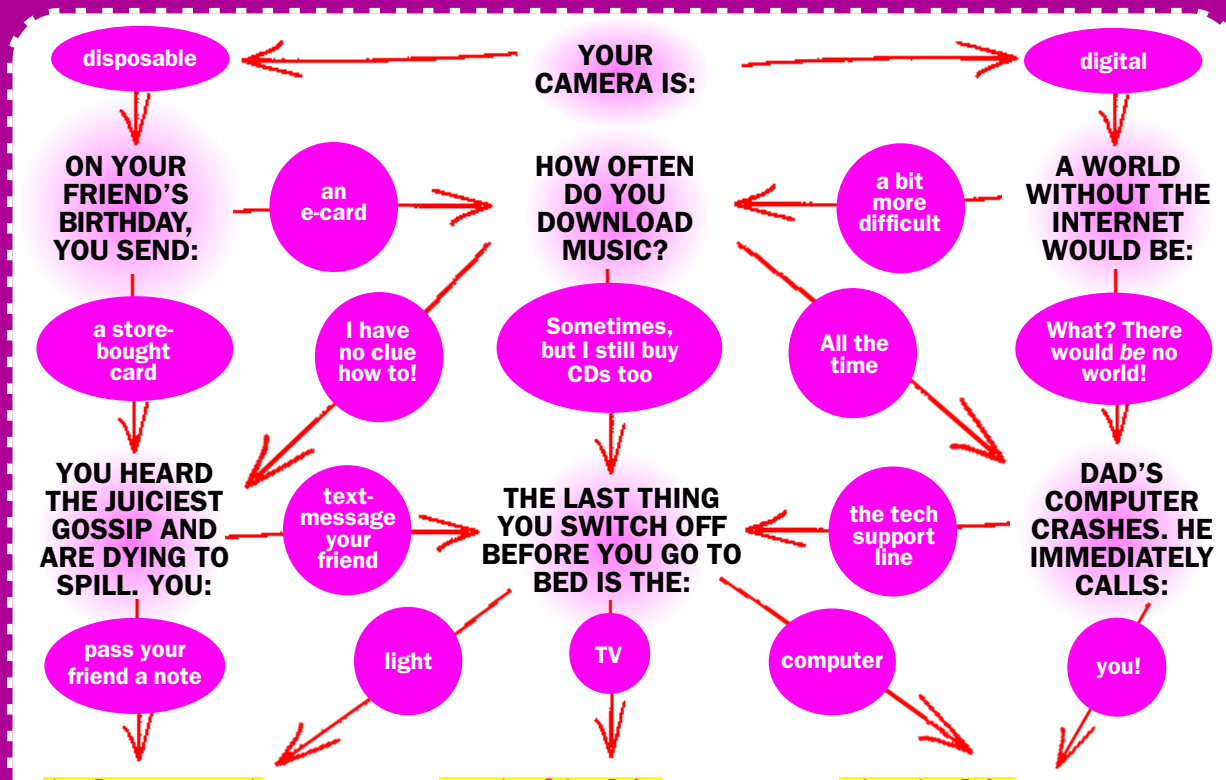
ARE YOU A CLOSET TECHIE?

Bet you a billion dollars that you're more tech-*know* than tech-*no!* By Lauren A. Greene



tech support

You've only dipped your toe into the tech pool, but it's never too late for swimming lessons (let's face it, the world is only getting techier). So find the tech *angle* in a career you're interested in. **Lawyer?** Protect new tech ideas! **Public relations?** Work for a company like Dell—you'll thank us when you're making a big tech salary!

sort of techie

You'd rather *talk* to your friends than IM them. But you probably use tons of stuff that you don't really think of as high-tech. Did you TiVo *Friends* or download a ring tone to your cell? Bingo! Look into a job where you'll use technology to further your interests, like **graphic designer, music producer,** or even **medical researcher!**

star techie

Is that an MP3 player in your pocket or are you just excited to take this quiz? (Ha! Ha!) You're fearless when it comes to technology, so put down the PDA for a second and give some thought to these high-tech jobs: What about **video game developer, city planner,** or **special effects animator?** The world is your motherboard!

For more information on jobs in the tech industry, check out girlstart.com.

else is doing. One of the challenges we face in society is that everybody says, "Let's *all* do this" and "Let's *all* be like this." That's actually dangerous because you don't get breakthrough ideas if everyone's thinking the same way.

CG: You left college to start your company. Were you worried about not making it?
MD: A bit, but I was more excited about the *opportunity*. I don't want to sound reckless, but when you're 19, you don't have a lot to lose. I was like, "This might work—let's try it." If you have a new idea, it's not going to be immediately recognized. You have to show independence of thought and action.

CG: Why should girls go into technology?
MD: It's a new industry, and there's not a "good old boy" network there at all. So the possibilities are endless for women.

CG: What do teen girls have to do now to be the next Michael Dell?
MD: I did not say 20 years ago that I wanted to be here. I said, What do I know about computers? What opportunities do I see? And what can I achieve in the next year or two?

CG: And that way of thinking leads to the kind of huge success you've had?
MD: You can make a mistake by saying "I want to be successful" or "I want to make a lot of money." That's the wrong goal. The right goal is "I've got something I'm excited about, and I think I can make a difference in a unique way. This is my gift."

CG: So, once you've got an idea about what excites you, what's the first step toward making it a business?
MD: You don't know what works until you try it, so spending so much time coming up with the perfect plan is futile. Try a bunch of things and narrow it down to what's successful. Then create a framework for your business—and *then* you can plan a little more. I wasn't the smartest guy in class, so if I can do it, there's no reason *you* can't.

COSMOGIRL.COM/SHOUTOUT "Raven (my best friend/little cousin), be positive in everything you do and keep your head up, not down!" —Denisha, 17, Henryville, PA

ARE YOU A CLOSET TECHIE?: SPECIAL THANKS TO JULIE SHANNAN, DEPUTY DIRECTOR OF GIRLSTART, GIRLSTART.COM.

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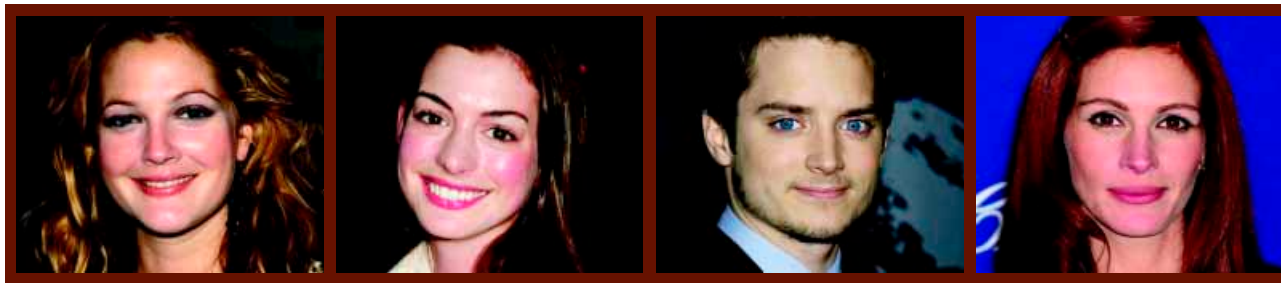

"I never regret anything. Every detail of your life is what made you into who you are in the end."
—Drew Barrymore

"We all have geeky sides—and we can all be elegant and popular."
—Anne Hathaway

"Being different, being against the grain of society, is the greatest thing in the world."
—Elijah Wood

"I now know that it's better to find peace than to be right."
—Julia Roberts

MAIN PHOTO, BUMPER. HAIR AND MAKEUP, EDUARDO BRUGUE AT ELITE ARTISTS. SNEAKERS, KANGAROOS, $85, WWW.ZAPPOS.COM. SOCKS, CAPELLI NEW YORK, $8, 212-684-3344. INSET PHOTOS: BARRYMORE, STEVE GRANITZ/ WIREIMAGE.COM; HATHAWAY, JIM SPELLMAN/WIREIMAGE.COM; WOOD, BILL DAVILA/WIREIMAGE.COM; ROBERTS, © 2002 COLUMBIA PICTURES/REVOLUTION STUDIOS.

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ROOM TO GROW

Ask **Sarah Michelle Gellar** for design tips and she'll not only decorate your bedroom—she'll make over your life. By Lori Berger and Lauren A. Greene

She's been away from the lights, camera, and action since *Buffy the Vampire Slayer* went off the air last May. But Sarah Michelle Gellar, 26, hasn't traded kicking butt for kicking back: On March 26, she'll be on the big screen in *Scooby-Doo 2: Monsters Unleashed* with her husband, Freddie Prinze Jr.—and she's also been busy leaving her mark in quieter ways, whether working with the Red Cross to help victims of the California fires or participating in the Ford Motor Company's breast cancer awareness campaign. Growing up in New York with only her mom and little money, Sarah learned the importance of giving back at an early age. One of the charities closest to her heart is Habitat for Humanity, which builds homes for people who can't afford them. So when we told Sarah about Latoya, who moved into a Habitat home last fall after her parents died, she volunteered to work with our Cool Room designer, Mark Montano, to create a plush room for Latoya. Sarah lent her decorating ideas and even her connections (she asked Usher Raymond—Latoya's favorite singer—to autograph a poster for her!). But Sarah's tips are about more than paint and pillows—she shared the lessons she's learned that have made her a better person.

GIVE WHAT YOU CAN

"Giving to charity is without a doubt the most amazing thing a person can do," Sarah says. "It doesn't matter if it's a dollar or a thousand dollars—whatever you have to give. The great thing about Habitat for Humanity is that you get to build with your own hands, and there's something so wonderful about that. You get to be a part of creating this awesome thing—a home."

LIVE IN YOUR POWER COLOR

"I knew red was one of Latoya's favorite colors, and it's incredibly creative, empowering, and passionate, so I chose that for the overall color scheme. It's a fire color, and I'm an Aries, so I understand the importance of red. It's the true representation of a woman, and I wanted Latoya to have that."

READ FOR YOUR SOUL

"I love to read, so everything in my room as a teenager—and even in my house now—revolved around books. I selected four that I wanted Latoya to have. *The Princess Bride* is just such a beautiful story. I chose *A Midsummer Night's Dream* because Shakespeare's comedies are the basis for nearly every movie that we love today. *The Color Purple* is one of my all-time favorites. And I chose *I Know Why the Caged Bird Sings* because Maya Angelou is just amazing."

CREATE YOUR SANCTUARY

"I think one of the most important things you can do for girls is to encourage creativity and individuality. That's the kind of environment I wanted to create in Latoya's room. A girl's bedroom is her private space, and it should reflect not just who she is now but who she wants to be—her goals, dreams, and hopes. I also wanted the room to be a peaceful place for Latoya to sleep as well as do her homework and fulfill her creative outlets. A sanctuary. When you're a teenager, your bedroom is your only piece of the world—and it needs to be a special place."

Turn the page to check out Latoya's new space!

PHOTO, LORENZO AGIUS/CORBIS OUTLINE.

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the wizard of awwws: "I don't want to sound like Dorothy, but there really *is* no place like home."

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Sarah Michelle Gellar and designer **Mark Montano** turned Latoya's room into a sanctuary that she can truly call home.

Latoya, pretty in pink

It really is a dream come true. Latoya, 18, and her sister couldn't afford to own a house after their parents died. But now, thanks to Habitat for Humanity and the volunteers who donated time, building supplies, and money, Latoya has a home (and she actually helped build it from scratch!). But how to decorate? To start, Mark ran with Sarah's "power color" idea by using a rich rosy color for the walls (**Benjamin Moore** Pink Starburst #2004-40). Next he painted a swirly "headboard" in fiery red (Bonfire #2001-20). Then, inspired by the pink striped desk lamp Sarah picked out for Latoya ($29 for shade, $39 for base, **pbteen.com**), Mark created striped curtains, pillows, and a bed throw. A wire-basket desk, a bright chair, round red magnetic boards, and purple desk cubes (desk, $178, chair, $40, magnetic boards, $25 each, small cubes, $2–$3 each, purple box, about $8, all at **The Container Store**) make Latoya's room a cozy place to study, sleep . . . and, of course, make big plans for her future!

PHOTOS, TRIA GIOVAN.

win IT!

One lucky girl will win Sarah's four favorite books—each signed by the star herself! And another CG! will win a CosmoGIRL! T-shirt signed by Sarah! Go to cosmogirl.com/winit to enter. See page 164 for details.

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PHOTO FINISH

Latoya surrounds herself with friendly faces by displaying her photos in the frame (1) and the shadow-box dresser (2) that Sarah picked out for her (frame, $39, dresser, $499, both at **pbteen.com**). A red beaded lamp (3), another of Sarah's favorites, complements the pink wall (lamp, $49, **pbteen.com**).

SARAH'S STYLE TIPS

Want to live like a star? Follow these rules for a kick-butt room. (Sarah is re-decorating her house in L.A., so she knows a thing or two!)

- **DO:** Set up a comfortable space separate from your bed where you can study. Keep it organized!
- **DON'T:** Decorate on a whim or put up pictures of celebs you might not like in a month. Think about what really says "you."
- **DO:** Plaster your walls with photographs of friends and family to keep the people you love close by and add warmth to the room.
- **DON'T:** Be afraid to experiment with smaller items that are easy to change, like picture frames and throw pillows.

YOU CAN DO IT YOURSELF!

You know Mark (*left*) as the guy who creates amazing Cool Rooms every month. Try one of these inexpensive touches in your room. For more cool decorating ideas, go to **markmontano.com** or watch Mark on TLC's *While You Were Out* (check local listings).

CROWN JEWELS

Supplies for one jeweled wall design: About 30 1-inch-diameter round rhinestones ($4/six, at craft stores), 10 round mirror tiles in assorted sizes ($5/pack of 25, at craft stores), double-sided tape ($3/roll, at craft stores), scissors, a pencil.

- First, practice creating a design you like on a piece of paper. Ours is an upside-down V with curled-up ends.
- When you're happy with your design, copy it in pencil neatly onto the wall exactly where you want it. Try placing it over a window, a doorway, or right above your bed.
- Put a small piece of the double-sided tape on each gem and stick it to the wall, following your pencil lines. Repeat until the whole design is completed.
- Now accent the gem design by sticking up a few mirror tiles with the double-sided tape. Nice touch, huh?

Prices for supplies are approximate.

MIRROR IMAGE

Supplies for one padded mirror: Two 16-by-16-inch cardboard squares, a 9-by-9-inch mirror tile ($12, at hardware stores), 1 yard pink fabric and 1 yard red fabric ($5/yard, at fabric stores), scissors, batting ($5/bag, at fabric stores), a hot-glue gun.

- Measure and mark 4 inches in from each side of the cardboard. Use the marks to draw a square in the center. Cut out the square to leave a hole in the middle.
- Hot-glue batting all over the cardboard to form padding.
- Cut about fifteen 6-by-8-inch strips of pink and red fabric. Wrap each strip around frame, loosely gathering it as you glue ends down in back. Alternate pink and red all around.
- Put hot glue neatly along front edges of mirror tile, then stick it to back of frame so mirror shows through. Glue cardboard and a ribbon loop to back of mirror and hang.

GELLAR, JEN LOWERY/LFI.

*To learn how you can get involved with Habitat for Humanity in your area, go to **habitat.org**.*

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BRIGHT AND WHITE

Like PB and J or Nick and Jessica, neon and white just make the *perfect* pair. So throw on this electric combo and give everyone a shock (in a good way)! Photographs by Bumper

LANDING GEAR

And if you pull down on these two strings, an emergency parachute will fall out!
White nylon cargo jacket, American Rag, $59, at Macy's; Turquoise cowl-neck strappy tunic, Linee, $40, 415-252-6100, ext. 114; Rhinestone bikini bottoms, Bare Assets by Excelsior Inc., $67 (sold as set; top not shown), 323-888-0567; Grommet belt, Steve Madden, $22, at Macy's.

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BLOCK PARTY

Hmmm. . . maybe I should've marked the one that I hid my tampon in.
Coral bandeau tie tunic dress, Linee, $44, 414-253-6100, ext. 114; Boot-cut jeans, Gap, $50, gap.com; Leather buckle belt, Amiee Lynn, $24, 212-263-4747; Leather slides with buckles, Dr. Scholl's, $35, 800-756-6465.

PALM SQUAD

Okay, girls, for this cheer, you shake your coconuts, and I'll shake mine!
Button-down shirt, American Eagle Outfitters, $40, ae.com; Triangle bikini top, H&M, $13, hm.com; Silky windpants, UFO, $56, at Habitat, 610-266-9211; Satin shorts (underneath), Hurley, $46, hurley.com; Mesh hat, Smart Set, $12, 212-685-6641; Leather cuff, Yochi Design, $46, 888-666-6420.

BAR HOPPER

Darn! Why do the neighbors always lock their gate when the hot pool boy is cleaning?
Tank, Gap, $15, gap.com; Pink zip-front fabric pants, Dollhouse, $34, dollhouse.com; Orange bikini bottoms, Bare Assets by Excelsior Inc., $59 (sold as set; top not shown), 323-888-0567; Boots, Seychelles, $129, seychellesfootwear.com. Other credits, see page 164.

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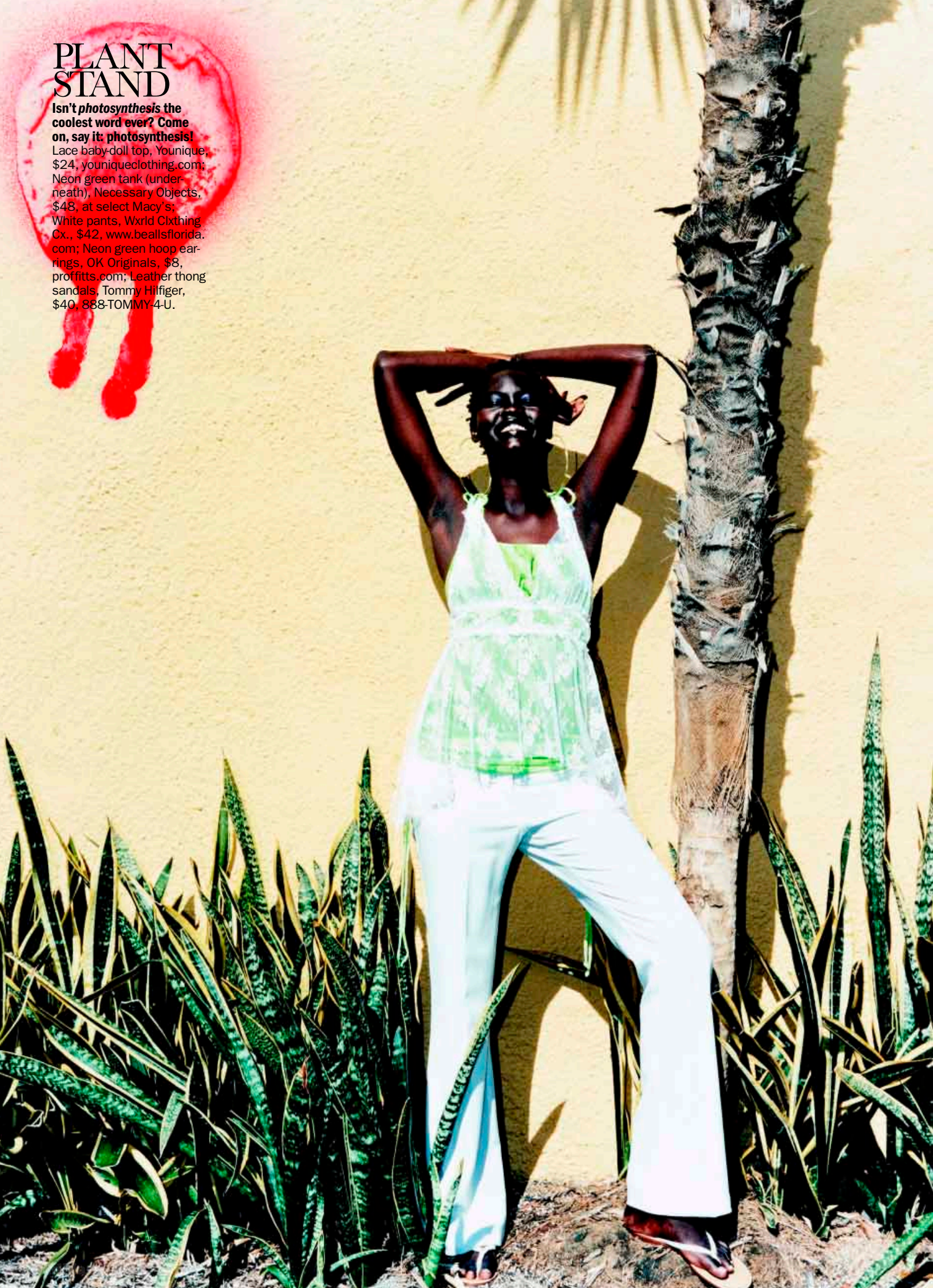

PLANT STAND

Isn't *photosynthesis* the coolest word ever? Come on, say it: photosynthesis! Lace baby-doll top, Younique, $24, youniqueclothing.com; Neon green tank (underneath), Necessary Objects, $48, at select Macy's; White pants, Wxrld Clxthing Cx., $42, www.beallsflorida.com; Neon green hoop earrings, OK Originals, $8, proffitts.com; Leather thong sandals, Tommy Hilfiger, $40, 888-TOMMY-4-U.

PARK PLACE

I'm pretty sure we were in the Sunny Desert Garage.... Or was it the Desert Sun Garage? Bright yellow tank dress, Polo Jeans Co. Ralph Lauren, $49, at Macy's; Mesh tank top (underneath), Tommy Jeans, $22, 888-TOMMY-4-U; Mesh trucker hat, Split, $20, splitusa.com; Leather multi-strand bracelet, Bijou Drive, $28, 800-445-0172. Other credits, see page 164.

Fashion director: Jacqueline Azria-Palombo
Hair and makeup: Eduardo Brugue at Elite Artists

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how to talk to a GUY

A great mime once said…nothing! We think you can do better, CosmoGIRL! By John Walsh

Ever wish you could talk to a guy the same way you talk to your best girlfriends? Well, you can't—guys like that only live on The WB. See, the differences between girls and guys go deeper than stereotypes like, say, guys' fondness for cars over shoes. But that doesn't mean we *can't* communicate with each other. Here's what you need to know to make yourself heard. (But not if it's about shoes—there *are* limits!)

pick the right time

Sometimes you think you have a guy's attention, but you don't. This one time, a girlfriend, Karen, showed up at my door, ready to go to the mall. "Since when are we going *shopping?*" I asked. I could've *sworn* Karen was pulling her "We discussed it two weeks ago" line. Then it hit me: Two weeks ago. It had still been football season! "Did we talk on a Sunday?" I asked. "Right!" she said. Aha! She'd obviously brought it up during a game, a time when guys become one with their TV. The moral? Don't broach important subjects while a guy is watching sports, playing video games, or trading insults with his friends. Wait until you've got him captive, like in the car or over pizza (pepperoni isn't *that* distracting).

speak up

It was over a fancy dinner that Jennifer started sobbing. I'd just given her a tennis racket for her birthday, and now she was crying behind her napkin. I was confused. Turns out "Whatever you get me will be *perfect*" really meant "Please get me the bracelet I've been eyeing." No fair! I'd asked what she wanted, and she didn't tell me. Listen, hoping a guy will "just know" *anything* is a dream that rarely comes true. But if you give a guy a chance to get it right by *telling* him what you want in the beginning, he'll start to get your taste—and maybe in the future, he *will* just know.

cut to the chase

The fact is, guys listen differently from the way you do. We need the *CliffsNotes* version of events. Saying, "I went running this morning with Kristen, and I've got shinsplints," will elicit sympathy and make us curious enough to ask for more. But if you say, "I went running this morning because I bought cute Pumas, and Kristen was wearing a cotton Peruvian pullover instead of a sweatshirt, and I thought, How original! And I couldn't find a scrunchie so I used a rubber band, and I ran so fast that I've got shinsplints . . . ," you lost us at the Pumas. Girls can easily follow a train of thought like this, but guys' minds just don't work that way. We're linear, and we need just the vital information in short bites. Stick to this rule and we'll listen to anything you say.

trick him

Guys *do* have feelings beyond hot, cold, itchy, and hungry. But the fact is, we're taught from an early age not to discuss them. So if you want us to open up, be sly. My friend Allison was great at this. Like, in school, I had a friend named Hideo. When he and his family moved to Tokyo, I was devastated. I moped around for weeks, but when asked if I was okay, I'd invariably shrug and say, "I'm fine." But Allison launched a sneak attack. Walking home from the movies one night, she brought up a joke that Hideo once told us. We laughed, and she said, "I didn't realize how much I missed him until tonight." That little opening was all I needed. I told her what I'd been going through, and she listened—and I never had to use the *f* (as in *feelings,* naughty girl!) word.

don't ask him how you look

When you ask a guy about your looks, he sees a trap. "Do you think I'd look better with a nose job?" a girlfriend once asked. I panicked, then shouted, "No!"—but I'd played right into her hands. "So you like my big, fat nose?" she said. I flipped through my mental catalog of sayings to get out of trouble but just muttered, "I love you." Asking a guy his opinion on your looks will make him feel like he's playing a game he doesn't know the rules to. So don't ask. He'll shut down, not open up. Look, girls, you're beautiful. You're sexy, you're smart, you smell good—and we're lucky you even talk to us at all. Remember that, okay?

John Walsh is Maxim *magazine's senior writer,* not *the guy from* America's Most Wanted *(but he's heard that joke a zillion times!).*

BOTTOM LINE: Be the girl who can get through to *one* guy and you'll end up the girl who can get through to *any* guy!

SITTINGS EDITOR, LISA WONG. HAIR, LIFE AT BLINK MANAGEMENT. MAKEUP, ADRIENNE LYTTON AT BLINK MANAGEMENT.

PHOTOGRAPH BY SAYE

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hood ornament: You want me to do *how* many push-ups?!

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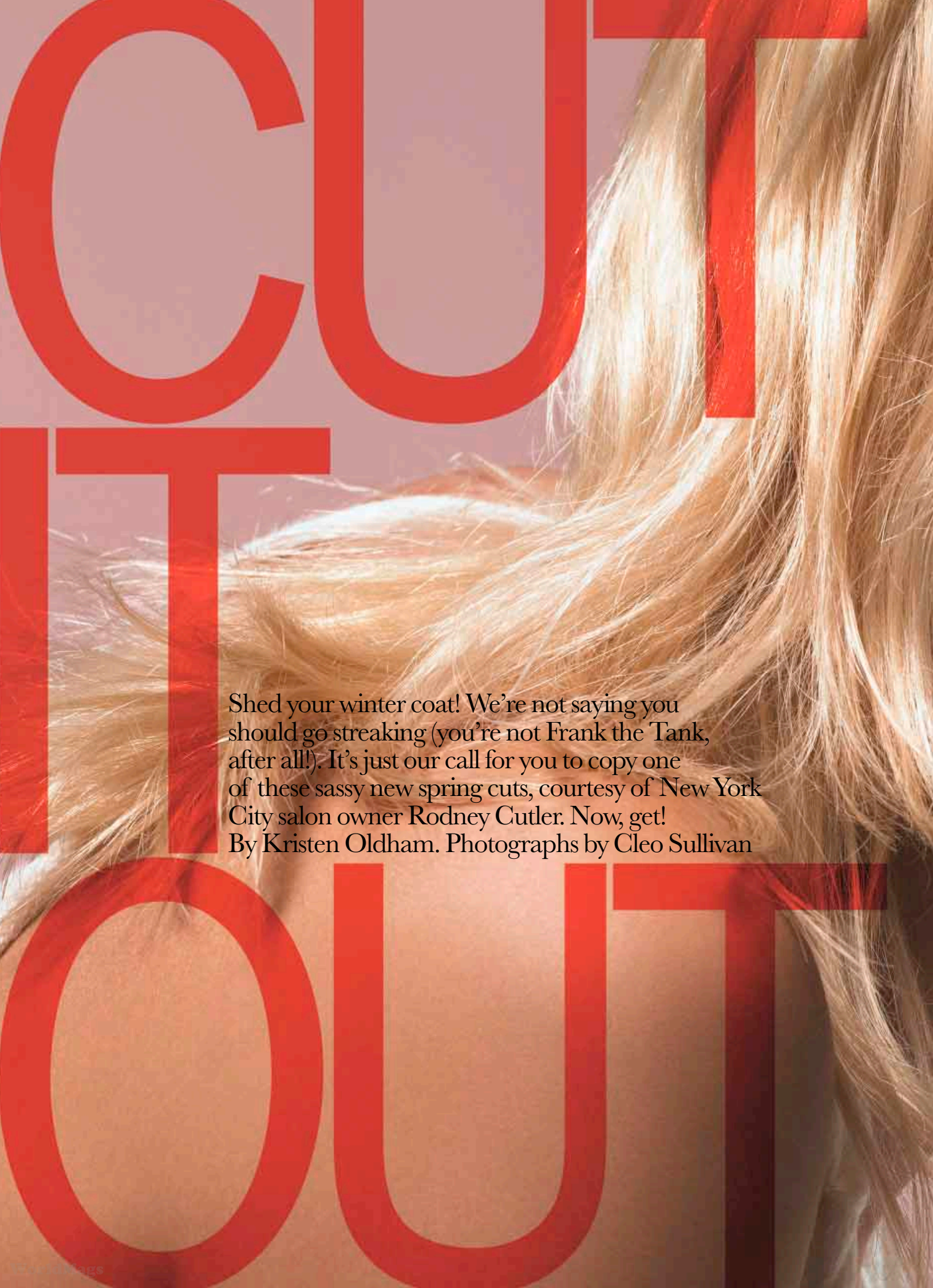

CUT IT OUT

Shed your winter coat! We're not saying you should go streaking (you're not Frank the Tank, after all!). It's just our call for you to copy one of these sassy new spring cuts, courtesy of New York City salon owner Rodney Cutler. Now, get!
By Kristen Oldham. Photographs by Cleo Sullivan

SHAG

This cut looks best on medium-length straight or wavy hair. Ask your stylist for heavy layers around your crown, with softer, long graduated layers everywhere else. Add texture and waves to your hair by spritzing on a salt spray (try **John Frieda Beach Blonde Ocean Waves,** $7, at drugstores) while tousling hair. Blow-dry hair on low, styling with your fingers.

BANGS

They're an easy way to update hair of any length without having to chop off too much. Ask a stylist to create this spring's just-below-the-brow fringe look by point-cutting your hair (holding the scissors vertically instead of horizontally as she cuts). To style, blow-dry while brushing your bangs from underneath with a boar-bristle brush—it'll help you get them super straight.

DRESS, HEATHERETTE.

LONG LAYERS

Give your long hair a new look by getting long, balanced layers all over your head. They'll add sexy movement and texture so your hair won't look weighed down. To style, apply a dollop of texturizing cream (try **Redken Rough Paste 12,** $15, 800-REDKEN- 8) through wet hair. Blow-dry on low, then add loose curls with a 1½-inch curling iron.

TOP, DIESEL STYLELAB.

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RAZORED BOB

This modern look is great for straight and fine hair. Have your stylist texturize a basic chin-length bob all over with a razor to add movement and a slight jagged edge—that's what makes it look cool. To style, blow-dry straight with a boar-bristle brush, then rub a dab of wax (try **Physique Precision Wax**, $7, at drugstores) into your palms and work through hair for a piecey finish.

TOP, CAT SWANSON. OPPOSITE PAGE: TOP, DIESEL STYLELAB.

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LAYERED CURLS

Whether your hair's long or short, smooth or coarse, full curls are in! Ask your stylist for long layers all over to help thin out heavy hair. Varying lengths give your style gorgeous shape that's not like a helmet—which we *know* you try to avoid! To style, spritz gel on wet hair (try **Garnier Fructis Style Curl Shaping Spray Gel,** $3, at drugstores), then smooth over curls with a drop of shine serum. Let hair air-dry, then finger-comb for fullness.

Beauty director: Molly Nover
Sittings editor: Lisa Wong
Hair: Joseph B. for Cutler NYC/Redken Salon
Makeup: Andrea Helgadottir @ Frame

MEAN girls

Confession: **Tina Fey** (from *Saturday Night Live*) shredded her high school classmates. Redemption: She shows you how to protect yourself from the insult slingers *you* know.

I admit it: I was a mean girl. I had a gift for coming up with the meanest possible thing to say in any situation. I ate weaker girls for breakfast. I could sniff out who would take my insults and not fight back. And I was a big behind-the-back girl: I'd spend hours analyzing what some girl did or wore and why it was so jackass.

Why? Well, at my high school—a huge public school in a suburb of Philadelphia—there were a few girls who were kind of "famous." Everyone knew who they were dating and what parties they went to. They weren't the prettiest girls or the ones with money. They were just randomly *anointed.* I was an honor student, and I was in a ton of activities—the newspaper, drama club, the tennis team... My friends and I didn't really date or go to cool parties, so we made jokes about those who did. To be honest, we felt kind of rejected, and when you don't feel confident about yourself, you may look for flaws in somebody else to make you feel better.

Looking back, I can see the mean-girl thing for what it is: a waste of energy. It's like eating a huge bag of cheese curls. In the beginning, you're like, "This is fun. Tasty!" Then the whole bag is gone, and you feel disgusting. Nothing good has come of it.

But that's not much comfort if *you're* the target. The hardest thing is to free yourself from caring what someone says about you. But it brings *big* freedom if you do it. So take it from me—I know how a mean girl's mind works. You *can* stop her in her tracks.

PLAY HER game

You're minding your business when some mean girl loud-whispers to her friend that your boyfriend's only with you because you put out. You want to ignore her, but she'll probably keep going until you respond. So do. Say something like, "If you've got a problem with me, tell *me.*" I know this is terrifying, but it'll remind her that you're an actual person instead of just some girl who's dating the guy she likes. If someone had responded to me that way, I would've become a coward immediately and been like, "I didn't mean to insult you. I'm just saying we all think you're really pretty, and we're jealous."

TURN IT BACK on her

I have a friend who's so good at derailing mean people on the attack. His boss might be yelling at him, and my friend will go, "How are you doing? Are you having a hard day? You seem kind of tense." So without saying anything bad to him, he just knocks him off-kilter—it's like a gentle attitude check. The mean girl is expecting you just to take her snipes. But if you can muster the ability to talk to her directly, it will take the wind out of her and show her you can't be intimidated.

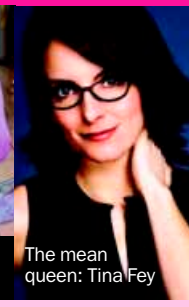
CHANGE YOUR focus

If some girl wants to despise you, she'll spin everything you do into a web of insults. And you sort of have no control over what she does. So instead of wasting time obsessing about why she has it out for you, concentrate on boosting someone else's confidence instead. Every school has an outcast, someone who could use a friend. Is it that girl with dandruff? What about the guy who wears a fedora every day for no reason? Here's a suggestion: Be nice to those kids. You don't have to make a big show of it—just privately vow to do one act of kindness for every act of evil that you see around you. This won't necessarily make the mean girls lay off you. But you'll respect yourself more (and that's the whole point!). Therein lies *your* power.

AND A WORD TO THE MEAN GIRLS...

Are you the one who spends all her spare time thinking about other girls and what they've got that you don't and then coming up with new ways to take them down a notch or two? You may think lashing out is going to make you feel better, but it won't—it's poisonous. Trust me. I'm in mean-girl remission now. Like any addiction, it's a lifelong struggle to say, "I'm not going to go there anymore." But if there's one thing I learned from my high school experience, it's this: You've got to throw out the cheese curls. —*As told to Jennifer Graham*

The mean team *(left to right)*: Lindsay Lohan, Amanda Seyfreid, Lacey Chabert, Rachel McAdams



The mean queen: Tina Fey

nice job, Tina!

Tina Fey's high school experiences have gone Hollywood! She wrote the screenplay for the new movie *Mean Girls* (in theaters April 30). She leaves the insult-spewing to Lacey Chabert (*Party of Five*) and Rachel McAdams (*The Hot Chick*). Their nice-girl victim? Lindsay Lohan, who's picked on for dating the wrong guy. Look for Tina onscreen as a math teacher who helps negotiate a truce.

PHOTOS: *MEAN GIRLS*, COURTESY OF PARAMOUNT PICTURES; FEY, NBC PHOTO/MARY ELLEN MATTHEWS.

ILLUSTRATION BY FELICITY HICKSON

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fightin' words: My eyeliner can beat up your eyeliner.

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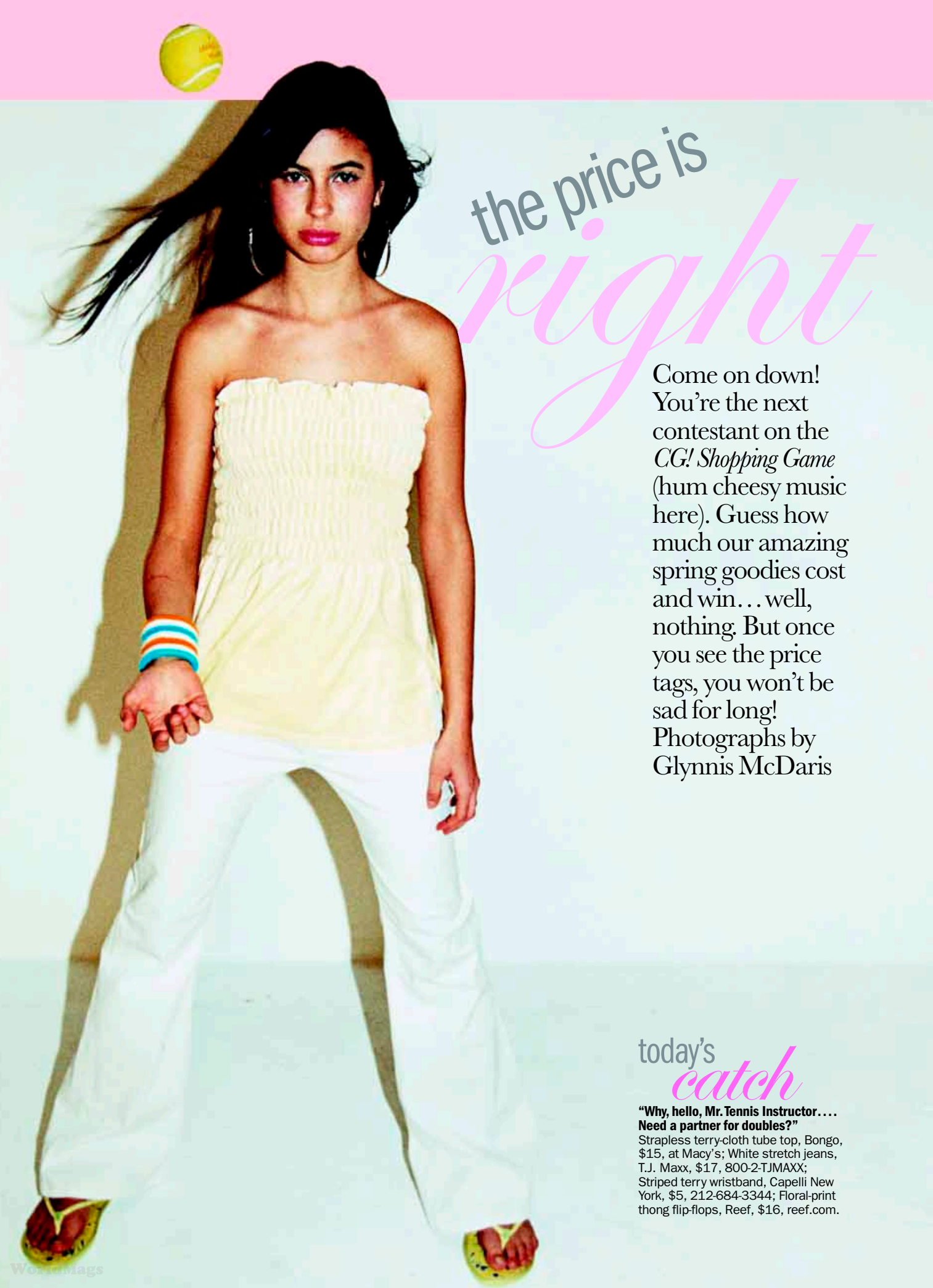

the price is *right*

Come on down! You're the next contestant on the *CG! Shopping Game* (hum cheesy music here). Guess how much our amazing spring goodies cost and win…well, nothing. But once you see the price tags, you won't be sad for long! Photographs by Glynnis McDaris

today's *catch*

"Why, hello, Mr. Tennis Instructor…. Need a partner for doubles?"
Strapless terry-cloth tube top, Bongo, $15, at Macy's; White stretch jeans, T.J. Maxx, $17, 800-2-TJMAXX; Striped terry wristband, Capelli New York, $5, 212-684-3344; Floral-print thong flip-flops, Reef, $16, reef.com.

WomenMags

$20 & UNDER

Zip-front cotton hoodie, Route 66 at Kmart, $19, kmart.com

Striped crisscross flip-flops, Adidas, $18, adidas.com

Striped side-tie tube top, Bubblegum USA, $20, bubblegumusa.com

Patent leather shoulder bag, Fashion Express Handbags, $15, sweetsuzy.com

Faux crocodile watch, Rave/G&G, $20, gorave.com

Corduroy pleated mini with ribbon belt, Coolwear, $20, e-mail: pressroom@coolwear.com

Polka-dot tote bag, Fashion Express Handbags, $15, sweetsuzy.com

Belted and cropped twill jeans, Rave/G&G, $20, gorave.com

Pink jelly heels, Payless ShoeSource, $13, payless.com

WorldMags

hush *hour*

"Shh! I need to focus if I'm going to break the record for standing on one leg."
Striped strapless tube minidress, Split, $40, macys.com; Army green hooded canvas jacket, Me Jane, $39, at Macy's West; Starburst necklace, $24, and rhinestone bracelets, $25 for three, both Fada NYC, e-mail: info@fadanyc.com; Leather ankle booties, Minnetonka Moccasin Co., $33, 800-969-6690.

WorldMags

$40 & UNDER

Silver thongs with disks, Rampage Footwear, $40, rampage.com

Khaki ankle-tie cargo pants, American Eagle Outfitters, $40, ae.com

Fruit-print watch, Swatch, $40, 800-8-SWATCH

Double-ring pleather handbag, Steve Madden Handbags, $36, 800-656-6548

Asymmetric graphic-print tee, Diosas & Divas, $24, agentredintl.com

Nylon bag with gold trim, Transversion by Loop, $28, loopnyc.com

Mod-inspired nylon raincoat, Me Jane, $35, 212-719-9300

Denim overall dress, Old Navy, $32, 800-OLD-NAVY

Striped wooden high-heel mules, Candie's, $40, candies.com

WorldMags

home
stretch

"Look deep into my armpits. You are getting very...very...sleepy...."
Graphic-print face tank, Custo Barcelona, $60, at Nordstrom; Nylon track pants, Abercrombie & Fitch, $50, abercrombie.com; Gold-chain skull necklace, Uccicucci, $28, shopexit9.com.

Fashion director: Jacqueline Azria-Palombo
Hair: Lisa Raquel for See Mgmt.
Makeup: Jillian Chaitin for Tarte
Still lifes: Chris Bartlett

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$60 & UNDER

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pure poetry:
I don't need a face to express myself.

you're a POET!

Just follow all our tips below/At school or work or home/And before you know it, even you/Will write a *très* fab poem. Ha! Ha! Ha! By Elizabeth Kuster

Think poetry has to be all iambic pentame... whatever? It doesn't! Poetry is art—which means you can do it however the heck you please. The beautiful thing about writing poetry is that it helps you get in touch with your emotions and connect to the world on a whole new level. In honor of National Poetry Month (April!), here are four exercises to inspire you. So get yourself a gorgeous blank book (or a basic spiral Mead) and paste this page on the inside front cover. Then grab a pen, find a quiet place, and write on!

1. free your mind

Poems don't *have* to rhyme or follow any other rules. To get cozy with the concept of "free verse," use this format to complete your first poem:

- Look out the window and write down two things you see.
- Write two lines about your favorite exotic place, starting with the phrase "I wish I were..."
- Write something magical that couldn't happen in the real world.
- Describe one of the images you've just written down using another one of your senses—touch, smell, taste, sight, or sound.
- Repeat the words "I wish I were" and finish the thought a new way.
- Write, "This is not a poem about," and fill in the blank.
- Write, "This is a poem about," and fill in the blank.
- End the poem by describing the overall feeling you're trying to express in all the statements you've written so far.

2. remember that?

Describe the very first childhood memory that pops into your head. Be sure to include details, like how you felt at the time, what you heard, even how it smelled. Then write one memory each about a parent, a grandparent, and a friend, making each memory a new paragraph. (Don't worry about being chronological.) Finally, put "Around [year]" in front of every paragraph. Voilà! You've unified your thoughts *and* created stanzas too!

3. make a list

Did you know you could make poetry out of something as simple as a list? Really! Choose a topic—people you don't see much anymore, lies you've told, people you've kissed, things you've gotten in the mail.... List as many items as you can think of and then pick out a few details to describe each one. To give your poem structure, use the same order every time, like "Chris, Pac Man king, tastes like pizza, yum!/Tom, math whiz, had thin lips, eh." (See, poetry can even be *payback!*)

4. find it

"Found poems" are created from preexisting pieces of writing—newspaper articles, books, ads, e-mails.... Find some examples that interest you, then break up the lines, move the sentences around, and add your own thoughts. (The words in pink below came from a Doritos bag: "Are you daring?/That's the real question/And when I ask you, you say/Of course!/Why yes/But my friend, I have to tell you/I'm bolder.") When you're finished, you'll have put your own thumbprint on the idea!

THE BOTTOM LINE

Your poems don't have to be perfect on the first shot; revision is an important part of the artistic process because deeper awareness takes time (ideas need to percolate!). As you reread your poems, keep these points in mind:

1. Look for places where you could be more detailed or specific. Clichés are boring, so if you used, say, the image of a heart to describe love, change it to something more unexpected, like, oh... seal's whiskers.
2. Make sure that in each line you're *showing*, not *telling*. If you wrote a sentence like "He has a nice butt," change it to something like "His butt is a ripe peach/Whose fuzz softens my heart."
3. Most of all, **have fun!** You never have to let anyone else read your poems if you don't want to, so don't put limits on yourself. *That's* the most important key to unlocking your inner poet!

win IT!

One lucky CG! will win a 22-volume poetry series from Sterling Publishing Co. Enter at cosmogirl.com/winit today!

SOURCES: STEVE KOWIT, AUTHOR OF *IN THE PALM OF YOUR HAND: THE POET'S PORTABLE WORKSHOP* (TILBURY HOUSE, 1995); *THE COMPLETE IDIOT'S GUIDE TO WRITING POETRY*, BY NIKKI MOUSTAKI (ALPHA BOOKS, 2001); AVA HU.

ILLUSTRATION BY KAREEM ILIYA

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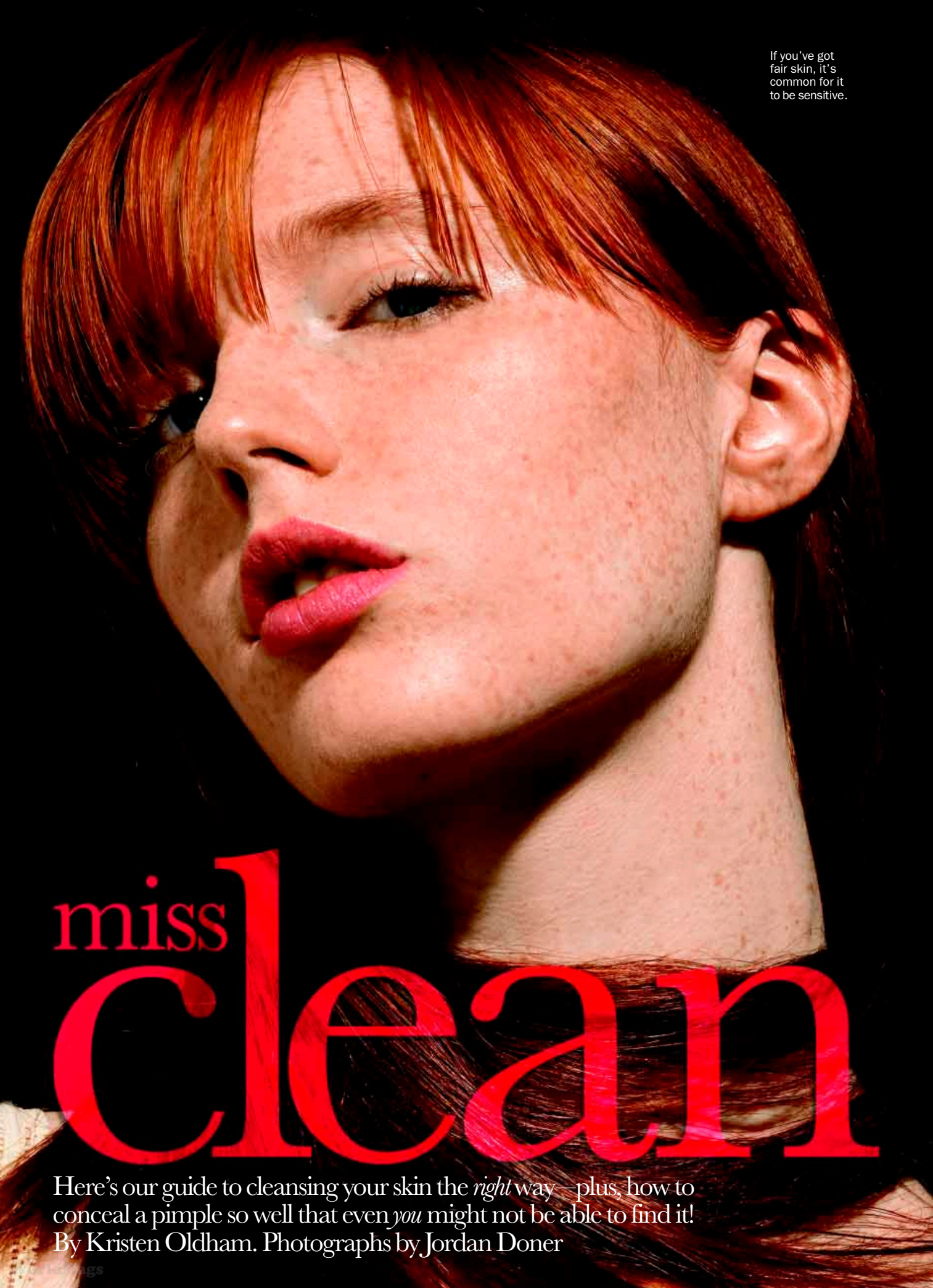

If you've got fair skin, it's common for it to be sensitive.

miss clean

Here's our guide to cleansing your skin the *right* way—plus, how to conceal a pimple so well that even *you* might not be able to find it!
By Kristen Oldham. Photographs by Jordan Doner

If only your forehead, nose, and chin get oily, you've got combination skin.

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sensitive

You flush easily, and some products (like those with ingredients such as benzoyl peroxide) can irritate your skin and sting.

CLEANSE: Avoid irritation by washing with a gentle, soap-free lotion cleanser (try **Dove Sensitive Essentials Non Foaming Cleansing Lotion,** $5, at drugstores). Prevent pimples by applying a dab of a salicylic acid product (try **Clean & Clear Invisible Blemish Treatment,** $5, at drugstores) at night on acne-prone areas (wherever you tend to get whiteheads, blackheads, or red bumps). If using it daily makes your skin sting or turn red, cut back to every other day. Finish by applying a broad-spectrum SPF 15–30 moisturizer with zinc or titanium dioxide, chemical-free ingredients that won't irritate skin (try **Proactiv Solution Oil Free Moisture With SPF 15,** $25*, 800-950-4695).
TREAT: Acne-prone? Use a nonmedicated scrub (try **Kiehl's Pineapple Papaya Facial Scrub,** $25*, 800-543-4571) weekly to clean pores. If you're ultrasensitive, only scrub monthly.
COVER UP: If you have blotchy or uneven coloring in your skin tone, use a tinted moisturizer all over (try **CG Smoothers SPF 15 Tinted Moisture,** $7, at drugstores) for a flawless finish. Then conceal pimples by mixing the tinted moisturizer with a creamy concealer (try **Revlon New Complexion Concealer,** $10, at drugstores). Apply with a clean lip brush, painting a thin layer of the mixture directly onto your pimples so that it looks natural.

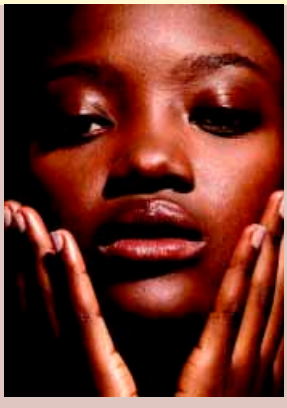
YOUR GOODS Dove Cleansing Lotion, Revlon Concealer, and Clean & Clear Blemish Treatment

combination

Your nose and forehead can get shiny during the day, but the skin around your mouth, eyes, and cheeks is on the dry side.

CLEANSE: Wash your face morning and night with foaming cleanser (try **Olay Deep Cleansing Face Wash,** $5, at drugstores). Your skin shouldn't feel tight when you're done washing it. At night, use an *alcohol-free* toner with salicylic or glycolic acid all over your face or, if cheeks feel dry, just on your forehead, nose, and chin. This kind of toner is essential, since its acids loosen up the gunk in your pores to prevent pimples without overdrying skin (try **Peter Thomas Roth Conditioning Tonic,** $30*, at sephora.com). After morning wash, moisturize with an SPF 15–30 face lotion (try **Purpose Dual Treatment Moisture Lotion With SPF 15,** $9, at drugstores).
TREAT: Use a nonmedicated scrub—one made of natural ingredients like papaya or mango seeds—weekly (try **Origins Never A Dull Moment Face Polisher,** $23*, origins.com). If you're acne-prone, it'll give you the extra exfoliation you need to stop red, inflamed pimples from forming.
COVER UP: Use creamy foundation as concealer, since thick concealer may crack on dryer spots (try **Clinique Perfectly Real Makeup,** $23*, clinique.com). Use a lip brush (try **Maybelline New York Lip Brush,** $7, at drugstores) to apply it with precision. If one coat doesn't cover the pimple, apply a second layer, then set it with translucent loose powder.

YOUR GOODS Origins Face Polisher, Clinique Perfectly Real Makeup, and Olay Face Wash



oily

Your skin tends to feel or look greasy within an hour of washing your face.

CLEANSE: Control oil by cleansing twice a day with a foaming or gel cleanser (try **Neutrogena Rapid Clear Oil-Control Foaming Cleanser,** $7, at drugstores). Avoid using bar soap and washing your face more than twice a day—both dry out skin, which will cause irritation and may lead to acne. Next swipe on an *alcohol-based* toner or astringent. If you're acne-prone, choose one with salicylic or glycolic acid (try **Noxzema Triple Clean Astringent,** $3, at drugstores) to exfoliate skin, loosening the oil and dead skin cells that clog pores. Use an oil-free SPF 15–30 sunscreen (try **Coppertone Endless Summer Ultrasheer Sunscreen SPF 30,** $10, at drugstores) instead of moisturizer, since your natural oils will keep your skin hydrated.
TREAT: Acne-prone? You'll need extra exfoliation to keep pores clean and prevent pimples. Once a month, use a mud mask with salicylic acid (try **Chanel Précision Instant Purifying Mask,** $33*, gloss.com).
COVER UP: Use a dry, powdery concealer to hide pimples (try **Laura Mercier Secret Camouflage,** $27*, 888-MERCIER; the consistency's best for oily skin—it'll stay put, while a creamy one may slip off). To keep concealer from looking streaky, apply it with a synthetic brush (try **L'Oréal Makeup Artiste Concealer Brush,** $8, at drugstores), then dab loose powder on top with a sponge.

YOUR GOODS Chanel Instant Purifying Mask, Laura Mercier concealer, and Neutrogena cleanser

*We know these products are pricey, but sometimes the splurge is worth it!

EXPERTS: ARIELLE KAUVAR, M.D., DIRECTOR, NEW YORK LASER & SKIN CARE; KATHY FIELDS, M.D., AND KATIE RODAN, M.D., CREATORS OF RODAN & FIELDS MULTI-MED THERAPY AND PROACTIV SOLUTION; ETTIA TAL OF ETTIA HOLISTIC DAY SPA IN NYC; NICK BAROSE, CELEBRITY MAKEUP ARTIST.

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When you've got oily skin, your face tends to get shiny by noon.

Beauty director: Molly Nover
Sittings editor: Lisa Wong
Hair: Kazunori at Art House
Makeup: Hector Simancas at Art Department
Still lifes: Sebastian Gollings

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bust school stress!

These tips will help keep your stamina up—and whoop that end-of-school-year stress right in its butt! By Jessica Blatt

You know that feeling, just around late April, when *everything* in your life hits you all at once? You've got finals and projects and tournaments and performances—and what makes it even worse is that all you *really* want to do is enjoy those first doses of spring sunshine. So it's no wonder you lose steam and slog through everything just so you can get it over with! But the problem with not giving things your best is that you won't end up doing as well as you *know* you can. So this year, we're going to help you finish the school year with *gusto*. We turned to Allen Elkin, Ph.D., author of *Stress Management for Dummies* (Wiley Publishing, 1999), for tips on managing your time—and your mind—so that you, CosmoGIRL!, can slide into summer knowing you just wrapped up one of your best school years ever!

Follow these 3R's to get mentally motivated!

rekindle!

Bored by your history paper? Talk about it with someone to recharge your interest—and to realize just how much you've already learned!

relocate!

If you just can't seem to keep your eyes open while reading *Othello,* move—to another room, a coffee shop, wherever—to get back on track!

reward!

Make a list of goals and treat yourself to a little sumpin' after each task. Study bio for an hour? Grab your *Us* magazine—you've earned it!

ANIMAL ICONS: SARAH ASPINALL

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Prioritize!

If you're overwhelmed by how much you have to do, prioritize. Finishing the most important **20 percent** of your to-do list will make you feel almost as good as if you'd completed everything. Then you can use that psychological boost to get the other **80 percent** done!

work it out: Exercise (even power-walking for just 20 minutes) triggers your body to produce **endorphins,** which will make you feel calm and relaxed.

rules of the zoo

Eating, drinking, and sleeping right will help keep stress at bay. So learn these tricks!

drink like a camel

Stay hydrated throughout the day—don't wait until you *feel* thirsty to start drinking water. Try keeping a filled 1-liter water bottle with you at all times.

graze like a cow

Go from two or three huge meals a day—which'll make you tired—to five mini-meals. Eat something (try fruit, or carrots and hummus) every 3–5 hours.

sleep like a puppy

Sleep loss is cumulative: If you're not getting the nine hours you need, catch up on weekends. Twenty-minute power naps will give you a boost too!

take note!

Break down your to-do lists into timed subcategories to set realistic goals and be more productive.

Example: Prepare for SAT class Saturday	**Now detail your to-do's here:**
*Read chapters 2 and 3 in study guide (1½ hours).	
*Make 50 vocab flash cards (45 minutes).	
*Do chapter 3 math exercises (45 minutes).	
*Do one timed practice exam (3 hours).	
*Check answers to practice exam online (30 minutes).	
*Pack dictionary before class.	
total time: 6.5 hours	**total time:**

feeling crunched? Keep a week-long log of how you use your time. You'll see **time bombs**—like e-mailing and watching reruns—that you can cut down on (or cut out) to make room for the things you *really* need to do.

CG! pep talk

The next time you're feeling overwhelmed, take a deep breath, close your eyes for 10 full seconds, and say to yourself, "I can do this!" Remember: You deserve to do well—but no one's going to do it for you. Luckily, you really *can* make that sweet success happen for yourself!

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age of innocence: The last snapshot taken of Dana before she was abducted in 1999

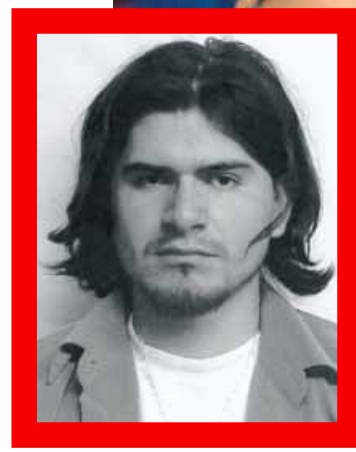
dangerous attraction

Dana Pevia, now 15, loved and trusted her older boyfriend. Then she vanished from her hometown. By Kristen Roth

WorldMags

Suspected kidnapper caught,

Kidnapped at age 11 and held in Mexico for 3



tearful reunion: ***(Left)*** **Hector Frausto's mug shot;** ***(Above)*** **In March 2003, Dana Pevia saw her family for the first time in nearly four years.**

On June 4, 1999, Dana Pevia, then 11, sat on an airplane that was getting ready to take off for Mexico. All she had brought along was her schoolbag and a small purse, but she didn't think she would need much more. After all, her 18-year-old boyfriend, Hector Frausto, who had asked her to take this trip to see his family only hours before, was sitting right by her side—and he always took good care of her.

But a few minutes into the flight, Dana started to panic. She'd just ditched school and gone off with Hector without telling a soul: What would her mom think when she didn't come home from school? What had she done? Overwhelmed, Dana started to cry. Now that she'd had some time to think it through, she didn't want to go to Mexico after all. So she leaned over and told Hector, "I think I've changed my mind." But Hector didn't want to hear it. "Be quiet!" he snapped back at her. Dana had never seen him act that way before, and his anger really scared her. But even worse, it made her realize that she'd made a horrible mistake—and that her life might never be the same again.

first sight

Dana had first met Hector a year earlier, in April 1998. She and her mother, Wanda, were watching the evening news at home in Red Springs, North Carolina, when there was a knock at the door. Ms. Pevia opened the door and was greeted by two Mexican men she'd seen around the neighborhood, who asked if they could use her phone. It was nothing new—Red Springs was a town of only 3,500 people, most of whom were Mexican immigrants who didn't have enough money to pay for phone service. But Ms. Pevia was surprised to learn that one of the men, Hector, could speak English (most of her Mexican neighbors didn't). So while the other man called his wife in Mexico, Ms. Pevia chatted with Hector. "He was a pretty cute kid," she remembers. "He had a boyish look—like a child." Meanwhile, Dana was watching Hector from the living room. "He was cute," she says. "And I thought he seemed nice."

Ms. Pevia liked Hector and was happy to have a new neighbor to talk to, since she didn't speak Spanish. Over the next few weeks, whenever he asked to use her phone, she welcomed him into her home. After hearing him on the phone with his family, she started to feel sorry for him. "He'd sit and talk to his parents and cry and cry and cry," Ms. Pevia remembers. "I couldn't understand much of what he was saying, but I understood he was homesick. I felt so bad for him, being alone and so far from home at such a young age." So Ms. Pevia took Hector under her wing. She invited him over to watch TV and eat dinner, and sometimes Dana and Hector would go out to the yard to play volleyball. Ms. Pevia was glad that Dana, an only child, had someone she liked to hang out with. "I thought of him as a son," she says.

forbidden love

Each time Dana saw Hector, she liked him more, and pretty soon, she had a full-blown crush on him. But since he was so much older than her, she figured he'd never like her *that* way. Then, a few weeks after they met, Hector approached her while she was alone and said, "I think you're pretty." Dana couldn't believe it—she'd always been shy and had never had a boyfriend, so she just thought he was being nice. But two months later, Hector made a move. "He asked me to be his girlfriend," Dana says. At 11, she wasn't allowed to date guys yet, but she didn't care. "I liked him, so I said yes," she explains.

Things with Hector were different from the start. They didn't hang out in public like other couples did. In fact, Hector told Dana not to tell anyone they were anything but friends. "He told me we'd be in trouble if people found out," Dana says, figuring that Hector knew Ms. Pevia would get mad because she'd forbidden Dana to date. So she kept quiet. And the romance of sneaking off to meet Hector so they could be together made her feel like she was living a fairy tale dream. Within a matter of weeks, Dana thought she was falling in love with Hector, so when he pushed her to have sex, she did. Even though they'd never done more than make out before that, it seemed right to Dana—she was losing her virginity to a man she loved. "I just wanted to make him happy," she says.

Dana continuted to date Hector secretly for almost a year. She was happy with their relationship—until she started getting sick. At first, she thought she'd just caught a bug. But when she started throwing up every morning before school, she wondered if she might be pregnant. She was terrified to tell her mother, so she turned to the only person she thought she could trust: Hector. But when she pulled him aside while he was visiting her house and told him her news, he didn't calm her fears. "He looked sort of panicked," Dana recalls. "He told me not to tell anyone or we'd both be in trouble. He said they'd take the baby away from me." Hector told Dana to forget about it until he figured something out. So that's what she did.

A week later, on the morning of June 4, 1999, Dana was walking to school when a friend of Hector's pulled up in a car along the sidewalk. "Hector needs to see you right away," ➜

PHOTOS: DANA AND HER MOM, AP PHOTO/JON GARDINER; FRAUSTO, COURTESY OF *THE NEWS JOURNAL*.

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he told her and asked her to get in the car. The man drove Dana to the construction site where Hector worked. When she got there, Hector said, matter-of-factly, "I want you to fly to Mexico with me." He told her that it was her only choice: Since she couldn't tell her mom about her pregnancy, she'd have to go to Mexico to hide it. "He told me we'd come back once I had the baby," Dana says. "That's the only reason I agreed to go." She didn't think about any possible consequences of just taking off to Mexico without a word. Hector had already had a fake ID made for her that said she was his little sister, and she trusted that he'd take care of her. So Dana left with him for the airport. Then came that moment on the plane, when he snapped at her, and everything changed.

over the border

When Dana and Hector arrived that night in a small town in Guadalajara, Mexico, they went straight to his parents' cattle ranch. As soon as Dana stepped onto the property, she was frightened—it was surrounded by farmland, and a tall brick wall lined the entire property. "It looked like a prison," she says. After meeting Hector's family, Dana asked if she could call her mother to let her know where she was. But Hector got angry and said, "No—and stop asking." He seemed completely different, and Dana felt that she didn't know him at all. "I was so scared," she says. "I just wanted to go home."

In the beginning, Hector and his three sisters, four brothers, and parents were kind to Dana, but they never let her leave the ranch, which made her feel like a prisoner. "My life was only the chores of the house," she says. "I wasn't allowed to go to town." Dana could stand the seclusion for only a few weeks before she broke down. She cried for hours, begging Hector and his parents to let her go home. That's when, she says, Hector flew into a rage: "He said, 'Don't be a baby. You need to grow up and stop acting like such a child.'"

After that night, Hector started beating Dana and locking her in her room at night. He made frequent trips to the States to work, and when he came back, he continued the abuse. Since she was pregnant, Dana didn't feel strong enough to attempt an escape, so she just endured the beatings and held on to the small hope that Hector would take her home after the baby was born, as he'd promised. But then she gave birth to her daughter, Sandra—and Hector still refused to take her home. At that point, things got even worse. No one in the family was nice to Dana anymore, though they doted on Sandra. It had been almost a year since Dana left home, and she wondered if her mother was looking for her and if she should try to escape. But Hector had told her many times that if she tried to leave, he'd kill her—and Dana believed him.

road to freedom

Even though Dana was terrified of Hector and his family, living in their house was destroying her, and she knew she had to get out. One night after dinner, Dana was going up to bed, and she noticed that when she walked away from the table, no one followed her. She knew this was her chance—so instead of going to her room, she fled. "I ran as fast as I could through the yard and climbed over the wall," Dana says. But she didn't get very far. "Hector and his brother realized I wasn't in my room and tracked me down," she says. "They forced me back at gunpoint." Then Hector's mom tore up Dana's Social Security card, her only form of identification. Dana spent the next three years too scared to try to escape again. She continued her isolated life on the walled-in ranch, keeping herself busy with her chores and her daughter, and enduring Hector's continual abuse.

> Dana's note said "I'm being held here against my will. Please help me."

One day in 2002, Dana was working in the yard when she heard voices on the other side of the wall. She peeked over and saw some men working in the cow pasture of a neighboring farm. While no one was looking, she wrote a note in Spanish (which she'd learned during her captivity) that said "I'm being held here against my will. Please help me"—and threw it over the wall. Within minutes, a man named Nigel threw a note back over. "He wrote that if I climbed over the wall the next day, he'd be waiting on the other side to help me get away," Dana says. It was her chance—and she took it. She didn't want to leave Sandra, but she thought both of them would ultimately be better off if she got away alone. Besides, she knew Hector and his family loved Sandra and would never hurt her. The next day, the family went shopping—and, miraculously, they didn't lock Dana in her room. She ran through the yard and climbed the wall. Just as he'd promised, Nigel was waiting on the other side.

Nigel drove Dana to his family's home in Tepic, a few hours away. Once they got there, they hired a lawyer, who persuaded

PHOTO, AP PHOTO/JON GARDINER.

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family affair: (*Above*) Dana's family greet her and Sandra (third from right) at the airport; (*Opposite*) Dana and her mom in an emotional embrace.

Hector to give Sandra back to Dana and called the police. But the authorities didn't believe Dana was American because she didn't have any ID, and she spoke Spanish with a perfect regional accent. To them, she was just a typical Mexican girl trying to cross the border. "They wouldn't help me without proof of who I was," says Dana. "I thought, I'm going to be stuck here for the rest of my life." She had tried to call her mother from Nigel's, but Ms. Pevia had changed her phone number after receiving a slew of harassing phone calls. Plus, after three years of searching for her daughter, Ms. Pevia had lost hope. She'd given Dana's picture to the National Center for Missing & Exploited Children, run her photo in local newspapers, and hung posters all around town—but nothing she did located her daughter.

Dana and Sandra stayed with Nigel for almost a year, trying the whole time to figure out a way to get home. Then one day, a neighbor stopped by and told Dana about the U.S. Consulate's office in Guadalajara. Dana didn't get her hopes up, but she went the next day just to check it out. Dana told her story to a consular official, and when he typed in her name on the Web site for the National Center for Missing & Exploited Children—up came the picture her mom had provided nearly four years earlier. Dana couldn't believe it: She was finally going home. Once the Hoke County, North Carolina, police were notified, they called Ms. Pevia and broke the news. "The burden I had been carrying for four years was lifted off me," she says. "I started crying and thanking God. I was overwhelmed." The nightmare was finally over.

homeward bound

When Dana got off the plane at the Raleigh-Durham International Airport on March 26, 2003, the media were everywhere. But she had no trouble finding her mother amid the frenzy. "Oh my God! My baby, my baby!" Ms. Pevia shouted as she ran to Dana. "We were surrounded by people, but it felt like just me and my mom," Dana says. Hector was captured three days later in Gates County, North Carolina, and is now awaiting trial in the Hoke County prison.

Today, Dana is back in school and reconnecting with her family—but she still lives with fear. She says that Hector threatened to kill her and take Sandra back to Mexico if he ever got out of jail. So last October, when she heard that he'd escaped, she went into hiding. Luckily, Hector was recaptured a few days later. And now Dana is hoping to put this terrible chapter of her life behind her.

to date or not to date?

If a guy who's a lot older than you asks you out, think carefully before you jump into a relationship with him. Here's why.

It might be tempting to go out with an older guy, especially if he's cute and pays a lot of attention to you. But the truth is, if a guy over 18 is looking to date a girl who's a high school sophomore or younger, he's probably emotionally immature—and possibly dangerous.

Before you decide to date an older guy, ask yourself: If he's so great, why does he go after much younger girls? Most people don't want to go back to high school or middle school—they want to move on. So why is he different? Maybe he just doesn't relate well to people his own age—and that's not a good thing. You want someone who's at your level, intellectually and socially, so you understand each other.

If he's willing to be open about your relationship—he agrees to meet your parents, hang out with your friends, and acknowledge the age difference—his intentions might be fine. But if he asks you to keep your relationship secret, something's definitely wrong. When someone has to keep a secret, it usually means something bad or shameful is involved. So read the signs—and stop seeing him. *—Michelle Lee Ribeiro*

PHOTO, AP PHOTO/JON GARDINER. TO DATE OR NOT TO DATE?: SPECIAL THANKS TO RELATIONSHIP EXPERT GILDA CARLE, PH.D.

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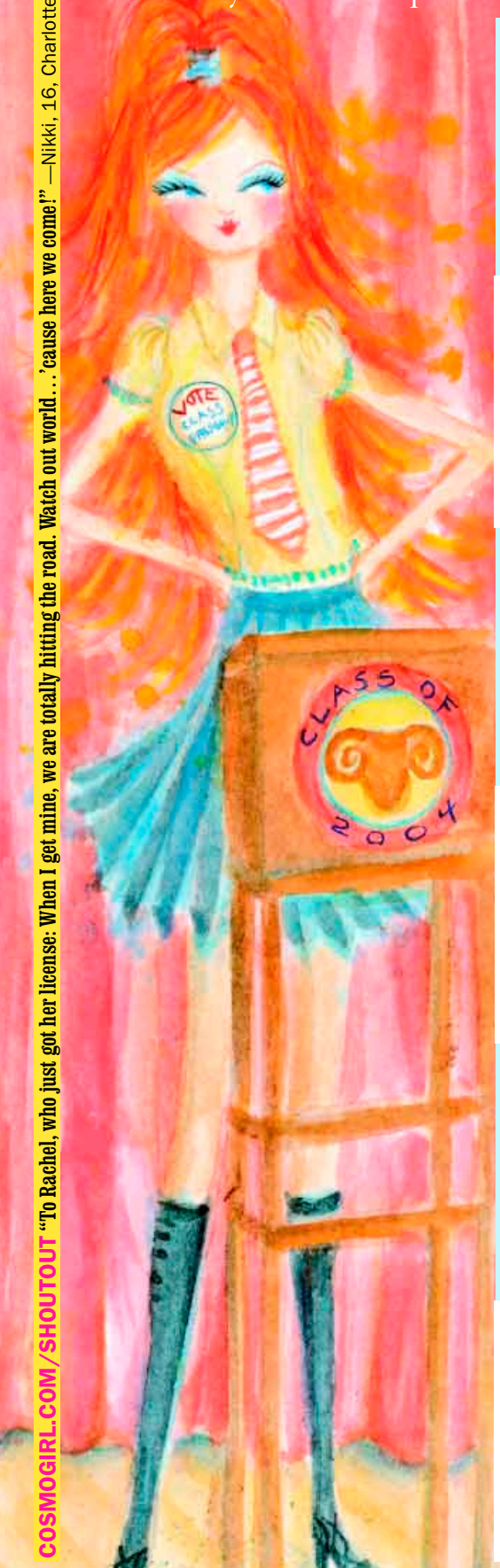
WhAt'S YoUr SiGn?

Check out your horoscope for the coming month! By Susan Miller



COSMOGIRL.COM/SHOUTOUT "To Rachel, who just got her license: When I get mine, we are totally hitting the road. Watch out world...'cause here we come!" —Nikki, 16, Charlotte, NC

ARIES (MARCH 21–APRIL 19)

Thanks to a major eclipse in Aries on April 19, you're about to adopt a bouncy new optimism. Luck is on your side—finally!—so celebrate with a spring makeover. Slick on a hot lip color or try a trendy tee, and see your confidence skyrocket (the eclipse helps)!

LOVE FLASH: New encounters happen when you least expect it, especially when running errands. So take extra care getting ready before you go to the post office, okay?

BEST DAYS FOR LOVE: April 5 and 22

TAURUS (APRIL 20–MAY 20)

Affording the clothes and lifestyle you know you deserve is tough this month, so try sending out word that you're open to baby-sitting gigs. You'll earn cash for a gorgeous dress. The entrance you make at the spring dance will be worth the sacrifices you'll have to make now.

LOVE FLASH: Your love expectations are unrealistically high now. Scale them back a bit so you don't miss out on a cutie who's sure to double your happiness by month's end.

BEST DAYS FOR LOVE: April 20 and 30

GEMINI (MAY 21–JUNE 20)

New friends will enter your circle right after the eclipse on April 19. Watch and see: One person you meet during this powerful phase has the potential to become an important ally. Just be careful on April 9, when you may say something that you'll regret later.

LOVE FLASH: With Venus and Mars in Gemini, you've got charm and energy to spare. Now's the perfect time to take a risk, so ask the hottie you've been eyeing to hang out.

BEST DAYS FOR LOVE: April 3 and 5

CANCER (JUNE 21–JULY 22)

Right after April 19, the cosmos will be backing you up. Need a summer job? Now's the time to ask parents and family friends for names of companies to call. Being in the know gives you an edge over others—and the planets put you a step closer to that dream gig!

LOVE FLASH: You've been super-busy lately, so your social life hasn't been a priority. But don't freak—try IMing a special someone to stay on his or her mind.

BEST DAYS FOR LOVE: April 10 and 24

LEO (JULY 23–AUGUST 22)

A short trip with the girls will bring a welcome break from school pressures. When you get back, you'll be brimming with energy, eager to dig into homework, and ready to show off your stuff to teachers. If anyone underestimated you, you'll prove them wrong!

LOVE FLASH: Your powers of attraction are high this month, and you could meet *two* romantic interests. Choosing between them might be your only problem, lucky girl!

BEST DAYS FOR LOVE: April 11 and 28

VIRGO (AUGUST 23–SEPTEMBER 22)

This whole month, your ruler, Mercury, will be retrograde, so stay flexible. Plans may change at a moment's notice—just remember, it's not *you*. Use this period to reconnect with old friends and catch up on unfinished projects and you'll soon feel more at ease.

LOVE FLASH: The planet ruling your house of love has been napping, but this month, it starts to awaken. You're reserved by nature, so ask trusted friends to play matchmaker.

BEST DAYS FOR LOVE: April 10 and 30

ILLUSTRATION, BELLA PILAR.

ARIES GIRL

Your confidence and enthusiasm shine, so it's little wonder you're always seen leading the way. ("Ms. President" has a nice ring to it!) You're ready to try anything once, and friends love to be around to join in (or just watch) your next spontaneous and brave adventure.

enthusiastic
spontaneous
CONFIDENT
adventurous
driven
athletic
competitive

LIBRA (SEPTEMBER 23–OCTOBER 22)

You may be traveling to see relatives, but don't worry—on this trip, your money luck is strong. Perhaps a favorite family member will slip you a surprise cash gift. A hugely important project is coming to a close around April 5, and a happy payoff is in sight.

LOVE FLASH: A major love interest could be yours soon after April 19. It may be someone new or an old flame who misses you. Either way, he or she could be a keeper!

BEST DAYS FOR LOVE: April 3 and 19

SCORPIO (OCTOBER 23–NOVEMBER 22)

Early in the month, relationship dramas will calm down, so you'll have plenty of time to work on the unique money-making plan you dreamed up. Friends are skeptical—but still, if you believe in it, go for it. You'll show all those doubters exactly what you're made of!

LOVE FLASH: The weekend of April 25 could be quite active, thanks to Uranus, planet of surprise. A chance meeting could lead to greater things, so keep your eyes open!

BEST DAYS FOR LOVE: April 25 and 30

SAGITTARIUS (NOVEMBER 23–DECEMBER 21)

Don't miss the party your friends invite you to the weekend of April 3. You're sure to be the center of attention at this groovy soiree! This and other social distractions will keep coming your way, especially later in the month, so start that big school project early.

LOVE FLASH: You'll have the extraordinary chance to connect with a new heartthrob in the weeks following April 19. Make an effort—you won't want to lose this one!

BEST DAYS FOR LOVE: April 19 and 28

CAPRICORN (DECEMBER 22–JANUARY 19)

A new—and sorely needed—look for your room will help you leave your childhood behind and step boldly into the next phase of your life. Tell your parents about your ideas and you'll be more likely to get what you want. (Hint: The eclipse on April 19 is on your side.)

LOVE FLASH: This month, you'll do so well on an exam that you'll impress a cute (and smart!) classmate. While you have his or her attention, plan to study together. (Wink!)

BEST DAYS FOR LOVE: April 2 and 21

AQUARIUS (JANUARY 20–FEBRUARY 18)

In case you think you can't possibly get out of town for spring break, think again. Use that leftover birthday cash, grab some friends, and plan a trip to check out a college campus—if you do, your tour (and the whole adventure) will go exceptionally well.

LOVE FLASH: Life's been a bit dull in the love department lately. But soon, you won't even be able to keep up with the number of calls coming in. Sit back and enjoy!

BEST DAYS FOR LOVE: April 4 and 13

PISCES (FEBRUARY 19–MARCH 20)

You've been quite the social butterfly recently, but suddenly, you feel like having a few people come over to *your* place. Scale things down from those extravagant bashes you've become accustomed to and relax with a low-key, girls-only pajama party or moviefest.

LOVE FLASH: There's some sort of physical separation between you and your sweetie. Don't assume it will break things up for good—make the effort to stay close.

BEST DAYS FOR LOVE: April 10 and 21

World-famous astrologer Susan Miller is the author of The Year Ahead 2004 *(Barnes & Noble Books, 2003). To get her complete predictions for your sign, visit astrologyzone.com.*

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How to enter Calendar Win It!s (page 33): Complete and submit entry form on **cosmogirl.com**. In our Win It! Calendar, one new Win It! prize will be given away every day. Look at the April calendar on page 33 to get the daily code word you'll need to enter. Enter on **cosmogirl.com/wintoday**. Winners of our daily Win It! Calendar will be posted on **cosmogirl.com/wintoday** every weekday at noon (for the previous day's Win It!); weekend winners will be posted on Mondays. You may enter the sweepstakes one time per day during each Win It!'s 24-hour time frame. Winners of R-rated movies must be age 17 or over. To enter to win the Win It! Grand Prize, a Blockbuster card that you can use to rent a movie for free every week for a year (approximate value: $300), enter to win the daily Calendar Win It! on **cosmogirl.com/wintoday**, then send the Grand Prize e-card to 5 friends (only persons with whom you have an existing personal relationship and to whom e-mail from you would not be considered spam). You can enter to win the Grand Prize every day in April. Grand Prize winners will be notified on or about May 24, 2004. For a list of winners, go to **cosmogirl.com/winit** after May 24, 2004.

How to enter the Dell Axim X3i Pocket PC Giveaway (page 118): Fill out the entry form at **cosmogirl.com/winit**. Six readers will win a Dell handheld computer (approximate value: $349). **How to enter the Sarah Michelle Gellar Signed T-shirts Giveaway (page 126):** Complete and submit entry form on **cosmogirl.com/covercontest**. One reader will win a CosmoGIRL! T-shirt signed by Sarah Michelle Gellar (approximate value: $100 each). **How to enter the Sarah Michelle Gellar's Favorite Books Giveaway (page 126)** (*The Color Purple,* by Alice Walker; *A Midsummer Night's Dream,* by William Shakespeare; *I Know Why the Caged Bird Sings,* by Maya Angelou; and *The Princess Bride,* by William Goldman). One reader will win the above four books inscribed by Sarah Michelle Gellar (approximate value: $100). Complete and submit the entry form on **cosmogirl.com/winit**. Entries for above-mentioned Win It!s must be received by 11:59 p.m. ET, April 19, 2004. For a list of winners, go to **cosmogirl.com/winit** after May 24, 2004. Winners will also be notified via e-mail on or about May 24, 2004.

OFFICIAL RULES for the Kiss of Approval Fashion Awards Fashion Week Trip to New York City (page 88): No purchase or payment necessary to enter. To enter, fill out the Kiss of Approval Ballot on page 88, or enter online at **cosmogirl.com/fashionkissof approval**. Send your hard copy entry to CosmoGIRL! Kiss of Approval Fashion Awards Ballot, 224 West 57th Street, 3rd Floor, New York, NY 10019. One winner plus a friend will be flown to New York City during Fashion Week Fall 2004 (exact dates TBA). If winner is under 18 years old, a chaperone over the age of 18 (parent or legal guardian) must accompany the winner instead of a friend. CosmoGIRL! will pay for the cost of airfare, meals for the day of the event, and hotel for two nights (approximate total value: $4,000). Employees (and their immediate families) of Hearst Corporation and its subsidiaries and affiliates are not eligible. Winner will be notified by phone on or around May 25, 2004. If winner is unreachable, prize may be forfeited and may be awarded to an alternate entrant. The winner will be asked to submit an affidavit of eligibility/release and proof of age. All entries must be postmarked no later than April 19, 2004. Any expenses that exceed above mentioned expenses are the sole responsibility of the winner and guest. Winner is responsible for any taxes on the prize. Winner assumes all risks in connection with her participation in the prize, including, but not limited to, risks arising out of travel, lodging, and entertainment. Void where prohibited. Submission of an entry grants Sponsor and its agents the right in perpetuity to reproduce, publish, use, edit, adapt, and modify the entry in any way, in any and all media, without limitation and without compensation to the entrant. Submission of an entry further constitutes the entrant's consent to irrevocably assign and transfer to Sponsor any and all rights, title, and interests in the entry, including, without limitation, all copyrights, and to use entrants' names, hometowns, or likenesses and biography, without further compensation, for advertising or publicity purposes (except where prohibited by law).

OFFICIAL RULES for the CosmoGIRL! Big Man on Campus Contest (page 76): To enter electronically, send a digital photo to **bmoc@cosmogirl.com**. Tell us in 100 words or less what qualities make your nominee such a big shot on campus. Contests are open to all girls 11 to 25 years old who are residents of the 50 United States, the District of Columbia, or Canada. Residents of Puerto Rico are not eligible to enter. Entrants who are 11 or 12 must enter by snail mail. Send a photo and your essay, along with your name, age (including date of birth), telephone number, and e-mail address. Also send us your nominee's name, age, year in college as of September 2004, address, phone number, and e-mail address to CosmoGIRL! Big Man on Campus Contest, 224 West 57th Street, 3rd floor, New York, NY 10019. Employees (and their families) of Hearst Corporation and its subsidiaries and affiliates are not eligible. Entries will be judged by a qualified panel of CosmoGIRL! representatives based upon candidate's cute quotient, creativity, inspirational qualities, and achievements. Entries must be received by midnight ET on June 11, 2004. The finalists will be selected and notified by phone on or about July 2, 2004. Finalists will be asked to return an affidavit of eligibility/publicity release within 14 days of notification, or an alternate finalist will be selected. Only one entry per person. Entries must be original and previously unpublished and may not violate the rights of any third party. Sponsors not responsible for lost, late, stolen, incomplete, or illegible entries. Entries will not be returned. Void where prohibited. The winner will be chosen by CosmoGIRL! editors, whose decisions on all matters are final. Void where prohibited. Submission of an entry grants Sponsor and its agents the right in perpetuity to reproduce, publish, use, edit, adapt, and modify the entry in any way, in any and all media, without limitation and without compensation to the entrant. Submission of an entry further constitutes the entrant's consent—or in the case of a minor, the parent or legal guardian's consent—to irrevocably assign and transfer to Sponsor any and all rights, title, and interests in the entry, including, without limitation, all copyrights, and to use entrants' names, hometowns, or likenesses and biography, without further compensation, for advertising or publicity purposes (except where prohibited by law). Winners agree to release and hold harmless Sponsor from any liability arising out of participation in this contest. To receive winner's name, send a stamped, self-addressed envelope to CosmoGIRL! Big Man on Campus Contest, P.O. Box 1746, Sandusky, OH 44870, after July 2, 2004.

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Bright and White (page 131) Rhinestone necklace, Uccicucci, $33, shopexit9.com; Orange cuff, Madeco Mfg., $8, 212-683-1533. **(page 133)** Stretchy stone bracelet, Robert Rose, $12, robertrose.com.

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crackin' up!

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FULL MOON
Who needs reflectors when you've got a behind like Jack's?!
Jack Black

TINY HINEY
Her tush alone is worth that *Paycheck*!
Uma Thurman

SK8ER BUTT
Someone ought to teach Avril how to tie her laces!
Avril Lavigne

RUMP SHAKER
This is one Eminem show we wouldn't miss!
Eminem

OSBOURNES: UNCENSORED

Isn't there *anything* this family keeps to itself?
1 Ozzy: Two words—boxer shorts!
2 Jack: Like father, like son. **3** Sharon: Hey, Kelly, some lessons you're better off *not* learning!

COSMOGIRL.COM/SHOUTOUT "Cassie: SENIORS! We made it—all of the drama was worth it in the end. Wanna cup of tea?" —Brianna, 17, Apple Valley, CA

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